## Title 3—The President

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim Sunday, September 27, 2008, as Gold Star Mother's and Families' Day. I call upon all Government officials to display the flag of the United States over Government buildings on this special day. I also encourage the American people to display the flag and hold appropriate ceremonies as a public expression of our Nation's sympathy and respect for our Gold Star Mothers and Families.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-fifth day of September, in the year of our Lord two thousand nine, and of the Independence of the United States of America the two hundred and thirty-fourth.

BARACK OBAMA

# Proclamation 8423 of September 25, 2009

Proc. 8423

# National Public Lands Recognition Day, 2009

By the President of the United States of America A Proclamation

Borne out of a commitment to protect and preserve our natural treasures, America's public lands are an indispensable component of American life. As we work to protect their integrity for future generations, vast expanses of land remain available for the use and enjoyment of all who visit them. National Public Lands Day is an opportunity for all Americans, young and old, to celebrate the majesty of our open spaces and devote our collective efforts to conserving our Nation's unique landscapes.

Today, from the largest National Parks and Forests to neighborhood playgrounds and urban parks, 130,000 volunteers are working on over 2,000 public land improvement projects across the Nation. Committed individuals, including participants from schools and universities, private businesses, non-profit organizations, and government agencies, are continuing the American tradition of stewardship through their service.

Dedicated to improving all aspects of our natural environment, this year's Public Lands Day focuses on water. Across the country, volunteers are highlighting the need to protect our Nation's water bodies by monitoring water quality in rivers and lakes, restoring wetlands, preventing stormwater runoff and erosion, cleaning up trash from shorelines, and learning techniques to conserve water at home.

Public lands help preserve our Nation's quality of life, offering fresh water, abundant natural resources, and educational and recreational opportunities. I was proud to sign the Omnibus Public Land Management Act of 2009 to add to our Nation's treasured landscapes and build on our rich history as guardians of our natural environment. Today, we affirm our resolve to conserve these cherished spaces for our enjoyment and for that of future generations.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and

#### **Proclamations**

the laws of the United States, do hereby proclaim September 26, 2009, as National Public Lands Day. I invite all my fellow citizens to join me in a day of service for our public lands.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-fifth day of September, in the year of our Lord two thousand nine, and of the Independence of the United States of America the two hundred and thirty-fourth.

BARACK OBAMA

## Proclamation 8424 of September 28, 2009

# Family Day, 2009

By the President of the United States of America A Proclamation

Our family provides one of the strongest influences on our lives. American families from every walk of life have taught us time and again that children raised in loving, caring homes have the ability to reject negative behaviors and reach their highest potential. Whether children are raised by two parents, a single parent, grandparents, a same-sex couple, or a guardian, families encourage us to do our best and enable us to accomplish great things. Today, our children are confronting issues of drug and alcohol use with astonishing regularity. On Family Day, we honor the dedication of parents, commend the achievements of their children, and celebrate the contributions our Nation's families have made to combat substance abuse among young people.

The 21st century presents families with unprecedented challenges. Millions of women and men are struggling to balance the demands of their jobs with the needs of their families. At the same time, our youngest generation faces countless distractions in their social environment. They are coming of age in a world where electronic devices have replaced the playground, televisions have preempted conversation, and pressure to use drug and alcohol is far too prevalent. Parents bear significant stress and burdens to protect their children from harmful influences.

It is our responsibility to talk with adolescents about the risks of abusing alcohol, tobacco, or prescription and illicit drugs, and other harmful behaviors. These substances can destroy the mind, body, and spirit of a child, jeopardizing their health and limiting their potential. Active parents, voicing their disapproval of drug use, have proven themselves to be the most effective preventative method for keeping our children drug-free. A strong and engaged family can make all the difference in helping young people make healthy decisions.

By coming together as a family and discussing the events of the day, parents can foster open communication, share joys and concerns, and help guide their children toward healthy decisionmaking. A strong nation is made up of strong families, and on this Family Day, we rededicate ourselves to ensuring that every American family has the chance to build a better, healthier future for themselves and their children.