## § 552.22

that can be isolated (e.g., a locked cell, a range) and where there is no immediate, direct threat to the inmate or others. When there is time for the calculated use of force or application of restraints, staff must first determine if the situation can be resolved without resorting to force (see §552.23).

- (c) Use of Force Team Technique. If use of force is determined to be necessary. and other means of gaining control of an inmate are deemed inappropriate or ineffective, then the Use of Force Team Technique shall be used to control the inmate and to apply soft restraints, to include ambulatory leg restraints. The Use of Force Team Technique ordinarily involves trained staff, clothed in protective gear, who enter the inmate's area in tandem, each with a coordinated responsibility for helping achieve immediate control of the inmate.
- (d) Exceptions. Any exception to this rule is prohibited, except where the facts and circumstances known to the staff member would warrant a person using sound correctional judgment to reasonably believe other action is necessary (as a last resort) to prevent serious physical injury, or serious property damage which would immediately endanger the safety of staff, inmates, or others.

[59 FR 30469, June 13, 1994, as amended at 61 FR 39800, July 30, 1996]

## § 552.22 Principles governing the use of force and application of restraints.

- (a) Staff ordinarily shall first attempt to gain the inmate's voluntary cooperation before using force.
- (b) Force may not be used to punish an inmate.
- (c) Staff shall use only that amount of force necessary to gain control of the inmate. Situations when an appropriate amount of force may be warranted include, but are not limited to:
- (1) Defense or protection of self or others:
- (2) Enforcement of institutional regulations: and
- (3) The prevention of a crime or apprehension of one who has committed a crime.
- (d) Where immediate use of restraints is indicated, staff may tempo-

rarily apply such restraints to an inmate to prevent that inmate from hurting self, staff, or others, and/or to prevent serious property damage. When the temporary application of restraints is determined necessary, and after staff have gained control of the inmate, the Warden or designee is to be notified immediately for a decision on whether the use of restraints should continue.

- (e) Staff may apply restraints (for example, handcuffs) to the inmate who continues to resist after staff achieve physical control of that inmate, and may apply restraints to any inmate who is placed under control by the Use of Force Team Technique. If an inmate in a forcible restraint situation refuses to move to another area on his own, staff may physically move that inmate by lifting and carrying the inmate to the appropriate destination.
- (f) Restraints should remain on the inmate until self-control is regained.
- (g) Except when the immediate use of restraints is required for control of the inmate, staff may apply restraints to, or continue the use of progressive restraints on, an inmate while in a cell in administrative detention or disciplinary segregation only with approval of the Warden or designee.
- (h) Restraint equipment or devices (e.g., handcuffs) may not be used in any of the following ways:
- (1) As a method of punishing an inmate.
- (2) About an inmate's neck or face, or in any manner which restricts blood circulation or obstructs the inmate's airways.
- (3) In a manner that causes unnecessary physical pain or extreme discomfort.
- (4) To secure an inmate to a fixed object, such as a cell door or cell grill, except as provided in §552.24.
- (i) Medication may not be used as a restraint solely for security purposes.
- (j) All incidents involving the use of force and the application of restraints (as specified in §552.27) must be carefully documented.

[54 FR 21394, May 17, 1989. Redesignated and amended at 59 FR 30469, 30470, June 13, 1994;61 FR 39800, July 30, 1996]