make use of other public health, mental health, and education programs and related programs, such as Head Start, Title XX (Social Services) programs, and the Special Supplemental Food Program for Women, Infants and Children (WIC), to ensure an effective child health program.

### § 441.62 Transportation and scheduling assistance.

The agency must offer to the family or recipient, and provide if the recipient requests—

- (a) Necessary assistance with transportation as required under §431.53 of this chapter; and
- (b) Necessary assistance with scheduling appointments for services.

### Subpart C—Medicaid for Individuals Age 65 or Over in Institutions for Mental Diseases

Source: 44 FR 17940, Mar. 23, 1979, unless otherwise noted.

## §441.100 Basis and purpose.

This subpart implements section 1905(a)(14) of the Act, which authorizes State plans to provide for inpatient hospital services, skilled nursing services, and intermediate care facility services for individuals age 65 or older in an institution for mental diseases, and sections 1902(a)(20)(B) and (C) and 1902(a)(21), which prescribe the conditions a State must meet to offer these services. (See §431.620 of this subchapter for regulations implementing section 1902(a)(20)(A), which prescribe interagency requirements related to these services.)

## §441.101 State plan requirements.

A State plan that includes Medicaid for individuals age 65 or older in institutions for mental diseases must provide that the requirements of this subpart are met.

## § 441.102 Plan of care for institutionalized recipients.

(a) The Medicaid agency must provide for a recorded individual plan of treatment and care to ensure that institutional care maintains the recipient at, or restores him to, the greatest

possible degree of health and independent functioning.

- (b) The plan must include—
- (1) An initial review of the recipient's medical, psychiatric, and social needs—
- (i) Within 90 days after approval of the State plan provision for services in institutions for mental disease; and
- (ii) After that period, within 30 days after the date payments are initiated for services provided a recipient.
- (2) Periodic review of the recipient's medical, psychiatric, and social needs;
- (3) A determination, at least quarterly, of the recipient's need for continued institutional care and for alternative care arrangements;
- (4) Appropriate medical treatment in the institution; and
  - (5) Appropriate social services.

#### §441.103 Alternate plans of care.

- (a) The agency must develop alternate plans of care for each recipient age 65 or older who would otherwise need care in an institution for mental diseases.
- (b) These alternate plans of care must—
- (1) Make maximum use of available resources to meet the recipient's medical, social, and financial needs; and
- (2) In Guam, Puerto Rico, and the Virgin Islands, make available appropriate social services authorized under sections 3(a)(4) (i) and (ii) or 1603(a)(4)(A) (i) and (ii) of the Act.

### § 441.105 Methods of administration.

The agency must have methods of administration to ensure that its responsibilities under this subpart are met.

# § 441.106 Comprehensive mental health program.

- (a) If the plan includes services in public institutions for mental diseases, the agency must show that the State is making satisfactory progress in developing and implementing a comprehensive mental health program.
  - (b) The program must-
  - (1) Cover all ages;
- (2) Use mental health and public welfare resources; including—
- (i) Community mental health centers;
- (ii) Nursing homes; and