

**Proclamation 4968 of September 14, 1982****Child Health Day, 1982***By the President of the United States of America**A Proclamation*

There is no better way for this Nation to invest in its future than by fostering the health of its children. We can best do this by encouraging children to develop good health habits and attitudes and by giving them the protection of immunization. Good health habits and practices begun in childhood are the prelude to positive health throughout life.

Healthy children foreshadow vigorous adults whose communities will benefit from their energy and productivity. All of us should know how the personal choices we make can help prevent disease and promote good health and to transfer this knowledge to our children. By working together, parents, schools, private and voluntary organizations, and government can effect a beneficial and lasting change in the health of our Nation and the lives of our children.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, pursuant to a joint resolution of May 18, 1928, as amended (36 U.S.C. 143), do hereby proclaim Monday, October 4, 1982, as Child Health Day.

I urge all Americans to join me in encouraging good health habits and attitudes in our children and call upon all citizens to observe Child Health Day with appropriate activities directed toward establishing such practices in the youth of our Country.

IN WITNESS WHEREOF, I have hereunto set my hand this 14th day of Sept. in the year of our Lord nineteen hundred and eighty-two, and of the Independence of the United States of America the two hundred and seventh.

RONALD REAGAN

**Proclamation 4969 of September 14, 1982****General Pulaski Memorial Day, 1982***By the President of the United States of America**A Proclamation*

Two hundred and three years ago the Polish and American patriot General Casimir Pulaski fell at the battle of Savannah while fighting for the principles of freedom and equality in our young Nation's struggle for independence. His example of dedication to democratic ideals has provided continuing inspiration to all of us. His name and deeds remain alive in the hearts of the Polish people, never more so than in this difficult time when so many of their basic rights are being denied to them.

In remembrance of General Pulaski's heroic sacrifice and his dedication to the ideals of freedom, we pay tribute to him and to the Polish nation of which he was such an esteemed son. In doing so, we also honor the contributions made by generations of Polish-Americans to the greatness of America.