§ 763.120 Scope

(a) This part establishes requirements which must be followed during asbestos abatement projects by employers of State and local government employees not covered by the Asbestos Standard of the Occupational Safety and Health Administration (OSHA) of 29 CFR 1926.58, an Asbestos Standard adopted by a State as part of a State plan approved by OSHA under section 18 of the Occupational Safety and Health Act, or a State asbestos regulation which EPA has determined to be comparable or more stringent than this part. The rule covers those employees who take part in asbestos abatement work.

(b) [Reserved]

§ 763.121 Regulatory requirements.

(a) [Reserved]

(b) Definitions. Action level means an airborne concentration of asbestos of 0.1 fiber per cubic centimeter (f/cc) of air calculated as an 8-hour time-weighted average.

Administrator means the Administrator, U.S. Environmental Protection Agency, or designee.

Asbestos means the asbestiform varieties of chrysotile (serpentine); crocidolite (riebeckite); amosite (cummingtonite-grunerite); tremolite; anthophyllite, and actinolite.

Asbestos abatement project means any activity involving the removal, enclosure, or encapsulation of friable asbestos material.

Authorized person means any person authorized by the employer and required by work duties to be present in regulated areas.

Clean room means an uncontaminated room having facilities for the storage of employees’ street clothing and uncontaminated materials and equipment.

Competent person means one who is capable of identifying existing asbestos hazards in the workplace and who has the authority to take prompt corrective measures to eliminate them. The duties of the competent person include at least the following: Establishing the negative-pressure enclosure, ensuring its integrity, and controlling entry to and exit from the enclosure; supervising any employee exposure monitoring required by this subpart, ensuring that all employees working within such an enclosure wear the appropriate personal protective equipment, are trained in the use of appropriate methods of exposure control, and use the hygiene facilities and decontamination procedures specified in this subpart; and ensuring that engineering controls in use are in proper operating condition and are functioning properly.

Decontamination area means an enclosed area adjacent and connected to the regulated area and consisting of an equipment room, shower area, and...
§ 763.121

Clean room, which is used for the decontamination of workers, materials, and equipment contaminated with asbestos.

Demolition means the wrecking or taking out of any load-supporting structural member and any related razing, removing, or stripping of asbestos products.

Emergency project means a project involving the removal, enclosure, or encapsulation of friable asbestos-containing material that was not planned but results from a sudden unexpected event.

Employee exposure means that exposure to airborne asbestos would occur if the employee were not using respiratory protective equipment.

Employer means the public department, agency, or entity which hires an employee. The term includes, but is not limited to, any State, County, City, or other local governmental entity which operates or administers schools, a department of health or human services, a library, a police department, a fire department, or similar public service agencies or offices.

Equipment room (change room) means a contaminated room located within the decontamination area that is supplied with impermeable bags or containers for the disposal of contaminated protective clothing and equipment.

Fiber means a particulate form of asbestos, 5 micrometers or longer, with a length-to-diameter ratio of at least 3 to 1.

Friable asbestos material means any material containing more than 1 percent asbestos by weight which, when dry, may be crumbled, pulverized, or reduced to powder by hand pressure.

High-efficiency particulate air (HEPA) filter means a filter capable of trapping and retaining at least 99.97 percent of all monodispersed particles of 0.3 micrometer in diameter or larger.

Regulated area means an area established by the employer to demarcate areas where airborne concentrations of asbestos exceed or can reasonably be expected to exceed the permissible exposure limit. The regulated area may take the form of: (1) A temporary enclosure, as required by paragraph (e)(6) of this section, or (2) an area demarcated in any manner that minimizes the number of employees exposed to asbestos.

Removal means the taking out or stripping of asbestos or materials containing asbestos.

Renovation means the modifying of any existing structure, or portion thereof, where exposure to airborne asbestos may result.

Repair means overhauling, rebuilding, reconstructing, or reconditioning of structures or substrates where asbestos is present.

(c) Permissible exposure limit (PEL). The employer shall ensure that no employee is exposed to an airborne concentration of asbestos in excess of 0.2 fiber per cubic centimeter of air as an 8-hour time-weighted average (TWA), as determined by the method prescribed in Appendix A of this section, or by an equivalent method.

(d) Communication among employers. On multi-employer worksites, an employer performing asbestos work requiring the establishment of a regulated area shall inform other employers (as defined by this subpart and by 29 U.S.C. section 652(5)) on the site of the nature of the employer's work with asbestos and of the existence of and requirements pertaining to regulated areas.

(e) Regulated areas—(1) General. The employer shall establish a regulated area in work areas where airborne concentrations of asbestos exceed or can reasonably be expected to exceed the permissible exposure limit prescribed in paragraph (c) of this section.

(2) Demarcation. The regulated area shall be demarcated in any manner that minimizes the number of persons within the area and protects persons outside the area from exposure to airborne concentrations of asbestos in excess of the permissible exposure limit.

(3) Access. Access to regulated areas shall be limited to authorized persons.

(4) Respirators. All persons entering a regulated area shall be supplied with a respirator, selected in accordance with paragraph (h)(2) of this section.

(5) Prohibited activities. The employer shall ensure that employees do not eat, drink, smoke, chew tobacco or gum, or apply cosmetics in the regulated area.
(6) Requirements for asbestos removal, demolition, and renovation operations. (i) Wherever feasible, the employer shall establish negative-pressure enclosures before commencing removal, demolition, and renovation operations.

(ii) The employer shall designate a competent person to perform or supervise the following duties:

(A) Set up the enclosure.
(B) Ensure the integrity of the enclosure.
(C) Control entry to and exit from the enclosure.
(D) Supervise all employee exposure monitoring required by this section.
(E) Ensure that employees working within the enclosure wear respirators and protective clothing as required by paragraphs (h) and (i) of this section.
(F) Ensure that employees are trained in the use of engineering controls, work practices, and personal protective equipment.
(G) Ensure that employees use the hygiene facilities and observe the decontamination procedures specified in paragraph (j) of this section.
(H) Ensure that engineering controls are functioning properly.

(iii)(A) In addition to the qualifications specified in paragraph (b) of this section, the competent person shall be trained in all aspects of asbestos abatement, the contents of this subpart, the identification of asbestos and its removal procedures, and other practices for reducing the hazard. Such training shall be obtained in a comprehensive course, such as a course conducted by an EPA Asbestos Training Center, or an equivalent course.

(B) For small-scale, short-duration operations, such as pipe repair, valve replacement, installing electrical conduits, installing or removing drywall, roofing, and other general building maintenance or renovation, the employer is not required to comply with the requirements of paragraph (e)(6) of this section.

(f) Exposure monitoring—(1) General.
(i) Each employer who has a workplace or work operation covered by this subpart shall perform monitoring to determine accurately the airborne concentrations of asbestos to which employees may be exposed.

(ii) Determinations of employee exposure shall be made from breathing zone air samples that are representative of the 8-hour TWA of each employee.

(iii) Representative 8-hour TWA employee exposure shall be determined on the basis of one or more samples representing fullshift exposure for employees in each work area.

(2) Initial monitoring. (i) Each employer who has a workplace or work operation covered by this subpart, except as provided for in paragraphs (f)(2)(ii) and (iii) of this section, shall perform initial monitoring at the initiation of each asbestos job to determine accurately the airborne concentrations of asbestos to which employees may be exposed.

(ii) The employer may demonstrate that employee exposures are below the action level by means of objective data demonstrating that the product or material containing asbestos cannot release airborne fibers in concentrations exceeding the action level under those work conditions having the greatest potential for releasing asbestos.

(iii) Where the employer has monitored each asbestos job, and the data were obtained during work operations conducted under workplace conditions closely resembling the processes, type of material, control methods, work practices, and environmental conditions used and prevailing in the employer’s current operations, the employer may rely on such earlier monitoring results to satisfy the requirements of paragraph (f)(2)(i) of this section.

(3) Periodic monitoring within regulated areas. (i) The employer shall conduct daily monitoring that is representative of the exposure of each employee who is assigned to work within a regulated area.

(ii) When all employees within a regulated area are equipped with supplied-air respirators operated in the positive-pressure mode, the employer may dispense with the daily monitoring required by this paragraph.

(4) Termination of monitoring. If the periodic monitoring required by paragraph (f)(3)(i) of this section reveals that employee exposures, as indicated by statistically reliable measurements,
are below the action level, the employer may discontinue monitoring for those employees whose exposures are represented by such monitoring.

(5) Method of monitoring. (i) All samples taken to satisfy the monitoring requirements of paragraph (f) of this section shall be personal samples collected following the procedures specified in Appendix A of this section.

(ii) All samples taken to satisfy the monitoring requirements of paragraph (f) of this section shall be evaluated using the EPA/OSHA Reference Method (ORM) specified in Appendix A, or an equivalent counting method.

(iii) If an equivalent method to the ORM is used, the employer shall ensure that the method meets the following criteria:

(A) Replicate exposure data used to establish equivalency are collected in side-by-side field and laboratory comparisons.

(B) The comparison indicates that 90 percent of the samples collected in the range 0.5 to 2.0 times the permissible limit have an accuracy range of plus or minus 25 percent of the ORM results with a 95 percent confidence level as demonstrated by a statistically valid protocol.

(C) The equivalent method is documented and the results of the comparison testing are maintained.

(iv) To satisfy the monitoring requirements of paragraph (f) of this section, employers shall rely on the results of monitoring analysis performed by laboratories that have instituted quality assurance programs that include the elements prescribed in Appendix A of this section.

(6) Employee notification of monitoring results. (i) The employer shall notify affected employees of the monitoring results that represent the employees’ exposure as soon as possible following receipt of monitoring results.

(ii) The employer shall notify affected employees of the results of monitoring representing the employees’ exposure in writing either individually or by posting at a centrally located place that is accessible to affected employees.

(7) Observation of monitoring. (i) The employer shall provide affected employees or their designated representa-
§ 763.121

is used in conjunction with an enclosed ventilation system designed to capture the dust cloud created by the compressed air.

(iii) Materials containing asbestos shall not be applied by spray methods.

(3) Employee rotation. The employer shall not use employee rotation as a means of compliance with the exposure limit prescribed in paragraph (c) of this section.

(h) Respiratory protection—(1) General. The employer shall provide respirators, and ensure that they are used, where required by this section. Respirators shall be used in the following circumstances:

(i) During the interval necessary to install or implement feasible engineering and work practice controls.

(ii) In work operations such as maintenance and repair activities, or other activities for which engineering and work practice controls are not feasible.

(iii) In work situations where feasible engineering and work practice controls are not yet sufficient to reduce exposure to or below the exposure limit.

(iv) In emergencies.

(2) Respirator selection. (i) Where respirators are used, the employer shall select and provide, at no cost to the employee, the appropriate respirator as specified in Table 1 in paragraph (h)(2)(iv) of this section, and shall ensure that the employee uses the respirator provided.

(ii) The employer shall select respirators from among those jointly approved as being acceptable for protection by the Mine Safety and Health Administration (MSHA) and the National Institute for Occupational Safety and Health (NIOSH) under the provisions of 30 CFR Part 11.

(iii) The employer shall provide a powered, air-purifying respirator in lieu of any negative-pressure respirator specified in Table 1 whenever:

(A) An employee chooses to use this type of respirator; and

(B) This respirator will provide adequate protection to the employee.

(iv) Table 1—Respiratory Protection for Asbestos Fibers.

<table>
<thead>
<tr>
<th>Airborne concentration of asbestos</th>
<th>Required respirator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not in excess of 2 f/cc (10×PEL)</td>
<td>1. Half-mask air-purifying respirator other than a disposable respirator equipped with high-efficiency filters.</td>
</tr>
<tr>
<td>Not in excess of 10 f/cc (50×PEL)</td>
<td>1. Full facepiece air-purifying respirator equipped with high-efficiency filters.</td>
</tr>
<tr>
<td>Not in excess of 20 f/cc (100×PEL)</td>
<td>1. Any powered air-purifying respirator equipped with high-efficiency filters.</td>
</tr>
<tr>
<td>Not in excess of 200 f/cc (1,000×PEL)</td>
<td>2. Any supplied-air respirator operated in continuous flow mode.</td>
</tr>
<tr>
<td>Greater than 200 f/cc (&gt;1,000×PEL) or unknown concentration.</td>
<td>1. Full facepiece supplied-air respirator operated in pressure demand mode.</td>
</tr>
</tbody>
</table>

NOTE: a. Respirators assigned for higher environmental concentrations may be used at lower concentrations.

b. A high-efficiency filter means a filter that is at least 99.97 percent efficient against mono-dispersed particles of 0.3 micrometers in diameter or larger.

(3) Respirator program. (i) Where respiratory protection is used, the employee shall institute a respirator program. This should include all information and guidance necessary for their proper selection, use, and care. Possible emergency uses of respirators should be anticipated and planned for.

(ii) The employer shall permit each employee who uses a filter respirator to change the filter elements whenever an increase in breathing resistance is detected and shall maintain an adequate supply of filter elements for this purpose.

(iii) Employees who wear respirators shall be permitted to leave work areas to wash their faces and respirator facepieces whenever necessary to prevent skin irritation associated with respirator use.

(iv) No employee shall be assigned to tasks requiring the use of respirators if, based on his or her most recent examination, an examining physician determines that the employee will be unable to function normally wearing a respirator, or that the safety or health of the employee or of other employees
Environmental Protection Agency § 763.121

will be impaired by the use of a respirator. Such employee shall be assigned to another job or given the opportunity to transfer to a different position, the duties of which he or she is able to perform, with the same employer, in the same geographical area, and with the same seniority, status, and rate of pay he or she had just prior to such transfer, if such a different position is available.

(4) Respirator fit testing. (i) The employer shall ensure that the respirator issued to the employee exhibits the least possible facepiece leakage and that the respirator is fitted properly.

(ii) Employers shall perform either quantitative or qualitative face fit tests at the time of initial fitting and at least every 6 months thereafter for each employee wearing a negative-pressure respirator. The qualitative fit tests may be used only for testing the fit of half-mask respirators where they are permitted to be worn, and shall be conducted in accordance with Appendix C of this section. The tests shall be used to select facepieces that provide the required protection as prescribed in Table 1.

(i) Protective clothing—(1) General. The employer shall provide and require the use of protective clothing, such as coveralls or similar whole-body clothing, head coverings, gloves, and foot coverings for any employee exposed to airborne concentrations of asbestos that exceed the permissible exposure limit prescribed in paragraph (c) of this section.

(2) Laundering. (i) The employer shall ensure that laundering of contaminated clothing is done so as to prevent the release of airborne asbestos in excess of the exposure limit prescribed in paragraph (c) of this section.

(ii) Any employer who gives contaminated clothing to another person for laundering shall inform such person of the requirement in paragraph (i)(2)(i) of this section effectively to prevent the release of airborne asbestos in excess of the exposure limit prescribed in paragraph (c) of this section.

(3) Contaminated clothing. Contaminated clothing shall be transported in sealed impermeable bags, or other closed, impermeable containers, and be labeled in accordance with paragraph (k) of this section.

(4) Protective clothing for removal, demolition, and renovation operations. (i) The competent person shall periodically examine worksuits worn by employees for rips or tears that may occur during performance of work.

(ii) When rips or tears are detected while an employee is working within a negative-pressure enclosure, rips and tears shall be immediately mended, or the worksuit shall be immediately replaced.

(j) Hygiene facilities and practices—(1) General. (i)(A) The employer shall provide clean change areas for employees required to work in regulated areas or required by paragraph (i)(1) of this section to wear protective clothing.

(B) In lieu of the change area requirement specified in paragraph (j)(1)(i), the employer may permit employees engaged in small-scale, short-duration operations, as described in paragraph (e)(6) of this section, to clean their protective clothing with a portable HEPA-equipped vacuum before such employees leave the area where maintenance was performed.

(ii) The employer shall ensure that change areas are equipped with separate storage facilities for protective clothing and street clothing.

(iii) Whenever food or beverages are consumed at the worksite and employees are exposed to airborne concentrations of asbestos in excess of the permissible exposure limit, the employer shall provide lunch areas in which the airborne concentrations of asbestos are below the action level.

(2) Requirements for removal, demolition, and renovation operations—(1) Decontamination area. Except for small-scale, short-duration operations, as described in paragraph (e)(6) of this section, the employer shall establish a decontamination area that is adjacent and connected to the regulated area for the decontamination of employees contaminated with asbestos. The decontamination area shall consist of an equipment room, shower area, and clean room in series. The employer shall ensure that employees enter and exit the regulated area through the decontamination area.
(ii) Clean room. The clean room shall be equipped with a locker or appropriate storage container for each employee's use.

(iii) Shower area. Where feasible, shower facilities shall be provided. The showers shall be contiguous both to the equipment room and the clean change room, unless the employer can demonstrate that this location is not feasible. Where the employer can demonstrate that it is not feasible to locate the shower between the equipment room and the clean change room, the employer shall ensure that employees:
(A) Remove asbestos contamination from their worksuits using a HEPA vacuum before proceeding to a shower that is not contiguous to the work area; or
(B) Remove their contaminated worksuits, don clean worksuits, and proceed to a shower that is not contiguous to the work area.

(iv) Equipment room. The equipment room shall be supplied with impermeable, labeled bags and containers for the containment and disposal of contaminated protective clothing and equipment.

(v) Decontamination area entry procedures. (A) The employer shall ensure that employees:
(1) Enter the decontamination area through the clean room.
(2) Remove and deposit street clothing within a locker provided for their use.
(3) Put on protective clothing and respiratory protection before leaving the clean room.
(B) The employer shall ensure that employees pass through the equipment room before entering the enclosure.

(vi) Decontamination area exit procedures. (A) The employer shall ensure that employees remove all gross contamination and debris from their protective clothing before leaving the regulated area.
(B) The employer shall ensure that employees remove their protective clothing in the equipment room and deposit the clothing in labeled impermeable bags or containers.
(C) The employer shall ensure that employees do not remove their respirators in the equipment room.

(D) The employer shall ensure that employees shower prior to entering the clean room.
(E) The employer shall ensure that, after showering, employees enter the clean room before changing into street clothes.

(k) Communication of hazards to employees—(1) Signs. (i) Warning signs that demarcate the regulated area shall be provided and displayed at each location where airborne concentrations of asbestos may be in excess of the exposure limit prescribed in paragraph (c) of this section. Signs shall be posted at such a distance from such a location that an employee may read the signs and take necessary protective steps before entering the area marked by the signs.
(ii) The warning signs required by paragraph (k)(1)(i) of this section shall bear the following information:

DANGER
ASBESTOS
CANCER AND LUNG DISEASE HAZARD
AUTHORIZED PERSONNEL ONLY
RESPIRATORS AND PROTECTIVE CLOTHING ARE REQUIRED IN THIS AREA

(2) Labels. (i) Labels shall be affixed to all products containing asbestos and to all containers containing such products, including waste containers. Where feasible, installed asbestos products shall contain a visible label.
(ii) Labels shall be printed in large, bold letters on a contrasting background.
(iii) Labels shall be used and shall contain the following information:

DANGER
CONTAINS ASBESTOS FIBERS
AVOID CREATING DUST
CANCER AND LUNG DISEASE HAZARD

(iv) [Reserved]

(v) Labels shall contain a warning statement against breathing airborne asbestos fibers.

(vi) The provisions for labels required by paragraph (k)(2)(i) of this section do not apply where:
(A) Asbestos fibers have been modified by a bonding agent, coating, binder, or other material, provided that the manufacturer can demonstrate that, during any reasonably foreseeable use, handling, storage, disposal, processing,
or transportation, no airborne concentrations of asbestos fibers in excess of the action level will be released or

(B) Asbestos is present in a product in concentrations less than 0.1 percent by weight.

(3) Employee information and training.
   (i) The employer shall institute a training program for all employees exposed to airborne concentrations of asbestos at or above the action level and shall ensure their participation in the program.
   (ii) Training shall be provided prior to or at the time of initial assignment, unless the employee has received equivalent training within the previous 12 months] and at least annually thereafter.
   (iii) The training program shall be conducted in a manner that the employee is able to understand. The employer shall ensure that each employee is informed of the following:
      (A) Methods of recognizing asbestos.
      (B) The health effects associated with asbestos exposure.
      (C) The relationship between smoking and asbestos in producing lung cancer.
      (D) The nature of operations that could result in exposure to asbestos, the importance of necessary protective controls to minimize exposure including, as applicable, engineering controls, work practices, respirators, housekeeping procedures, hygiene facilities, protective clothing, decontamination procedures, emergency procedures, and waste disposal procedures, and any necessary instruction in the use of these controls and procedures.
      (E) The purpose, proper use, fitting instructions, and limitations of respirators.
      (F) The appropriate work practices for performing the asbestos job; and
      (G) Medical surveillance program requirements; and
   (H) The content of this subpart, including appendices.
   (4) Access to training materials. (i) The employer shall make readily available to all affected employees without cost all written materials relating to the employee training program, including a copy of this regulation.
   (ii) The employer shall provide to the Administrator upon request, all information and training materials relating to the employee information and training program.
   (1) Housekeeping—(1) Vacuuming. Where vacuuming methods are selected, HEPA filtered vacuuming equipment must be used. The equipment shall be used and emptied in a manner that minimizes the reentry of asbestos into the workplace.
   (2) Waste disposal. Asbestos waste, scrap, debris, bags, containers, equipment, and contaminated clothing consigned for disposal shall be collected and disposed of in sealed, labeled, impermeable bags or other closed, labeled, impermeable containers.
   (m) Medical surveillance—(1) General—(i)—Employees covered. The employer shall institute a medical surveillance program for all employees engaged in work involving levels of asbestos at or above the action level for 30 or more days per year, or who are required by this section to wear negative-pressure respirators.
   (ii) Examination by a physician. (A) The employer shall ensure that all medical examinations and procedures are performed by or under the supervision of a licensed physician, and are provided at no cost to the employee and at a reasonable time and place.
      (B) Persons other than such licensed physicians who administer the pulmonary function testing required by this section shall complete a training course in spirometry sponsored by an appropriate academic or professional institution.
   (2) Medical examinations and consultation—(i) Frequency. The employer shall make available medical examinations and consultations to each employee covered under paragraph (m)(1)(i) of this section on the following schedules:
      (A) Prior to assignment of the employee to an area where negative-pressure respirators are worn.
      (B)(1) When the employee is assigned to an area where exposure to asbestos may be at or above the action level for 30 or more days per year, a medical examination must be given within 10 working days following the thirtieth day of exposure.
   (2) No medical examination is required of any employee if adequate records show that the employee has
been examined in accordance with this paragraph within the past 1-year period.

(C) At least annually thereafter.

(D) If the examining physician determines that any of the examinations should be provided more frequently than specified, the employer shall provide such examinations to affected employees at the frequencies specified by the physician.

(ii) Content. Medical examinations made available pursuant to paragraphs (m)(2)(i) (A), (B), and (C) of this section shall include:

(A) A medical and work history with special emphasis directed to the pulmonary, cardiovascular, and gastrointestinal systems.

(B) On initial examination, the standardized questionnaire contained in Appendix D, Part 1 of this section and, on annual examination, the abbreviated standardized questionnaire contained in Appendix D, Part 2 of this section.

(C) A physical examination directed to the pulmonary and gastrointestinal systems, including a chest roentgenogram to be administered at the discretion of the physician, and pulmonary function tests of forced vital capacity (FVC) and forced expiratory volume at one second (FEV1). Interpretation and classification of chest roentgenograms shall be conducted in accordance with Appendix E of this section.

(D) Any other examinations or tests deemed necessary by the examining physician.

(3) Information provided to the physician. The employer shall provide the following information to the examining physician:

(i) A copy of this rule and Appendices D and E of this section.

(ii) A description of the affected employee's duties as they relate to the employee's exposure.

(iii) The employee's representative exposure level or anticipated exposure level.

(iv) A description of any personal protective and respiratory equipment used or to be used.

(v) Information from previous medical examinations of the affected employee that is not otherwise available to the examining physician.

(4) Physician’s written opinion. (i) The employer shall obtain a written opinion from the examining physician. This written opinion shall contain the results of the medical examination and shall include:

(A) The physician's opinion as to whether the employee has any detected medical conditions that would place the employee at an increased risk of material health impairment from exposure to asbestos.

(B) Any recommended limitations on the employee or on the use of personal protective equipment such as respirators.

(C) A statement that the employee has been informed by the physician of the results of the medical examinations and of any medical conditions that may result from asbestos exposure.

(ii) The employer shall instruct the physician not to reveal in the written opinion given to the employer specific findings or diagnoses unrelated to occupational exposure to asbestos.

(iii) The employer shall provide a copy of the physician's written opinion to the affected employee within 30 days from its receipt.

(n) Recordkeeping—(1) Objective data for exempted operations. (i) Where the employer has relied on objective data that demonstrate that products made from or containing asbestos are not capable of releasing fibers of asbestos in concentrations at or above the action level under the expected conditions of processing, use, or handling to exempt such operations from the initial monitoring requirements under paragraph (f)(2) of this section, the employer shall establish and maintain an accurate record of objective data reasonably relied upon in support of the exemption.

(ii) The record shall include at least the following information:

(A) The product qualifying for exemption.

(B) The source of the objective data.

(C) The testing protocol, results of testing, and/or analysis of the material for the release of asbestos.

(D) A description of the operation exempted and how the data support the exemption.
(E) Other data relevant to the operations, materials, processing, or employee exposures covered by the exemption.

(iii) The employer shall maintain this record for the duration of the employer’s reliance upon such objective data.

(2) Exposure measurements. (i) (A) The employer shall keep an accurate record of all measurements taken to monitor employee exposure to asbestos as prescribed in paragraph (f) of this section.

(B) The employer may utilize the services of competent organizations such as employee associations to maintain the records required by this section.

(ii) This record shall include at least the following information:

(A) The date of measurement.

(B) The operation involving exposure to asbestos that is being monitored.

(C) Sampling and analytical methods used and evidence of their accuracy.

(D) Number, duration, and results of samples taken.

(E) Type of protective devices worn, if any.

(F) Name, social security number, and exposure of the employees whose exposures are represented.

(iii) The employer shall maintain this record for at least 30 years.

(3) Medical surveillance. (i) The employer shall establish and maintain an accurate record for each employee subject to medical surveillance by paragraph (m) of this section.

(ii) The record shall include at least the following information:

(A) The name and social security number of the employee.

(B) A copy of the employee’s medical examination results, including the medical history, questionnaire responses, results of any tests, and physician’s recommendations.

(C) Physician’s written opinions.

(D) Any employee medical complaints related to exposure to asbestos.

(E) A copy of the information provided to the physician as required by paragraph (m) of this section.

(iii) The employer shall ensure that this record is maintained for the duration of employment plus 30 years.

(4) Training records. The employer shall maintain all employee training records for 1 year beyond the last date of employment by that employer.

(5) Availability. (i) The employer, upon request, shall make all records required to be maintained by this section available to the Administrator for examination and copying.

(ii) The employer, upon request, shall make any exposure records required by paragraphs (f) and (n) of this section available for examination and copying to affected employees, former employees, designated representatives, and the Administrator.

(iii) The employer, upon request, shall make employee medical records required by paragraphs (m) and (n) of this section available for examination and copying to the subject employee, anyone having the specific written consent of the subject employee, and the Administrator.

(6) Transfer of records. Whenever the employer ceases to operate and there is no successor employer to receive and retain the records for the prescribed period, the employer shall notify the Administrator at least 90 days prior to disposal and, upon request, transmit them to the Administrator.

(o) Effective date. This section shall become effective March 27, 1987.

(p) Appendices. (1) Appendices A, C, D, and E to this section are incorporated as part of this section and the contents of these appendices are mandatory.

(2) Appendix B to this section is informational and is not intended to create any additional obligations not otherwise imposed or to detract from any existing obligations.

APPENDIX A TO § 763.121—EPA/OSHA REFERENCE METHOD—MANDATORY

This mandatory appendix specifies the procedure for analyzing air samples for asbestos and specifies quality control procedures that must be implemented by laboratories performing the analysis. The sampling and analytical methods described below represent the elements of the available monitoring methods essential to achieve adequate employee exposure monitoring while allowing employers to use methods that are already established within their organizations. All employers who are required to conduct air monitoring under § 763.121(f) are required to utilize analytical laboratories that use this procedure, or an equivalent method for collecting and analyzing samples.
§ 763.121

Sampling and Analytical Procedure

1. The sampling medium for air samples shall be mixed cellulose ester filter membranes. These shall be designated by the manufacturer as suitable for asbestos counting. See below for rejection of blanks.

2. The preferred collection device shall be the 25-mm diameter cassette with an open-faced 50-mm electrically conductive extension cowl. The 37-mm cassette may be used if necessary, but only if written justification for the need to use the 37-mm filter cassette accompanies the sample results in the employee’s exposure monitoring record.

3. An air flow rate between 0.5 liter/min and 2.5 liters/min shall be selected for the 25-mm cassette. If the 37-mm cassette is used, an air flow rate between 1 liter/min and 2.5 liters/min shall be selected.

4. Where possible, a sufficient air volume for each air sample shall be collected to yield between 100 and 1,300 fibers per square millimeter on the membrane filter. If a filter darkens in appearance or if loose dust is seen on the filter, a second sample shall be started.

5. Ship the samples in a rigid container with sufficient packing material to prevent dislodging the collected fibers. Packing material that has a high electrostatic charge on its surface (e.g., expanded polystyrene) cannot be used because such material can cause loss of fibers to the sides of the cassette.

6. Calibrate each personal sampling pump before and after use with a representative filter cassette installed between the pump and the calibration devices.

7. Personal samples shall be taken in the “breathing zone” of the employee (i.e., attached to or near the collar or lapel near the worker’s face).

8. Fiber counts shall be made by positive phase contrast using a microscope with an 8 to 10 X eyepiece and a 40 to 45 X objective for a total magnification of approximately 400 X and a numerical aperture of 0.65 to 0.75. The microscope shall also be fitted with a green or blue filter.

9. The microscope shall be fitted with a Walton-Beckett eyepiece graticule calibrated for a field diameter of 100 micrometers (±2 micrometers).

10. The phase-shift detection limit of the microscope shall be about 3 degrees measured using the HSE phase shift test slide as outlined below.

a. Place the test slide on the microscope stage and center it under the phase objective.

b. Bring the blocks of grooved lines into focus.

NOTE: The slide consists of seven sets of grooved lines (ca. 20 grooves to each block) in descending order of visibility from sets 1 to 7, seven being the least visible. The requirements for asbestos counting are that the microscope optics must resolve the grooved lines in set 3 completely, although they may appear somewhat faint, and that the grooved lines in sets 6 and 7 must be invisible. Sets 4 and 5 must be at least partially visible but may vary slightly in visibility between microscopes. A microscope that fails to meet these requirements has either too low or too high a resolution to be used for asbestos counting.

c. If the image deteriorates, clean and adjust the microscope optics. If the problem persists, consult the microscope manufacturer.

11. Each set of samples taken will include 10 percent blanks or a minimum of 2 blanks. The blank results shall be averaged and subtracted from the analytical results before reporting. Any samples represented by a blank having a fiber count in excess of 7 fibers/100 fields shall be rejected.

12. The samples shall be mounted by the acetonitrileacetin method or a method with an equivalent index of refraction and similar clarity.

13. Observe the following counting rules.

a. Count only fiber equal to or longer than 5 micrometers. Measure the length of curved fibers along the curve.

b. In the absence of other information, count all particles as asbestos that have a length-to-width ratio (aspect ratio) of 3:1 or greater.

c. Fibers lying entirely within the boundary of the Walton-Beckett graticule field shall receive a count of 1. Fibers crossing the boundary once, having one end within the circle, shall receive the count of one-half (½). Do not count any fiber that crosses the graticule boundary more than once. Reject and do not count any other fibers even though they may be visible outside the graticule area.

d. Count bundles of fibers as one fiber unless individual fibers can be identified by observing both ends of an individual fiber.

e. Count enough graticule fields to yield 100 fibers. Count a minimum of 20 fields; stop counting at 100 fields regardless of fiber count.

14. Blind recounts shall be conducted at the rate of 10 percent.

Quality Control Procedures

1. Intralaboratory program. Each laboratory and/or each company with more than one microscopist counting slides shall establish a statistically designed quality assurance program involving blind recounts and comparisons between microscopists to monitor the variability of counting by each microscopist and between microscopists. In a company with more than one laboratory, the program shall include all laboratories and shall also evaluate the laboratory-to-laboratory variability.
Environmental Protection Agency  § 763.121

2. Interlaboratory program. Each laboratory analyzing asbestos samples for compliance determination shall implement an interlaboratory quality assurance program that as a minimum includes participation of at least two other independent laboratories. Each laboratory shall participate in round robin testing at least once every 6 months with at least all the other laboratories in its interlaboratory quality assurance group. Each laboratory shall submit slides typical of its own work load for use in this program. The round robin shall be designed and results analyzed using appropriate statistical methodology.

3. All individuals performing asbestos analysis must have taken the NIOSH course for sampling and evaluating airborne asbestos dust or an equivalent course.

4. When the use of different microscopes contributes to differences between counters and laboratories, the effect of the different microscope shall be evaluated and the microscope shall be replaced, as necessary.

5. Current results of these quality assurance programs shall be posted in each laboratory to keep the microscopists informed.

APPENDIX B TO §763.121—DETAILED PROCEDURE FOR ASBESTOS SAMPLING AND ANALYSIS—NON-MANDATORY

This appendix contains a detailed procedure for sampling and analysis and includes those critical elements specified in Appendix A of this section. Employers are not required to use this procedure, but they are required to use Appendix A of this section. The purpose of Appendix B of this section is to provide a detailed step-by-step sampling and analysis procedure that conforms to the elements specified in Appendix A of this section. Since this procedure may also standardize the analysis and reduce variability, EPA encourages employers to use this appendix.

Technique: Microscopy, Phase Contrast.

Analyte: Fibers (manual count).

Sample Preparation: Acetone-triacetin method.

Calibration: Phase-shift detection limit about 3 degrees.

Range: 100 to 1,300 fibers/mm² filter area.

Estimated Limit of Detection: 7 fibers/mm² filter area.

Sampler: Filter (0.8-1.2 µm mixed cellulose ester membrane, 25-mm diameter).

Flow Rate: 0.5 L/min to 2.5 L/min (25-mm cassette); 1.0 L/min to 2.5 L/min (37-mm cassette).

Sample Volume: Adjust to obtain 100 to 1,300 fibers/mm².

Shipment: Routine.

Sample Stability: Indefinite.

Blanks: 10% of samples (minimum 2).

Standard Analytical Error: 0.25.

Applicability: The working range is 0.02 f/cc (1900-L air sample) to 1.25 f/cc (400-L sample).

The method gives an index of airborne asbestos fibers but may be used for other materials such as fibrous glass by inserting suitable parameters into the counting rules. The method does not differentiate between asbestos and other fibers. Asbestos fibers less than 0.25 µm diameter will not be detected by this method.

Interferences: Any other airborne fiber may interfere since all particles meeting the counting criteria are counted. Chain-like particles may appear fibrous. High levels of nonfibrous dust particles may obscure fibers in the field of view and raise the detection limit.

Reagents:
1. Acetone.
2. Triacetin (glycerol triacetate), reagent grade.

Special Precautions: Acetone is an extremely flammable liquid and precautions must be taken not to ignite it. Heating of acetone must be done in a ventilated laboratory fume hood using a flameless, spark-free heat source.

Equipment:
1. Collection device: 25-mm cassette with 50-mm electrically conductive extension cowl with cellulose ester filter, 0.8 to 1.2-mm pore size and backup pad.

NOTE: Analyze representative filters for fiber background before use and discard the filter lot if more than 5 fibers/100 fields are found.

2. Personal sampling pump, greater than or equal to 0.5 L/min, with flexible connecting tubing.

3. Microscope, phase contrast, with green or blue filter, 8 to 10X eyepiece, and 40 to 45X phase objective (total magnification ca. 400X); numerical aperture=0.65 to 0.75.

4. Slides, glass, single-frosted, pre-cleaned, 25 x 75 mm.

5. Cover slips, 25 x 25 mm, No. 1½ unless otherwise specified by microscope manufacturer.

6. Knife, #1 surgical steel, curved blade.

7. Tweezers.

8. Flask, Guth-type, insulated neck, 250 to 500 mL (with single-holed rubber stopper and elbow-jointed glass tubing, 16 to 22 cm long).

9. Hotplate, spark-free, stirring type; heating mantle; or infrared lamp and magnetic stirrer.

10. Syringe, hypodermic, with 22-gauge needle.

11. Graticule, Walton-Beckett type with 100 µm diameter circular field at the specimen plane (area=0.00795 mm²), Type G-22.

NOTE: The graticule is custom-made for each microscope.

12. HSE/NPL phase contrast test slide, Mark II.


14. Stage micrometer (0.01 mm divisions).
Sampling

1. Calibrate each personal sampling pump with a representative sampler in line.
2. Fasten the sampler to the worker's lapel as close as possible to the worker's mouth. Remove the top cover from the end of the cowl extension (open face) and orient face down. Wrap the joint between the extender and the monitor's body with shrink tape to prevent air leaks.
3. Submit at least two blanks (or 10 percent of the total samples, whichever is greater) for each set of samples. Remove the caps from the field blank cassettes and store the caps and cassettes in a clean area (bag or box) during the sampling period. Replace the caps in the cassettes when sampling is completed.
4. Sample at 0.5 L/min or greater. Do not exceed 1 mg total dust loading on the filter. Adjust sampling flow rate, Q (L/min), and time to produce a fiber density, E (fibers/mm²), of 100 to 1,300 fibers/mm² for optimum counting precision (see step 21 below). Calculate the minimum sampling time, minimum (min) at the action level (one-half of the current standard), L (fibers/mm²) of the fibrous aerosol being sampled:

\[
\text{minimum} = \frac{(A_c)(E)}{(Q)(L)}
\]

5. Remove the field monitor at the end of sampling, replace the plastic top cover and small end caps, and store the monitor.
6. Ship the samples in a rigid container with sufficient packing material to prevent jostling or damage.

Sample Preparation

NOTE: Do not use polystyrene foam in the shipping container because of electrostatic forces which may cause fiber loss from the sample filter.

NOTE: The object is to produce samples with a smooth (nongrainy) background in a medium with a refractive index equal to or less than 1.46. The method below collapses the filter for easier focusing and produces permanent mounts which are useful for quality control and interlaboratory comparison. Other mounting techniques meeting the above criteria may also be used, e.g., the nonpermanent field mounting technique used in P & CAM 239.

7. Ensure that the glass slides and cover slips are free of dust and fibers.
8. Place 40 to 60 ml of acetone into a Guth-type flask. Stopper the flask with a single-hole rubber stopper through which a glass tube extends 5 to 8 cm into the flask. The portion of the glass tube that exits the top of the stopper (8 to 10 cm) is bent downward in an elbow that makes an angle of 20 to 30 degrees with the horizontal.
9. Place the flask in a stirring hotplate or wrap in a heating mantle. Heat the acetone gradually to its boiling temperature (ca. 58°C).

Caution. The acetone vapor must be generated in a ventilated fume hood away from all open flames and spark sources. Alternate heating methods can be used, providing no open flame or sparks are present.
10. Mount either the whole sample filter or a wedge cut from the sample filter on a clean glass slide.

a. Cut wedges of ca. 25 percent of the filter area with a curved-blade steel surgical knife using a rocking motion to prevent tearing.

b. Place the filter or wedge, dust side up, on the slide. Static electricity will usually keep the filter on the slide until it is cleared.

c. Hold the glass slide supporting the filter approximately 1 to 2 cm from the glass tube port where the acetone vapor is escaping from the heated flask. The acetone vapor stream should cause a condensation spot on the glass slide ca. 2 to 3 cm in diameter. Move the glass slide gently in the vapor stream. The filter should clear in 2 to 5 sec. If the filter curls, distorts, or is otherwise rendered unusable, the vapor stream is probably not strong enough. Periodically wipe the outlet port with tissue to prevent liquid acetone dripping onto the filter.

d. Using the hypodermic syringe with a 22-gauge needle, place 1 to 2 drops of triacetin on the filter. Gently lower a clean 25-mm square cover slip down onto the filter at a slight angle to reduce the possibility of forming bubbles. If too many bubbles form or the amount of triacetin is insufficient, the cover slip may become detached within a few hours.

e. Glue the edges of the cover slip to the glass slide using a lacquer or nail polish.

NOTE: If clearing is slow, the slide preparation may be heated on a hotplate (surface temperature 50°C) for 15 min. to hasten clearing. Counting may proceed immediately after clearing and mounting are completed.

Calibration and Quality Control

11. Calibration of the Walton-Beecket graticule. The diameter, d (mm), of the circular counting area and the disc diameter must be specified when ordering the graticule.

a. Insert any available graticule into the eyepiece and focus so that the graticule lines are sharp and clear.

b. Set the appropriate interpupillary distance and, if applicable, reset the binocular head adjustment so that the magnification remains constant.

c. Install the 40 to 45X phase objective.
Environmental Protection Agency

§ 763.121

a. Prepare and count field blanks along with the field samples. Report the counts on each blank. Calculate the mean of the field blank counts and subtract this value from each sample count before reporting the results.

NOTE 1: The identity of the blank filters should be unknown to the counter until all counts have been completed.

NOTE 2: If a field blank yields fiber counts greater than 7 fibers/100 fields, report possible contamination of the samples.

b. Perform blind recounts by the same counter on 10 percent of filters counted (slides relabeled by a person other than the counter).

c. For fibers that cross the boundary of the graticule field, do the following:
   (1) Count any fiber longer than 5 um that lies entirely within the graticule area.
   (2) Count as ½ fiber any fiber with only one end lying within the graticule area.
§ 763.121

A. Odor Threshold Screening

1. Three 1-liter glass jars with metal lids (e.g. Mason or Bell jars) are required.

2. Odor-free water (e.g. distilled or spring water) at approximately 25°C shall be used for the solutions.

3. The isoamyl acetate (IAA) (also known as isopentyl acetate) stock solution is prepared by adding 1 cc of pure IAA to 800 cc of odor-free water in a 1-liter jar and shaking for 30 seconds. This solution shall be prepared new at least weekly.

4. The screening test shall be conducted in a room separate from the room used for actual fit testing. The two rooms shall be well ventilated but shall not be connected to the same recirculating ventilation system.

5. The odor test solution is prepared in a second jar by placing 0.4 cc of the stock solution into 500 cc of odor-free water using a clean dropper or pipette. Shake for 30 seconds and allow to stand for two to three minutes so that the IAA concentration above the liquid may reach equilibrium. This solution may be used for only one day.

6. A test blank is prepared in a third jar by adding 500 cc of odor-free water.

7. The odor test and test blank jars shall be labeled 1 and 2 for jar identification. If the labels are put on the lids they can be periodically peeled, dried off and switched to maintain the integrity of the test.

8. The following instructions shall be typed on a card and placed on the table in front of the two test subjects (i.e. 1 and 2): "The purpose of this test is to determine if you can smell banana oil at a low concentration. The two bottles in front of you contain water. One of these bottles also contains a small amount of banana oil. Be sure the covers are on tight, then shake each bottle for two seconds. Unscrew the lid of each bottle, one at a time, and sniff at the mouth of the bottle. Indicate to the test conductor which bottle contains banana oil."

9. The mixtures used in the IAA odor detection test shall be prepared in an area separate from where the test is performed, in order to prevent olfactory fatigue in the subject.

10. If the test subject is unable to identify correctly the jar containing the odor test solution, the IAA qualitative fit test may not be used.

11. If the test subject correctly identifies the jar containing the odor test solution, the test subject may proceed to respirator selection and fit testing.

B. Respirator selection

1. The test subject shall be allowed to pick the most comfortable respirator from a selection including respirators of various sizes from different manufacturers. The selection shall include at least five sizes of elastomeric half facepieces, from at least two manufacturers.

2. The selection process shall be conducted in a room separate from the fit-test chamber to prevent odor fatigue. Prior to the selection process, the test subject shall be shown how to put on a respirator, how it should be

Calculations

21. Calculate and report fiber density on the filter, E (fibers/mm²); by dividing the total fiber count, F; minus the mean field blank count, B, by the number of fields, n; and the field area, A, (0.00785 mm² for a properly calibrated Walton-Beckett graticule):

\[
E = \frac{F - B}{nA} \text{ fibers/mm}^2
\]

where:

n — number of fields in submission sample
B — number of fields in bulk sample
F — total fiber count
A — effective area of filter (e.g. 385 mm² for a 25-mm filter)

\[
C = \frac{E(A_c)}{V(10^3)}
\]

NOTE: Periodically check and adjust the value of A_c, if necessary.

APPENDIX C TO § 763.121—QUALITATIVE AND QUANTITATIVE FIT TESTING PROCEEDURES—MANDATORY

Qualitative Fit Test Protocols

1. Isoamyl Acetate Protocol

A. Odor Threshold Screening

1. Three 1-liter glass jars with metal lids (e.g. Mason or Bell jars) are required.
Environmental Protection Agency

§ 763.121

In selecting and training employees to wear respirators, the employer shall:

1. The fit test chamber shall be
   a. Clean and well ventilated.
   b. Ventilation sufficient to maintain a room contamination level of less than 0.01 PPM.
   c. Located near the area where respirator use will occur.
   d. Sealed from the rest of the building.
   e. Exhaust fan or lab hood, to prevent general room contamination.
   f. Be well ventilated, as by an exhaust fan or lab hood, to prevent general room contamination.

2. Each respirator used for the fitting and selection, and shall be well ventilated, as by an exhaust fan or lab hood, to prevent general room contamination.

3. During the course of respirator fitting and selection, the subject shall be given the opportunity to select a different facepiece and be retested if the chosen facepiece becomes increasingly uncomfortable at any time.

4. C. Fit test.

   1. The fit test chamber shall be similar to a clear 55 gallon drum liner suspended inverted over a 2 foot diameter frame, so that the top of the chamber is about 6 inches above the test subject's head. The inside top center of the chamber shall have a small hook attached.

   2. Each respirator used for the fitting and fit testing shall be equipped with organic vapor cartridges or offer protection against organic vapors. The cartridges or masks shall be changed at least weekly.

   3. After selection, donning, and properly adjusting a respirator, the test subject shall wear it to the fit testing room. This room shall be separate from the room used for odor threshold screening and respirator selection, and shall be well ventilated, as by an exhaust fan or lab hood, to prevent general room contamination.

   4. A copy of the following test exercises and rainbow passage shall be taped to the inside of the test chamber:

   Test Exercises

   i. Breathe normally.

   ii. Breathe deeply. Be certain breaths are deep and regular.

   iii. Turn head all the way from one side to the other. Inhale on each side. Be certain movement is complete. Do not bump the respirator against the shoulders.

   iv. Nod head up and down. Inhale when head is in the full up position (looking toward ceiling). Be certain motions are complete and made about every second. Do not bump the respirator on the chest.

   v. Talking. Talk aloud and slowly for several minutes. The following paragraph is called the Rainbow Passage. Reading it will result in a wide range of facial movements, and thus be useful to satisfy this requirement. Alternative passages which serve the same purpose may also be used.

   vi. Jogging in place.

   vii. Breathe normally.

Rainbow Passage. When the sunlight strikes raindrops in the air, they act like a prism and form a rainbow. The rainbow is a division of white light into many beautiful colors. These take the shape of a long round arch, with its path high above, and its two ends apparently beyond the horizon. There is, according to legend, a boiling pot of gold at one end. People look, but no one ever finds it. When a man looks for something beyond reach, his friends say he is looking for the pot of gold at the end of the rainbow.
§ 763.121

5. Each test subject shall wear the respirator for at least 10 minutes before starting the fit test.

6. Upon entering the test chamber, the test subject shall be given a 6 inch by 5 inch piece of paper towel or other porous absorbent single ply material, folded in half and wetted with three-quarters of one cc of pure IAA. The test subject shall hang the wet towel on the hook at the top of the chamber.

7. Allow two minutes for the IAA test concentration to be reached before starting the fit-test exercises. This would be an appropriate time to talk with the test subject, to explain the fit test, the importance of cooperation, the purpose for the head exercises, or to demonstrate some of the exercises.

8. Each exercise described in § 4 above shall be performed for at least one minute.

9. If at any time during the test, the subject detects the banana-like odor of IAA, the test has failed. The subject shall quickly exit from the test chamber and leave the test area to avoid olfactory fatigue.

10. If the test is failed, the subject shall return to the selection room and remove the respirator, repeat the odor sensitivity test, select and put on another respirator, return to the test chamber, and again begin the procedure described in the c(4) through c(8) above. The process continues until a respirator that fits well has been found. Should the odor sensitivity test be failed, the subject shall wait about 5 minutes before retesting. Odor sensitivity will usually have returned by this time.

11. If a person cannot pass the fit test described above wearing a half-mask respirator from the available selection, full facepiece models must be used.

12. When a respirator is found that passes the test, the subject breaks the faceseal and takes a breath before exiting the chamber. This is to assure that the reason the test subject is not smelling the IAA is the good fit of the respirator facepiece seal and not olfactory fatigue.

13. When the test subject leaves the chamber, the subject shall remove the saturated towel and return it to the person conducting the test. To keep the area from becoming contaminated, the used towels shall be kept in a self-sealing bag so there is no significant IAA concentration buildup in the test chamber during subsequent tests.

14. At least two facepieces shall be selected for the IAA test protocol. The test subject shall be given the opportunity to wear them for one week to choose the one which is more comfortable to wear.

15. Persons who have successfully passed this fit test with a half-mask respirator may be assigned the use of the test respirator in atmospheres with up to 10 times the PEL of airborne asbestos.

16. The test shall not be conducted if there is any hair growth between the skin and the facepiece sealing surface.

17. If hair growth or apparel interfere with breathing during the tests, she or he shall be referred to a physician trained in respirator diseases or pulmonary medicine to determine whether the test subject can wear a respirator while performing her or his duties.

18. If a test subject exhibits difficulty in breathing during the tests, she or he shall be referred to a physician trained in respirator diseases or pulmonary medicine to determine whether the test subject can wear a respirator while performing her or his duties.

19. Qualitative fit testing shall be repeated at least every six months.

20. In addition, because the sealing of the respirator may be affected, qualitative fit testing shall be repeated immediately when the test subject has a:

   (1) Weight change of 20 pounds or more,
   (2) Significant facial scarring in the area of the facepiece seal.
   (3) Significant dental changes; i.e., multiple extractions without prosthesis, or acquiring dentures.
   (4) Reconstructive or cosmetic surgery, or any other condition that may interfere with facepiece sealing.
   (5) Testing agent.

D. Recordkeeping. A summary of all test results shall be maintained in each office for 3 years. The summary shall include:

(1) Name of test subject.
(2) Date of testing.
(3) Name of the test conductor.
(4) Respirators selected (indicate manufacturer, model, size and approval number).
(5) Testing agent.

II. Saccharin Solution Aerosol Protocol

A. Respirator selection. Respirators shall be selected as described in section 1B (respirator selection) above, except that each respirator shall be equipped with a particulate filter.

B. Taste threshold screening. 1. An enclosure about head and shoulders shall be used for threshold screening (to determine if the individual can taste saccharin) and for fit testing. The enclosure shall be approximately 12 inches in diameter by 14 inches tall with at least the front clear to allow free movement of the head when a respirator is worn.

2. The test enclosure shall have a three-quarter inch hole in front of the test subject’s nose and mouth area to accommodate the nebulizer nozzle.

3. The entire screening and testing procedure shall be explained to the test subject prior to conducting the screening test.

4. During the threshold screening test, the test subject shall don the test enclosure and
breathe with mouth open with tongue extended.

5. Using a DeVilbiss Model 40 Inhalation Medication Nebulizer or equivalent, the test conductor shall spray the threshold check solution into the enclosure. This nebulizer shall be clearly marked to distinguish it from the fit test solution nebulizer.

6. The threshold check solution consists of 0.83 gram of sodium saccharin, USP in water. It can be prepared by putting 1 cc of the test solution (see C.7 below) in 100 cc of water.

7. To produce the aerosol, the nebulizer bulb is firmly squeezed so that it collapses completely, then is released and allowed to expand fully.

8. Ten squeezes of the nebulizer bulb are repeated rapidly and then the test subject is asked whether the saccharin can be tasted.

9. If the first response is negative, ten more squeezes of the nebulizer bulb are repeated rapidly and the test subject is again asked whether the saccharin can be tasted.

10. If the second response is negative, ten more squeezes are repeated rapidly and the test subject is again asked whether the saccharin can be tasted.

11. The test conductor will take note of the number of squeezes required to elicit a taste response.

12. If the saccharin is not tasted after 30 squeezes (Step 10), the saccharin fit test cannot be performed on the test subject.

13. If a taste response is elicited, the test subject shall be asked to take note of the taste for reference in the fit test.

14. Correct use of the nebulizer means that the test subject shall allow the use of the half mask test conductor, if at any time during the fit test, the taste of saccharin is detected.

15. If the saccharin is detected, the fit is deemed unsatisfactory and a different respirator shall be tried.

Environmental Protection Agency § 763.121

8. As before, the test subject shall breathe with mouth open and tongue extended.

9. The nebulizer is inserted into the hole in the front of the enclosure and the fit test solution is sprayed into the enclosure using the same technique as for the taste threshold screening and the same number of squeezes required to elicit a taste response in the screening. (See B.8 through B.10 above).

10. After generation of the aerosol, read the following instructions to the test subject. The test subject shall perform the exercises for one minute each.

i. Breathe normally.

ii. Breathe deeply. Be certain breaths are deep and regular.

iii. Turn head all the way from one side to the other. Be certain movement is complete.

iv. Nod head up-and-down. Be certain motions are complete. Inhale when head is in the full up position (when looking toward the ceiling). Do not bump the respirator on the chest.

v. Talking. Talk aloud and slowly for several minutes. The following paragraph is called the Rainbow Passage. Reading it will result in a wide range of facial movements, and thus be useful to satisfy this requirement. Alternative passages which serve the same purpose may also be used.

Rainbow Passage. When the sunlight strikes raindrops in the air, they act like a prism and form a rainbow. The rainbow is a division of white light into many beautiful colors. These take the shape of a long round arch, with its path high above, and its two ends apparently beyond the horizon. There is, according to legend, a boiling pot of gold at one end. People look, but no one ever finds it. When a man looks for something beyond his reach, his friends say he is looking for the pot of gold at the end of the rainbow.

vi. Jogging in place.

vii. Breathe normally.

11. At the beginning of each exercise, the aerosol concentration shall be replenished using one-half the number of squeezes as initially described in C.9.

12. The test subject shall indicate to the test conductor, if at any time during the fit test, the taste of saccharin is detected.

13. If the saccharin is detected, the fit is deemed unsatisfactory and a different respirator shall be tried.

14. At least two facepieces shall be selected by the saccharin solution aerosol test protocol. The test subject shall be given the opportunity to wear them for one week to choose the one which is more comfortable to wear.

15. Successful completion of the test protocol shall allow the use of the half mask tested respirator in contaminated atmospheres up to 10 times the PEL of asbestos. In other
words this protocol may be used to assign protection factors no higher than ten.

16. The test shall not be conducted if there is any hair growth between the skin and the facepiece sealing surface.

17. If hair growth or apparel interfere with a satisfactory fit, then they shall be altered or removed so as to eliminate interference and allow a satisfactory fit. If a satisfactory fit is still not attained, the test subject must use a positive-pressure respirator such as powered air-purifying respirators, supplied air respirator, or self-contained breathing apparatus.

18. If a test subject exhibits difficulty in breathing during the tests, she or he shall be referred to a physician trained in respiratory diseases or pulmonary medicine to determine whether the test subject can wear a respirator while performing her or his duties.

19. Qualitative fit testing shall be repeated at least every six months.

20. In addition, because the sealing of the respirator may be affected, qualitative fit testing shall be repeated immediately when the test subject has a:

   (1) Weight change of 20 pounds or more.
   (2) Significant facial scarring in the area of the facepiece seal.
   (3) Significant dental changes; i.e., multiple extractions without prosthesis, or acquiring dentures.
   (4) Reconstructive or cosmetic surgery, or significant facial scarring in the area of the facepiece sealing.
   (5) Any other condition that may interfere with facepiece sealing.

D. Recordkeeping. A summary of all test results shall be maintained in each office for 3 years. The summary shall include:

   (1) Name of test subject.
   (2) Date of testing.
   (3) Name of test conductor.
   (4) Respirators selected (indicate manufacturer, model, size and approval number).
   (5) Testing agent.

III. Irritant Fume Protocol

A. Respirator selection. Respirators shall be selected as described in section 1B above, except that each respirator shall be equipped with a high-efficiency cartridge.

B. Fit test. 1. The test subject shall be allowed to smell a weak concentration of the irritant smoke to familiarize the subject with the characteristic odor.

2. The test subject shall properly don the respirator selected as above, and wear it for at least 10 minutes before starting the fit test.

3. The test conductor shall review this protocol with the test subject before testing.

4. The test subject shall perform the conventional positive pressure and negative pressure fit checks (see ANSI Z88.2 1980). Failure of either check shall be cause to select an alternate respirator.

5. Break both ends of a ventilation smoke tube containing stannic oxychloride, such as the MSA part #5645, or equivalent. Attach a short length of tubing to one end of the smoke tube. Attach the other end of the smoke tube to a low pressure air pump set to deliver 200 milliliters per minute.

6. Advise the test subject that the smoke can be irritating to the eyes and instruct the subject to keep the eyes closed while the test is performed.

7. The test conductor shall direct the stream of irritant smoke from the tube towards the face seal area of the test subject. The person conducting the test shall begin with the tube at least 12 inches from the facepiece and gradually move to within one inch, moving around the whole perimeter of the mask.

8. The test subject shall be instructed to do the following exercises while the respirator is being challenged by the smoke. Each exercise shall be performed for one minute.

   i. Breathe normally.

   ii. Breathe deeply. Be certain breaths are deep and regular.

   iii. Turn head all the way from one side to the other. Be certain movement is complete.

   iv. Nod head up-and-down. Be certain motions are complete and made every second.

   v. Talking. Talk aloud and slowly for several minutes. The following paragraph is called the Rainbow Passage. Repeating it after the test conductor (keeping eyes closed) will result in a wide range of facial movements, and thus be useful to satisfy this requirement. Alternative passages which serve the same purpose may also be used.

   Rainbow Passage. When the sunlight strikes raindrops in the air, they act like a prism and form a rainbow. The rainbow is a division of white light into many beautiful colors. These take the shape of a long round arch, with its path high above, and its two ends apparently beyond the horizon. There is, according to legend, a boiling pot of gold at one end. People look, but no one ever finds it. When a man looks for something beyond his reach, his friends say he is looking for the pot of gold at the end of the rainbow.

   vi. Jogging in place.

   vii. Breathe normally.

9. The test subject shall indicate to the test conductor if the irritant smoke is detected. If smoke is detected, the test conductor shall stop the test. In this case, the tested respirator is rejected and another respirator shall be selected.

10. Each test subject passing the smoke test (i.e. without detecting the smoke) shall be given a sensitivity check of smoke from
Quantitative Fit Test Procedures

1. General

a. The method applies to the negative-pressure nonpowered air-purifying respirators only.

b. The employer shall assign one individual who shall assume the full responsibility for implementing the respirator quantitative fit test program.

2. Definitions

a. “Quantitative Fit Test” means the measurement of the effectiveness of a respirator seal in excluding the ambient atmosphere. The test is performed by dividing the measured concentration of challenge agent in a test chamber by the measured concentration of the challenge agent inside the respirator facepiece when the normal air purifying element has been replaced by an essentially perfect purifying element.

b. “Challenge Agent” means the air contaminant introduced into a test chamber so that its concentration inside and outside the respirator may be compared.

c. “Test Subject” means the person wearing the respirator for quantitative fit testing.

d. “Normal Standing Position” means standing erect and straight with arms down along the sides and looking straight ahead.

e. “Fit Factor” means the ratio of challenge agent concentration outside with respect to the inside of a respirator inlet covering (facepiece or enclosure).

3. Apparatus

a. Instrumentation. Corn oil, sodium chloride or other appropriate aerosol generation, dilution, and measurement systems shall be used for quantitative fit test.

b. Test chamber. The test chamber shall be large enough to permit all test subjects to perform freely all required exercises without distributing the challenge agent concentration or the measurement apparatus. The test chamber shall be equipped and constructed so that the challenge agent is effectively isolated from the ambient air yet uniform in concentration throughout the chamber.

c. When testing air-purifying respirators, the normal filter or cartridge element shall be replaced with a high-efficiency particulate filter supplied by the same manufacturer.

d. The sampling instrument shall be selected so that a strip chart record may be made of the test showing the rise and fall of challenge agent concentration with each inspiration and expiration at fit factors of at least 2,000.

e. The combination of substitute air-purifying elements (if any), challenge agent, and challenge agent concentration in the test chamber shall be such that the test subject is not exposed in excess of PEL to the challenge agent at any time during the testing process.

f. The sampling port on the test specimen respirator shall be placed and constructed so that there is no detectable leak around the
§ 763.121

40 CFR Ch. I (7-1-96 Edition)

port, a free air flow is allowed into the sampling line at all times and so there is no interference with the fit or performance of the respirator.

g. The test chamber and test set-up shall permit the person administering the test to observe one test subject inside the chamber during the test.

h. The equipment generating the challenge atmosphere shall maintain the concentration of challenge agent constant within a 10 percent variation for the duration of the test.

i. The time lag (interval between an event and its being recorded on the strip chart) of the instrumentation may not exceed 2 seconds.

j. The tubing for the test chamber atmosphere and for the respirator sampling port shall be the same diameter, length and material. It shall be kept as short as possible. The smallest diameter tubing recommended by the manufacturer shall be used.

k. The exhaust flow from the test chamber shall pass through a high-efficiency filter before release to the room.

l. When sodium chloride aerosol is used, the relative humidity inside the test chamber shall not exceed 50 percent.

m. Overtightened for testing. The straps shall be adjusted by the wearer to give a reasonably comfortable fit typical of normal use.

4. Procedural Requirements

a. The fitting of half-mask respirators should be started with those having multiple sizes and a variety of interchangeable cartridges and canisters such as the MSA Comfo II-M, North M, Survivair M, A-O M, or Scott-M. Use either of the tests outlined below to assure that the facepiece is properly adjusted.

(1) Positive pressure test. With the exhaust port(s) blocked, the negative pressure of slight inhalation should remain constant for several seconds.

(2) Negative pressure test. With the intake port(s) blocked, the negative pressure of slight inhalation should remain constant for several seconds.

b. After a facepiece is adjusted, the test subject shall wear the facepiece for at least 5 minutes before conducting a qualitative test by using either of the methods described below and using the exercise regime described in s.a., b., c., d. and e.

(1) ISOAMYL ACETATE TEST. When using organic vapor cartridges, the test subject who can smell the odor should be unable to detect the odor of isoamyl acetate squirted into the air near the most vulnerable portions of the facepiece seal. In a location which is separated from the test area, the test subject shall be instructed to close her/his eyes during the test period. A combination of cartridge or canister with organic vapor and high-efficiency filters shall be used when available for the particular mask being tested. The test subject shall be given an opportunity to smell the odor of isoamyl acetate before the test is conducted.

(2) IRRITANT FUME TEST. When using high-efficiency filters, the test subject should be unable to detect the odor of irritant fume (stannic chloride or titanium tetrachloride ventilation smoke tubes) squirted into the air near the most vulnerable portions of the facepiece seal. The test subject shall be instructed to close her/his eyes during the test period.

c. The test subject may enter the quantitative testing chamber only if she or he has obtained a satisfactory fit as stated in 4.b. of this Appendix.

d. Before the subject enters the test chamber, a reasonably stable challenge agent concentration shall be measured in the test chamber.

e. Immediately after the subject enters the test chamber, the challenge agent concentration inside the respirator shall be measured to ensure that the peak penetration does not exceed 5 percent for a half-mask and 1 percent for a full facepiece.

f. A stable challenge agent concentration shall be obtained prior to the actual start of testing.

g. Respirator restraining straps may not be overtightened for testing. The straps shall be adjusted by the wearer to give a reasonably comfortable fit typical of normal use.

5. Exercise Regime

Prior to entering the test chamber, the test subject shall be given complete instructions as to her/his part in the test procedures. The test subject shall perform the following exercises, in the order given, for each independent test.

a. Normal Breathing (NB). In the normal standing position, without talking, the subject shall breathe normally for at least one minute pausing so as not to hyperventilate.

b. Deep Breathing (DB). In the normal standing position the subject shall do deep breathing for at least one minute pausing so as not to hyperventilate.

c. Turning head side to side (SS). Standing in place the subject shall slowly turn his/her head from side to side between the extreme positions to each side. The head shall be held at each extreme position for at least 5 seconds. Perform for at least three complete cycles.

d. Moving head up and down (UD). Standing in place, the subject shall slowly move his/her head up and down between the extreme position straight down. The head shall be held at each extreme position for at least 5 seconds. Perform for at least three complete cycles.

e. Reading (R). The subject (keeping eyes closed) shall repeat after the test conductor or the ‘rainbow passage’ at the end of this section. The subject shall talk slowly aloud so as to be heard clearly by the test conductor or monitor.
Environmental Protection Agency

§ 763.121

f. Grimace (G). The test subject shall grimace, smile, frown, and generally contort the face using the facial muscles. Continue for at least 15 seconds.
g. Bend over and touch toes (B). The test subject shall bend at the waist and touch toes and return to upright position. Repeat for at least 30 seconds.
h. Jogging in place (J). The test subject shall jog in place for at least 30 seconds.
i. Normal Breathing (NB). Same as exercise a.

Rainbow Passage. When the sunlight strikes raindrops in the air, they act like a prism and form a rainbow. The rainbow is a division of white light into many beautiful colors. These take the shape of a long round arch, with its path high above, and its two ends apparently beyond the horizon. There is, according to legend, a boiling pot of gold at one end. People look, but no one ever finds it. When a man looks for something beyond reach, his friends say he is looking for the pot of gold at the end of the rainbow.

6. Termination of Test

The test shall be terminated whenever any single peak penetration exceeds 5 percent for halfmasks and 1 percent for full facepieces. The test subject may be refitted and retested. If two of the three required tests are terminated, the fit shall be deemed inadequate.

7. Calculation of Fit Factors

a. The fit factor determined by the quantitative fit test equals the average concentration inside the respirator.
b. The average test chamber concentration is the arithmetic average of the test chamber concentration at the beginning and the end of the test.
c. The average peak concentration of the challenge agent inside the respirator shall be the arithmetic average of the peak concentrations for each of the nine exercises of the test which are computed as the arithmetic average of the peak concentrations found for each breath during the exercise.
d. The average peak concentration for an exercise may be determined graphically if there is not a great variation in the peak concentrations during a single exercise.

8. Interpretation of Test Results

The fit factor measured by the quantitative fit testing shall be the lowest of the three protection factors resulting from three independent tests.

9. Other Requirements

a. The test subject shall not be permitted to wear a halfmask or full facepiece mask if the minimum fit factor of 100 or 1,000, respectively, cannot be obtained. If hair growth or apparel interfere with a satisfactory fit, then they shall be altered or removed so as to eliminate interference and allow a satisfactory fit. If a satisfactory fit is still not attained, the test subject must use a positive-pressure respirator such as powered air-purifying respirators, supplied air respirator, or self-contained breathing apparatus.
b. The test shall not be conducted if there is any hair growth between the skin and the facepiece sealing surface.
c. If a test subject exhibits difficulty in breathing during the tests, she or he shall be referred to a physician trained in respirator diseases or pulmonary medicine to determine whether the test subject can wear a respirator while performing her or his duties.
d. The test subject shall be given the opportunity to wear the assigned respirator for one week. If the respirator does not provide a satisfactory fit during actual use, the test subject may request another QNFT which shall be performed immediately.
e. A respirator fit factor card shall be issued to the test subject with the following information:

(1) Name.
(2) Date of fit test.
(3) Protection factors obtained through each manufacturer, model and approval number of respirator tested.
(4) Name and signature of the person that conducted the test.
f. Filters used for qualitative or quantitative fit testing shall be replaced weekly, whenever increased breathing resistance is encountered, or when the test agent has altered the integrity of the filter media. Organic vapor cartridges/canisters shall be replaced daily or sooner if there is any indication of breakthrough by the test agent.

10. Retesting

In addition, because the sealing of the respirator may be affected, quantitative fit testing shall be repeated immediately when the test subject has:

a. Weight change of 20 pounds or more,
b. Significant facial scarring in the area of the facepiece seal,
c. Significant dental changes; i.e., multiple extractions without prosthesis, or acquiring dentures,
d. Reconstructive or cosmetic surgery, or

Any other condition that may interfere with facepiece sealing.

11. Recordkeeping

A summary of all test results shall be maintained for 3 years. The summary shall include:

a. Name of test subject.
b. Date of testing.
c. Name of the test conductor.
d. Fit factors obtained from every respirator tested (indicate manufacturer, model, size and approval number).
This mandatory appendix contains the medical questionnaires that must be administered to all employees who are exposed to asbestos above the action level, and who will therefore be included in their employer's medical surveillance program. Part 1 of the appendix contains the Initial Medical Questionnaire, which must be obtained for all new hires who will be covered by the medical surveillance requirements. Part 2 includes the abbreviated Periodical Medical Questionnaire, which must be administered to all employees who are provided periodic medical examinations under the medical surveillance provisions of the standard.
Environmental Protection Agency § 763.121

Part I
INITIAL MEDICAL QUESTIONNAIRE

1. NAME __________________________________________

2. SOCIAL SECURITY # ____________ ____________ ____________

3. CLOCK NUMBER __ __ __ __ __ __ __ __ __ __ __ __ __

4. PRESENT OCCUPATION __________________________________

5. PLANT __________________________________________

6. ADDRESS __________________________________________

7. ______________________________________________________ (Zip Code)

8. TELEPHONE NUMBER __________________________________

9. INTERVIEWER ________________________________________

10. DATE __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __

11. Date of Birth
Month Day Year __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __ __

12. Place of Birth ________________________________________

13. Sex
1. Male __
2. Female __

14. What is your marital status?
1. Single __
2. Married __
3. Widowed __
4. Separated/Divorced __

15. Race
1. White __
2. Black __
3. Asian __
4. Hispanic __
5. Indian __
6. Other __

16. What is the highest grade completed in school?
(For example 12 years is completion of high school)

17A. Have you ever worked full time (30 hours per week or more) for 6 months or more?
1. Yes __
2. No __

IF YES TO 17A:

B. Have you ever worked for a year or more in any dusty job?
1. Yes __
2. No __
3. Does Not Apply __
§ 763.121

Specify job/industry ________________________ Total Years Worked __


C. Have you even been exposed to gas or chemical fumes in your work? 1. Yes ___ 2. No ___
Specify job/industry ________________________ Total Years Worked ___


D. What has been your usual occupation or job—the one you have worked at the longest?
1. Job occupation ___________________________________________
2. Number of years employed in this occupation __________________
3. Position/job title __________________________________________
4. Business, field or industry __________________________________

(Record on lines the years in which you have worked in any of these industries, e.g., 1960–1969).

Have you ever worked:

<table>
<thead>
<tr>
<th>E. In a mine?</th>
<th>F. In a quarry?</th>
<th>G. In a foundry?</th>
<th>H. In a pottery?</th>
<th>I. In a cotton, flax or hemp mill?</th>
<th>J. With asbestos, tremolite, anthophyllite, or actinolite?</th>
</tr>
</thead>
<tbody>
<tr>
<td>YES</td>
<td>NO</td>
<td>YES</td>
<td>NO</td>
<td>YES</td>
<td>NO</td>
</tr>
</tbody>
</table>

18. PAST MEDICAL HISTORY

YES | NO

A. Do you consider yourself to be in good health? YES | NO

If "NO" state reason __________________________________________
Environmental Protection Agency  § 763.121

B. Have you any defect of vision?..............  ☐  ☐

If "YES" state nature of defect______________________________

C. Have you any hearing defect?.....................  ☐  ☐

If "YES" state nature of defect______________________________

D. Are you suffering from or have you ever suffered from:
   a. Epilepsy (or fits, seizures, convulsions)?  ☐  ☐
   b. Rheumatic fever?  ☐  ☐
   c. Kidney disease?  ☐  ☐
   d. Bladder disease?  ☐  ☐
   e. Diabetes?  ☐  ☐
   f. Jaundice?  ☐  ☐

19. CHEST COLDS AND CHEST ILLNESSES

19A. If you get a cold, does it usually go to your 1. Yes  2. No chest?  (Usually means more than 1/2 the time) 3. Don't get colds

20A. During the past 3 years, have you had any chest 1. Yes  2. No illnesses that have kept you off work, indoors at home, or in bed?

   IF YES TO 20A:

   B. Did you produce phlegm with any of these chest 1. Yes  2. No illness?  3. Does not apply

   C. In the last 3 years, how many illnesses with (increased) phlegm did you have which lasted a week or more?  
      Number of illnesses  
      No such illnesses  

21. Did you have any lung trouble before the age of 16? 1. Yes  2. No

22. Have you ever had any of the following?  

   1A. Attacks of bronchitis? 1. Yes  2. No
§ 763.121

IF YES TO 1A:

B. Was it confirmed by a doctor?
   1. Yes __  2. No __  3. Does not apply __

C. At what age was your first attack?
   Age in Years __
   Does not apply __

2A. Pneumonia (including bronchopneumonia)?
   1. Yes __  2. No __

   IF YES TO 2A:
   B. Was it confirmed by a doctor?
      1. Yes __  2. No __  3. Does not apply __

   C. At what age did you first have it?
      Age in Years __
      Does not apply __

3A. Hay Fever?
   1. Yes __  2. No __

   IF YES TO 3A:
   B. Was it confirmed by a doctor?
      1. Yes __  2. No __  3. Does not apply __

   C. At what age did it start?
      Age in Years __
      Does not apply __

23A. Have you ever had chronic bronchitis?
   1. Yes __  2. No __

   IF YES TO 23A:
   B. Do you still have it?
      1. Yes __  2. No __  3. Does not apply __

   C. Was it confirmed by a doctor?
      1. Yes __  2. No __  3. Does not apply __

   D. At what age did it start?
      Age in Years __
      Does not apply __

24A. Have you ever had emphysema?
   1. Yes __  2. No __

   IF YES TO 24A:
   B. Do you still have it?
      1. Yes __  2. No __  3. Does not apply __

   C. Was it confirmed by a doctor?
      1. Yes __  2. No __  3. Does not apply __

   D. At what age did it start?
      Age in Years __
      Does not apply __

25A. Have you ever had asthma?
   1. Yes __  2. No __

   IF YES TO 25A:
   B. Do you still have it?
      1. Yes __  2. No __  3. Does not apply __

   C. Was it confirmed by a doctor?
      1. Yes __  2. No __  3. Does not apply __

   D. At what age did it start?
      Age in Years __
      Does not apply __
Environmental Protection Agency

§ 763.121

E. If you no longer have it, at what age did it stop?  
   Age Stopped ___  Does Not Apply ___

26. Have you ever had:
   A. Any other chest illness?  
      If yes, please specify ____________________________  
      1. Yes ___  2. No ___
   B. Any chest operations?  
      If yes, please specify ____________________________  
      1. Yes ___  2. No ___
   C. Any chest injuries?  
      If yes, please specify ____________________________  
      1. Yes ___  2. No ___

27A. Has a doctor ever told you that you had heart trouble?  
   1. Yes ___  2. No ___

   IF YES TO 27A:
   B. Have you ever had treatment for heart trouble in the past 10 years?  
      1. Yes ___  2. No ___  3. Does Not Apply ___

28A. Has a doctor ever told you that you had high blood pressure?  
   1. Yes ___  2. No ___

   IF YES TO 28A:
   B. Have you had any treatment for high blood pressure (hypertension) in the past 10 years?  
      1. Yes ___  2. No ___  3. Does Not Apply ___

29. When did you last have your chest X-rayed? (Year) __ __ __ __

30. Where did you last have your chest X-rayed (if known) ____________________________

   What was the outcome? ____________________________

FAMILY HISTORY

31. Were either of your natural parents ever told by a doctor that they had a chronic lung condition such as:

   1. Yes  2. No  3. Don't Know  1. Yes  2. No  3. Don't Know

   A. Chronic Bronchitis?  
      ____  ____  ____

   B. Emphysema?  
      ____  ____  ____

   C. Asthma?  
      ____  ____  ____
§ 763.121

<table>
<thead>
<tr>
<th>Father</th>
<th>Mother</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Yes</td>
<td>1. Yes</td>
</tr>
<tr>
<td>2. No</td>
<td>2. No</td>
</tr>
<tr>
<td>3. Don't Know</td>
<td>3. Don't Know</td>
</tr>
</tbody>
</table>

D. Lung cancer?  
E. Other chest conditions  
F. Is parent currently alive?  
G. Please Specify  
   - Age if Living  
   - Age at Death  
   - Don't Know  
H. Please specify cause of death

COUGH

32A. Do you usually have cough? (Count a cough with first smoke or on first going out of doors. Exclude clearing of throat.)  
   1. Yes  
   2. No

B. Do you usually cough as much as 4 or more days a week?  
   1. Yes  
   2. No

C. Do you usually cough all on getting up or first thing in the morning?  
   1. Yes  
   2. No

D. Do you usually cough all during the rest of the day or at night?  
   1. Yes  
   2. No

IF YES TO ANY OF ABOV (32A, B, C, OR D), ANSWER THE FOLLOWING. IF NO TO ALL, CHECK DOES NOT APPLY AND SKIP TO NEXT PAGE

E. Do you usually cough like this on most days for 3 consecutive months or more during the year?  
   1. Yes  
   2. No  
   3. Does not apply

F. For how many years have you had the cough?  
   Number of Years  
   Does not apply

33A. Do you usually bring up phlegm from your chest? (Count phlegm with the first smoke or on first going out of doors. Exclude phlegm from the nose. Count swallowed phlegm.)  
   1. Yes  
   2. No

B. Do you usually bring up phlegm like this as much as twice a day or more days out of the week?  
   1. Yes  
   2. No

C. Do you usually bring up phlegm at all on getting up or first thing in the morning?  
   1. Yes  
   2. No
**Environmental Protection Agency**

### § 763.121

<table>
<thead>
<tr>
<th>Question</th>
<th>1. Yes</th>
<th>2. No</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>D.</strong> Do you usually bring up phlegm at all during the rest of the day or at night?</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>E.</strong> Do you bring up phlegm like this on most days for 3 consecutive months or more during the year?</td>
<td>1. Yes</td>
<td>2. No</td>
</tr>
<tr>
<td><strong>F.</strong> For how many years have you had trouble with phlegm?</td>
<td>Number of years</td>
<td>Does not apply</td>
</tr>
</tbody>
</table>

#### EPISODES OF COUGH AND PHLEGIM

<table>
<thead>
<tr>
<th>Question</th>
<th>1. Yes</th>
<th>2. No</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>34A.</strong> Have you had periods of episodes of increased* cough and phlegm lasting for 3 weeks or more each year? <em>(For persons who usually have cough and/or phlegm)</em></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>B.</strong> For how long have you had at least 1 such episode per year?</td>
<td>Number of years</td>
<td>Does not apply</td>
</tr>
</tbody>
</table>

#### WHEEZING

<table>
<thead>
<tr>
<th>Question</th>
<th>1. Yes</th>
<th>2. No</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>35A.</strong> Does your chest ever sound wheezy or whistling</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. When you have a cold?</td>
<td>1. Yes</td>
<td>2. No</td>
</tr>
<tr>
<td>2. Occasionally apart from colds?</td>
<td>1. Yes</td>
<td>2. No</td>
</tr>
<tr>
<td>3. Most days or nights?</td>
<td>1. Yes</td>
<td>2. No</td>
</tr>
<tr>
<td><strong>B.</strong> For how many years has this been present?</td>
<td>Number of years</td>
<td>Does not apply</td>
</tr>
<tr>
<td><strong>36A.</strong> Have you ever had an attack of wheezing that has made you feel short of breath?</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>B.</strong> How old were you when you had your first such attack?</td>
<td>Age in years</td>
<td>Does not apply</td>
</tr>
<tr>
<td><strong>C.</strong> Have you had 2 or more such episodes?</td>
<td>1. Yes</td>
<td>2. No</td>
</tr>
<tr>
<td><strong>D.</strong> Have you ever required medicine or treatment for these attack(s)?</td>
<td>1. Yes</td>
<td>2. No</td>
</tr>
<tr>
<td><strong>E.</strong> Do you still require medicine or treatment for these attack(s)?</td>
<td>1. Yes</td>
<td>2. No</td>
</tr>
<tr>
<td><strong>F.</strong> For how many years have you had trouble with wheezing?</td>
<td>Number of years</td>
<td>Does not apply</td>
</tr>
</tbody>
</table>
### § 763.121

**BREATHELESSNESS**

37. If disabled from walking by any condition other than heart or lung disease, please describe and proceed to question 39A.

<table>
<thead>
<tr>
<th>Nature of condition(s)</th>
</tr>
</thead>
</table>

38A. Are you troubled by shortness of breath when hurrying on the level or walking up a slight hill?

<table>
<thead>
<tr>
<th>1. Yes</th>
<th>2. No</th>
</tr>
</thead>
</table>

**IF YES TO 38 A**

B. Do you have to walk slower than people of your age on the level because of breathlessness?

<table>
<thead>
<tr>
<th>1. Yes</th>
<th>2. No</th>
</tr>
</thead>
</table>

C. Do you ever have to step for breath when walking at your own pace on the level?

<table>
<thead>
<tr>
<th>1. Yes</th>
<th>2. No</th>
</tr>
</thead>
</table>

D. Do you ever have to stop for breath after walking about 100 yards (or after a few minutes) on the level?

<table>
<thead>
<tr>
<th>1. Yes</th>
<th>2. No</th>
</tr>
</thead>
</table>

E. Are you too breathless to leave the house or breathless on dressing or climbing one flight of stairs?

<table>
<thead>
<tr>
<th>1. Yes</th>
<th>2. No</th>
</tr>
</thead>
</table>

**TOBACCO SMOKING**

39A. Have you ever smoked cigarettes? (No means less than 20 packs of cigarettes or 12 oz. of tobacco in a lifetime or less than 1 cigarette a day for 1 year).

<table>
<thead>
<tr>
<th>1. Yes</th>
<th>2. No</th>
</tr>
</thead>
</table>

**IF YES TO 39A**

B. Do you now smoke cigarettes (as of one months ago)?

<table>
<thead>
<tr>
<th>1. Yes</th>
<th>2. No</th>
</tr>
</thead>
</table>

C. How old were you when you first started regular cigarette smoking?

<table>
<thead>
<tr>
<th>Age in years</th>
<th>Does not apply</th>
</tr>
</thead>
</table>

D. If you have stopped smoking cigarettes completely, how old were you when you stopped?

<table>
<thead>
<tr>
<th>Age stopped</th>
<th>Check if still smoking</th>
<th>Does not apply</th>
</tr>
</thead>
</table>

E. How many cigarettes do you smoke per day now?

<table>
<thead>
<tr>
<th>Cigarettes per day</th>
<th>Does not apply</th>
</tr>
</thead>
</table>

F. On the average of the entire time you smoked, how many cigarettes did you smoke per day?

<table>
<thead>
<tr>
<th>Cigarettes per day</th>
<th>Does not apply</th>
</tr>
</thead>
</table>
### Environmental Protection Agency § 763.121

**G.** Do or did you inhale the cigarette smoke?
1. Does not apply
2. Not at all
3. Slightly
4. Moderately
5. Deeply

**40A.** Have you ever smoked a pipe regularly?
(Yes means more than 12 oz. of tobacco in a lifetime.)
1. Yes
2. No

**IF YES TO 40A:**

**FOR PERSONS WHO HAVE EVER SMOKED A PIPE**

**B.** 1. How old were you when you started to smoke a pipe regularly?
   Age __
   2. If you have stopped smoking a pipe completely, how old were you when you stopped?
   Age stopped
   Check if still smoking a pipe
   Does not apply __

**C.** On the average over the entire time you smoked a pipe, how much pipe tobacco did you smoke per week?
   oz. per week (a standard pouch of tobacco contains 1 1/2 oz.)
   Does not apply __

**D.** How much pipe tobacco are you smoking now?
   oz. per week
   Not currently smoking a pipe __

**E.** Do you or did you inhale the pipe smoke?
1. Never smoked
2. Not at all
3. Slightly
4. Moderately
5. Deeply

**41A.** Have you ever smoked cigars regularly?
(Yes means more than 1 cigar a week for a year)
1. Yes
2. No

**IF YES TO 41A:**

**FOR PERSONS WHO HAVE EVER SMOKED CIGARS**

**B.** 1. How old were you when you started smoking cigars regularly?
   Age __
   2. If you have stopped smoking cigars completely, how old were you when you stopped?
   Age stopped
   Check if still smoking cigars
   Does not apply __

**C.** On the average over the entire time you smoked cigars, how many cigars did you smoke per week?
   Cigars per week
   Does not apply __
§ 763.121

D. How many cigars are you smoking per week now?

<table>
<thead>
<tr>
<th>Cigars per week</th>
<th>Check if not smoking cigars currently</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

E. Do or did you inhale the cigar smoke?

1. Never smoked
2. Not at all
3. Slightly
4. Moderately
5. Deeply

Signature ___________________________ Date ___________________
### PERIODIC MEDICAL QUESTIONNAIRE

1. **NAME**

2. **SOCIAL SECURITY #**

3. **CLOCK NUMBER**

4. **PRESENT OCCUPATION**

5. **PLANT**

6. **ADDRESS**

7. **(Zip Code)**

8. **TELEPHONE NUMBER**

9. **INTERVIEWER**

10. **DATE**

11. What is your marital status?
   1. Single
   2. Married
   3. Widowed
   4. Separated/

12. **OCCUPATIONAL HISTORY**

   **12A. In the past year, did you work full time (30 hours per week or more) for 6 months or more?**
   1. Yes
   2. No

   **12B. IF YES TO 12A:**
   In the past year, did you work in a dusty job?
   1. Yes
   2. No
   3. Does not apply

   **12C. Was dust exposure:**
   1. Mild
   2. Moderate
   3. Severe

   **12D. In the past year, were you exposed to gas or chemical fumes in your work?**
   1. Yes
   2. No

   **12E. Was exposure:**
   1. Mild
   2. Moderate
   3. Severe

   **12F. In the past year, what was your:**
   1. Job/occupation?
   2. Position/job title?
§ 763.121

13. RECENT MEDICAL HISTORY

13A. Do you consider yourself to be in good health? Yes _____ No _____

If NO, state reason: __________________________________________________________

13B. In the past year, have you developed: Yes _____ No ____

- Epilepsy? _____ _____
- Rheumatic fever? _____ _____
- Kidney disease? _____ _____
- Bladder disease? _____ _____
- Diabetes? _____ _____
- Jaundice? _____ _____
- Cancer? _____ _____

14. CHEST COLDs AND CHEST ILLNESSES

14A. If you get a cold, does it usually go to your chest?
(Usually means more than 1/2 the time)

1. Yes _____ No _____
2. Don't get colds _____

15A. During the past year, have you had any chest illnesses that have kept you off work, indoors at home, or in bed?

1. Yes _____ 2. No _____
3. Does not apply _____

If YES to 15A:

15B. Did you produce phlegm with any of these chest illnesses?

1. Yes _____ 2. No _____
3. Does not apply _____

15C. In the past year, how many such illnesses with (increased) phlegm did you have which lasted a week or more?

Number of illnesses _____
No such illnesses _____

16. RESPIRATORY SYSTEM

In the past year have you had:

Yes or No Further Comment on Positive Answers

- Asthma ______
- Bronchitis ______
- Hay Fever ______
- Other Allergies ______
### Environmental Protection Agency § 763.121

<table>
<thead>
<tr>
<th>Yes or No</th>
<th>Further Comment on Positive Answers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pneumonia</td>
<td></td>
</tr>
<tr>
<td>Tuberculosis</td>
<td></td>
</tr>
<tr>
<td>Chest Surgery</td>
<td></td>
</tr>
<tr>
<td>Other Lung Problems</td>
<td></td>
</tr>
<tr>
<td>Heart Disease</td>
<td></td>
</tr>
<tr>
<td>Do you have:</td>
<td></td>
</tr>
<tr>
<td>Frequent colds</td>
<td></td>
</tr>
<tr>
<td>Chronic cough</td>
<td></td>
</tr>
<tr>
<td>Shortness of breath when walking or climbing one flight of stairs</td>
<td></td>
</tr>
<tr>
<td>Do you:</td>
<td></td>
</tr>
<tr>
<td>Wheeze</td>
<td></td>
</tr>
<tr>
<td>Cough up phlegm</td>
<td></td>
</tr>
<tr>
<td>Smoke cigarettes</td>
<td>Packs per day</td>
</tr>
</tbody>
</table>

Date ___________________________ Signature ____________________________
§ 763.122  Interpretation and classification of chest roentgenograms—Mandatory.

(a) Chest roentgenograms shall be interpreted and classified in accordance with a professionally accepted classification system and recorded on an interpretation form following the format of the CDC/NIOSH (M) 2.8 form. As a minimum, the content within the boldlines of this form (items 1 through 4) shall be included. This form is not to be submitted to NIOSH.

(b) Roentgenograms shall be interpreted and classified only by a B-reader, a board eligible/certified radiologist, or an experienced physician with known expertise in pneumoconioses.

(c) All interpreters, whenever interpreting chest roentgenograms made under this section, shall have immediately available for reference a complete set of the ILO-U/C International Classification of Radiographs for Pneumoconioses, 1980.


§ 763.124  Reporting.

(a) Employers subject to this rule must report to the Regional Asbestos Coordinator for the EPA Region in which the asbestos abatement project is located at least 10 days before they begin any asbestos abatement project, except one that involves less than either 3 linear feet or 3 square feet of friable asbestos material, and an emergency project. Employers must report any emergency project covered by this rule as soon as possible but in no case more than 48 hours after the project begins. A list of the EPA Regional Offices is given under § 1.7(b) of this chapter.

(b) The report must include:

(1) The employer’s name and address.

(2) The location, including street address, of the asbestos abatement project.

(3) The scheduled starting and completion dates for the asbestos abatement project.

(c) If a report is mailed to EPA, the report must be postmarked at least 10 days before the asbestos abatement project begins unless the report is for an emergency project. In such a case, the report must be postmarked as soon as possible but in no case more than 48 hours after the project begins.

(d) Employers do not have to report under this section if they submit a notice to EPA under the National Emission Standard for Asbestos, § 61.146 of this chapter, at least 10 days before they begin the asbestos abatement project and that notice clearly indicates that employees covered by this rule will perform some or all of the asbestos abatement work.


§ 763.125  Enforcement.

(a) Failure to comply with any provision of this part is a violation of section 15 of the Act (15 U.S.C. 2614).

(b) Failure or refusal to establish and maintain records or to permit access to or copying of records, as required by the Act, is a violation of section 15 of the Act (15 U.S.C. 2614).