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SEVENTH DISTRICT

AMI BERA, Democrat of Elk Grove, CA; born in La Palma, CA, March 2, 1965; education: B.S., University of California, Irvine, CA; M.D., University of California, Irvine, CA, 1991; professional: military; awards: medical director for care management, Mercy Hospital, Sacramento, CA; chief medical officer, Sacramento, CA; associate dean of admissions for University of California, Davis Medical School, 2004–07; religion: Unitarian; married: Janine Bera (also a physician); children: Sydra; committees: Foreign Affairs; Science, Space, and Technology; elected to the 113th Congress on November 6, 2012.

Office Listings

<http://bera.house.gov> <https://twitter.com/repbera>

1535 Longworth House Office Building, Washington, DC 20515 (202) 225-5716
 Chief of Staff.—Mini Timmaraju. FAX: 226-1298
 Director of Operations.—Erin Fyffe.
 Legislative Director.—Matt Horowitz.
 Communications Director.—Allison Teixeira.
 11070 White Rock Road, Suite 195, Rancho Cordova, CA 95670 (916) 635-0505
 District Director.—Faith Whitmore.

Counties: EASTERN HALF OF SACRAMENTO COUNTY. **CITIES:** Citrus Heights, Folsom, Rancho Cordova, and Elk Grove as well as the unincorporated communities of, Carmichael, Fair Oaks, Orangevale, Rosemont, La Riviera, Sloughhouse, Rancho Murietta, Vineyard, Florin, Vintage Park, Wilton, Herald and half of Arden Arcade. Population: (2010), 710,607.

ZIP Codes: 95608–11, 95621, 95624, 95628, 95630, 95632, 95638, 95655, 95662, 95670, 95678, 95683, 95693, 95741–42, 95757–58, 95763, 95821, 95823, 95825–30, 95841–42, 95864–66 (Some of these zips are only partially in the District)

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EIGHTH DISTRICT

PAUL COOK, Republican, of Yucca Valley, CA, born in Meridien, CT, March 3, 1943; B.S., Southern Connecticut University, New Haven, CT, 1966; M.P.A., California State University San Bernardino, San Bernardino, CA, 1996; M.A., University of California Riverside, Riverside, CA, 2000; professional: United States Marine Corps, 1966–92; professor; member, Yucca Valley California Town Council, 1998–2006; California State Assemblyman, 2006–12; married: Jeanne; committees: Armed Services; Foreign Affairs; Natural Resources; elected to the 113th Congress on November 6, 2012; reelected to the 114th Congress on November 4, 2014.

Office Listings

<http://cook.house.gov>

1222 Longworth House Office Building, Washington, DC 20515 (202) 225-5861
 Chief of Staff.—John Sobel. FAX: 225-6498
 14955 Dale Evans Parkway, Apple Valley, CA 92307 (760) 247-1815
 District Director.—Matthew Knox.

Counties: SAN BERNARDINO (part), MONO, INYO. **CITIES AND TOWNSHIPS:** Adelanto, Angelus Oaks, Apple Valley, Arrowbear, Arrowhead Farms, Baldy Mesa, Baker, Barstow, Bear Valley, Benton, Big Bear City, Big Bear Lake, Big Pine, Big River, Bishop, Bridgeport, Bums Canyon, Cartago, Cedar Glen, Cedar Pines Park, Coleville, Crestline, Daggett, Darwin, El Mirage, Erwin Lake, Fawnskin, Flamingo Heights, Forest Falls, Furnace Creek, Green Valley Lake, Helendale, Hesperia, Highland, Hinkley, Independence, Joshua Tree, June Lake, Lake Arrowhead, Keeler, Landers, Lenwood, Lee Vining, Lytle Creek, Mono City, Mount Baldy, Morongo Valley, Needles, Newberry Springs, Oak Glen, Oak Hills, Oro Grande, Paradise, Pioneertown, Pinon Hills, Phelan, Red Mountain, Rimrock, Running Springs, Skyforest, Sugarloaf, Topaz, Trona, Twentynine Palms, Twin Peaks, Victorville, Walker, Wrightwood, Yucca Valley, and Yucaipa. Population (2010) 708,578.

ZIP Codes: 91759, 92242, 92252, 92256, 92268, 92277–78, 92284–86, 92301, 92305, 92309–64, 92310–12, 92314–15, 92321–22, 92325, 92327–28, 92333, 92339–42, 92344–47, 92352, 92358, 92363, 92368, 92372, 92382, 92385–86, 92388–65, 92391–95, 92397–99, 92407, 93512–15, 93522, 93526, 93529–30, 93541, 93549, 93558, 93562–92, 95223, 95967, 95969, 96107, 96133