

our nation's veterans specifically face while serving abroad and at home. As we recognize September as Suicide Prevention Month, I believe that there are important steps that we can all take to acknowledge and prevent suicides among our veteran population.

Each day, an estimated 22 veterans commit suicide, or one veteran every 65 minutes. Veterans commit suicide at more than double the rate of the civilian population, which has totaled to more than 49,000 deaths between 2005 and 2011. Veterans make up nearly one in every five suicides nationwide. This is simply unacceptable.

Our veterans face unspeakable challenges in the defense of our nation. Every day, they must endure mental and emotional trauma while spending months, if not years, in foreign countries away from their family and friends. The unique circumstances of their work often have a lasting impact on their physical, mental, and emotional well-being.

As our veterans return home, it is critical that we provide them the sufficient resources and support needed to minimize or reduce any trauma. The Department of Veterans' Affairs, working in conjunction with Members of Congress, has the power to provide this support. Now more than ever, as the number of suicides continues to grow, it is absolutely imperative that we act swiftly and decisively to end this before any more lives are needlessly lost.

Mr. Speaker, we owe it to our veterans to address this tragedy now. It is clear that as long as the number of suicides among our veterans continues to increase, there is plenty more that we can do as lawmakers and leaders to minimize the number of tragedies.

OUR UNCONSCIONABLE NATIONAL
DEBT

HON. MIKE COFFMAN

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Thursday, September 26, 2013

Mr. COFFMAN. Mr. Speaker, on January 20, 2009, the day President Obama took office, the national debt was \$10,626,877,048,913.08.

Today, it is \$16,738,444,833,205.56. We've added \$6,111,567,784,292.48 to our debt in 5 years. This is \$6.1 trillion in debt our nation, our economy, and our children could have avoided with a balanced budget amendment.

NATIONAL HISPANIC HERITAGE
MONTH

HON. PETER J. VISCLOSKY

OF INDIANA

IN THE HOUSE OF REPRESENTATIVES

Thursday, September 26, 2013

Mr. VISCLOSKY. Mr. Speaker, it is with great respect that I rise to celebrate National Hispanic Heritage Month and its 2013 theme, Hispanics: Serving and Leading Our Nation with Pride and Honor. From September 15, 2013, through October 15, 2013, the people of the United States will once again celebrate the history, culture, and tradition of our Hispanic American brothers and sisters.

Hispanic Heritage Month begins each year on September 15th, the anniversary of the

independence of five Latin American countries: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. Mexico and Chile celebrate their independence days on September 16th and September 18th, respectively. Since its inception as National Hispanic Heritage Week in 1968, which later became National Hispanic Heritage Month in 1988, Americans have taken this time to not only honor the rich culture and tradition of Hispanic Americans, but also to reflect on the countless contributions they have made to their communities and to America.

Throughout America's history, people of Hispanic descent have played a major role in the development and progress of our nation. National Hispanic Heritage Month also celebrates the many Hispanic leaders and members of our communities who have added to the prosperity of the United States in every facet of society, including medicine, business, arts and entertainment, sports, education, politics, and the military.

America's success is dependent upon the rich heritage and cultural diversity of our people. I rise today to pay tribute to the countless Hispanic Americans who have made America a better place to live. For their contributions, they are worthy of our highest praise.

Mr. Speaker, at this time, I ask that you and my other distinguished colleagues join me in recognizing National Hispanic Heritage Month. The Hispanic community has played an important role in enriching the quality of life and culture of Northwest Indiana and the United States. Let us commend our Hispanic brothers and sisters who have contributed so much to the improvement of our communities and who have helped shape our great nation.

MISSOURIAN AWARD

HON. BILLY LONG

OF MISSOURI

IN THE HOUSE OF REPRESENTATIVES

Thursday, September 26, 2013

Mr. LONG. Mr. Speaker, I rise today to recognize and honor Bob Beine, Cheryl Burnett, Leon Combs, Charles Edwards, Dwayne Holden, Norm Ridder, Dr. Bharat Shah, Erick Taylor, Mike Williamson, Rudy Farber, C.J. Huff, and Glenna Wallace as this year's recipients of the Missourian Award.

The Missourian Award recognizes Missourians who have positively impacted their communities, state, or nation through contributions in civics, arts, business, or politics.

The late Charles Edwards was awarded for his many years of service at CoxHealth and Cox Medical Plaza. Bob Beine is the president of Beine Automotive Group and has served on the Ford Motor Co. National Dealer Council, the Ozarks Technical Community College Foundation board of directors, and the Springfield First Community Bank board of directors. Cheryl Burnett is director of development for Missouri State University, and served as coach of the Missouri State women's basketball team and is a member of two halls of fame. Leon Combs is the chair of the Skaggs Foundation and owner of the Beaver Creek Elk and Cattle Ranch.

Dwayne Holden leads Custom Metalcraft Inc., a small business he started in 1977 that focuses on customized metal work. Norm Ridder has served as an advocate for chil-

dren's issues, serving for eight years as Springfield Public Schools' superintendent. Dr. Bharat Shah has promoted health care innovation through his invention of four different medical devices. Erick Taylor is the president and CEO of Pyramid Foods, which operates 48 stores in Missouri, Oklahoma, and Arkansas and frequently holds charity events. Mike Williamson led Empire Bank for 26 years and has held a number of leadership roles in the community.

Glenna Wallace has been the chief of the Eastern Shawnee Tribe since 2006. Rudy Farber has served as CEO and president of Community Bank and Trust and former chairman of the Missouri Highways and Transportation Commission. C.J. Huff was honored for his service as the superintendent of the Joplin R-VIII school district.

Each of these recipients has served the community and nation in a unique way and made a positive impact for Southwest Missouri. The hard work and dedication to their respective fields and to the community displayed by these leaders is exceptional.

I am proud of these honorees for each receiving the 2013 Missourian Award and even prouder to call them my neighbors; they make such an incredible positive impact on the Southwest Missouri community. I urge my colleagues to join me in honoring their achievements.

COMMENDING DR. ARTHUR N.
MARTINEZ

HON. RAÚL M. GRIJALVA

OF ARIZONA

IN THE HOUSE OF REPRESENTATIVES

Thursday, September 26, 2013

Mr. GRIJALVA. Mr. Speaker, I rise today to commend Dr. Arthur N. Martinez for his leadership of 20 years to El Rio Community Health Center, in Tucson, Arizona, one of the biggest community health centers in the Nation. Dr. Martinez's personal outreach and accomplishments have been instrumental to Arizona. Dr. Martinez has worked diligently to improve the quality of health care to the underserved in the community.

Dr. Martinez obtained his BS and MD from the University of Arizona in Tucson. He completed his occupational medicine residency at the University of AZ after a general surgery internship and urology residency at the University of TX. Dr. Martinez began as a staff physician at El Rio in 1986. After obtaining his MS in Health Administration from the University of CO, he became the Medical Director of a Medicaid HMO in CA. He has been the Medical Director at El Rio since 1993.

Through his leadership, he has developed systems for El Rio Community Health Center that have rightfully gained national attention. Some of his early accomplishments include a 360 degree provider evaluation system and a physician productivity incentive system. Early in his tenure, he was a quality accreditation expert who assisted other health centers to successfully implement measures to improve quality of care for millions of Americans.

Among his numerous other contributions Dr. Martinez has: created a nationally recognized Clinical Pharmacy Program, developed a residency program from a teaching health center collaboration, integrated oral and behavioral

health into El Rio's model, developed a Patient Care Committee and assisted the formation of the health center pain program, integrated the only community birthing center into El Rio's programs, chaired the first HRSA National Clinical Pharmacy Collaborative and served as chairman of the board for AZ Connected Care (Tucson's first Accountable Care Organization).

His contributions to the well-being of the community have been recognized through his many service and civic awards including: the LULAC Presidential Citation, the FBI Community Service award, the NAACP Community Service Award, the Rosa Parks Community Service Award.

Today I honor Dr. Arthur Martinez for his dedicated and faithful service of 20 years to El Rio CHC, Tucson and the Pima County, Arizona, community. May his example provide a path for others to follow.

SEPTEMBER IS SUICIDE PREVENTION MONTH

HON. CORRINE BROWN
OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES
Thursday, September 26, 2013

Ms. BROWN of Florida. Mr. Speaker, I want to thank Congresswoman SINEMA for organizing this special order today. For far too long, we have treated mental illness as a by-product of physical injuries, and that those who suffer from mental illness just need to get over it.

September is Suicide Prevention Month, and mental health is a big part of the causes of these fatalities.

The VA is on the forefront of treating mental health. The soldiers, sailors, airmen and Marines who served in Iraq and Afghanistan survived at a rate that far outstripped that of any other war that America was involved in. That is due to the cutting edge protections and armor that we outfitted our military with. A side effect of this protection was that they were coming back injured, and many of those injuries were not physically evident. Traumatic Brain Injury, Post Traumatic Stress Disorder.

Post-traumatic stress disorder (PTSD) can occur after one has experienced a traumatic event. A traumatic event can involve the threat of injury or death. Traumatic events that can lead to PTSD include but are not limited to: combat exposure, physical abuse, sexual or physical assault (including Military Sexual Trauma), and serious accidents, like a car wreck.

PTSD symptoms usually start soon after the traumatic event, but may not appear until months or years later. They also may come and go over many years. There are four types of symptoms of PTSD: Reliving the event, avoiding situations that remind you of the event, negative changes in feelings towards yourself and others, feeling too alert (hyperarousal).

PTSD develops differently from person to person.

The VA has developed the Veterans Crisis Line, where free, confidential support is available 24 hours a day, seven days a week, 365 days a year, to Veterans, their families and friends.

As part of this service, online chat and text-messaging services are also offered for free.

Veterans, or anyone concerned about a Veteran, can call 1-800-273-8255 and Press 1, chat online at VeteransCrisisLine.net/Chat or text 838255 to receive support—even if they are not registered with VA or enrolled in VA health care. All Veterans Crisis Line resources are optimized for mobile devices.

Since 2007, the Veterans Crisis Line has answered more than 890,000 calls and made more than 30,000 lifesaving rescues. In 2009, the Veterans Crisis Line added the anonymous chat service, which has had more than 108,000 chats.

I want to thank the Congresswoman from Tuscon for organizing this Special Order today, and commend her leadership on this issue, which is so important for so many people.

PANCREATIC CANCER RESEARCH

HON. JAMES R. LANGEVIN
OF RHODE ISLAND

IN THE HOUSE OF REPRESENTATIVES
Thursday, September 26, 2013

Mr. LANGEVIN. Mr. Speaker, I recently met with a passionate constituent from Rhode Island who told me of her mother's struggles with pancreatic cancer. Katie Boucher recounted the story of her mother, Marie Boucher, who was diagnosed in 2008 and passed away just four months later at the age of 59. Her story resonated with me, not only because my own grandfather battled pancreatic cancer, but because an estimated 45,000 people were diagnosed with this illness in 2013 alone.

Despite great advancements in medical science, we are still woefully behind the mark when it comes to pancreatic cancer. To make matters worse, the budgetary impacts of sequestration are forcing cut-backs at the National Institutes of Health, which is responsible for funding much of the biomedical research across the country.

Mr. Speaker, we can achieve deficit reduction without sacrificing the vital research that not only drives better health outcomes, but also drives our local economies. I ask my colleagues to join me in urging stronger funding for NIH and a stronger focus on biomedical research, not just for Marie Boucher and her daughter, but for the thousands of people who are fighting for their lives in every single district across the country.

PERSONAL EXPLANATION

HON. PETER J. VISCLOSKY
OF INDIANA

IN THE HOUSE OF REPRESENTATIVES
Thursday, September 26, 2013

Mr. VISCLOSKY. Mr. Speaker, on September 25, 2013, I was absent from the House and missed rollcall votes 484 and 485.

Had I been present for rollcall vote 484, on the motion to suspend the rules and pass H.R. 1961, to amend title 46, United States Code, to extend the exemption from the fire-retardant materials construction requirement for vessels operating within the Boundary Line, I would have voted "yes."

Had I been present for rollcall vote 485, on the motion to suspend the rules and agree to H. Res. 354, providing for the concurrence by

the House in the Senate amendment to H.R. 527, with an amendment, I would have voted "yes."

NATIONAL FARM SAFETY AND HEALTH WEEK

HON. TED S. YOHO
OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES
Thursday, September 26, 2013

Mr. YOHO. Mr. Speaker, I rise today to recognize and honor all of the farmers, ranchers, farm hands, veterinarians and families who work tirelessly and have dedicated their lives to our nation's agriculture.

As the 2013 National Farm Safety and Health week comes to a close, I am reminded of the tireless dedication to the safe and best practices that our farmers and ranchers employ while providing not just our nation's breakfast, lunch and dinner but the world's as well.

As a large animal veterinarian, I have had the privilege of working alongside some of the best and hardest working Americans in the country who are typically referred to as salt of the earth type folks. I recognize that it is no easy task to feed the United States let alone the world as well, which is why it is so important to keep our farmers and ranchers safe.

The Department of Labor identifies the agricultural sector as the most dangerous industry in America. As technology improves and we are able to better share best practices, I encourage everyone to do their part to promote the importance of safety in the agricultural industry.

America is known as the bread basket of the world thanks to all our hardworking ranchers and farmers. Thank you all for continuing to build and promote a better, safer and more productive industry.

PERSONAL EXPLANATION

HON. BILL SHUSTER
OF PENNSYLVANIA

IN THE HOUSE OF REPRESENTATIVES
Thursday, September 26, 2013

Mr. SHUSTER. Mr. Speaker, on rollcall No. 484, had I been present, I would have voted "yea."

KAREN MCKAY OF FLORISSANT, MISSOURI RECEIVES TOP VOLUNTEER AWARD FOR EXCELLENCE IN CANCER-FIGHTING ADVOCACY WORK ON SEPTEMBER 17, 2013

HON. WM. LACY CLAY
OF MISSOURI

IN THE HOUSE OF REPRESENTATIVES
Thursday, September 26, 2013

Mr. CLAY. Mr. Speaker, Karen McKay of Florissant, Missouri was awarded ACT! Lead of the Year by the American Cancer Society Cancer Action Network (ACS CAN) for her dedicated volunteer and advocacy work to help make cancer a national priority.

This annual award is given to a lead congressional district volunteer who has demonstrated unfailing leadership advocating for