Railroad Retirement Board

§ 220.142 General information about work activity.

(a) The nature of the claimant’s work.
If the claimant’s duties require use of the claimant’s experience, skills, supervision and responsibilities, or contribute substantially to the operation of a business, this tends to show that the claimant has the ability to work at the substantial gainful activity level.

(b) How well the claimant performs.
The Board considers how well the claimant does his or her work when the claimant believes he or she is disabled may show that the claimant is able to do work at the substantial gainful activity level. If the claimant is able to engage in substantial gainful activity, the Board will find that the claimant is not disabled for any regular employment under the Railroad Retirement Act. Even if the work the claimant has done was not substantial gainful activity, it may show that the claimant is able to do more work than he or she actually did. The Board will consider all of the medical and vocational evidence in the claimant’s file to decide whether or not the claimant has the ability to engage in substantial gainful activity.

§ 220.144 Combined exertional and non-exertional limitations.

When the limitations and restrictions imposed by the claimant’s impairment(s) and related symptoms, such as pain, affect the claimant’s ability to meet both the strength and demands of jobs other than the strength demands, the Board considers that the claimant has a combination of exertional and non-exertional limitations or restrictions. If the claimant’s impairment(s) and related symptoms, such as pain, affect the claimant’s ability to meet both the strength and demands of jobs other than the strength demands, the Board will not directly apply the rules in appendix 2 unless there is a rule that directs a conclusion that the claimant is disabled based upon the claimant’s strength limitations; otherwise the rules provide a framework to guide the Board’s decision.