



## **GPO MEDICAL FACT SHEET**

### **HOURS OF OPERATION (almost 24 Hours)**

**Open - Monday 8 A.M.**

**Closes - Saturday 8 A.M.**

**Room C-509 EXT: 22061**

#### **SERVICES PROVIDED:**

- Physicals (MVO, Pre-Employment)
- Allergy clinic
- Other injection administration
- Sick/wellness Visits
- Over the counter medications
- Basic first aid
- Splinter and tick removal
- Wound Care and suture removal
- Respond to on the job "Emergencies"

#### **MEDICAL SURVEILLANCE**

The monitoring of employees that work in hazardous worksites in hazardous situations with test for:

- Hearing
- Vision
- Lead
- Blood work as needed
- Pulmonary function/MASK evaluation
- Chain of custody (COC) testing

### **THE WELLNESS PROGRAM**

- Nutrition information along with Diabetes and Cholesterol consultation
- Lactation Program
- Health Education on diverse health issues
- Cardiovascular consultation
- Assistance with physical fitness programs
- Blood pressure monitoring
- Health discussions and seminars
- Counseling referrals

### **COUNSELING FOR ON-THE-JOB and PERSONAL ISSUES:**

- Emotional
- Stress
- Conflict
- Mental Health
- Family
- Change, etc.

### **WORKSHOPS OFFERED:**

- Stress Management
- Positive Thinking
- Anger Management
- Conflict Resolution,
- Change in the Workplace
- Dealing with Difficult People
- Avoiding Procrastination
- Weight Management, etc.

### **RUN HIDE FIGHT- ACTIVE SHOOTER VIDEO**

<https://www.bing.com/videos/search?q=run+hide+fight+video&view=detail&mid=20D7A79E108D495537D320D7A79E108D495537D3&FORM=VIRE>