and programs and must have a written plan for each core function area.

- (q) The UAP must have in place a long range planning capability to enable the UAP to respond to emergent and future developments in the field.
- (r) The UAP must utilize state-ofthe-art methods, including the active participation of individuals, families and other consumers of UAP programs and services to evaluate programs. The UAP must refine and strengthen its programs based on evaluation findings.
- (s) The UAP Director must demonstrate commitment to the field of developmental disabilities and leadership and vision in carrying out the mission of the UAP.

§ 1388.5 Program criteria—preparation of personnel.

- (a) Introduction to preparation of personnel: UAP interdisciplinary training programs reflect state-of-the-art practices and prepare personnel concerned with developmental disabilities to promote the independence, productivity, integration and inclusion of individuals with developmental disabilities and their families.
- (b) UAP interdisciplinary training programs must be based on identified personnel preparation needs and have identified outcomes that are consistent with the mission and goals of the UAP.
- (c) The interdisciplinary training process, as defined by the UAP, must reflect a mix of students from diverse academic disciplines/academic programs and cultures that reflect the diversity of the community. Faculty represent a variety of backgrounds and specialties, including individuals with disabilities and family members, and a variety of learning experiences, as well as reflecting the cultural diversity of the community. Trainees must receive academic credit as appropriate for participation in UAP training programs.
- (d) Preservice training must be integrated into all aspects of the UAP, including community training and technical assistance, direct services (if provided), and dissemination.
- (e) Trainees must be prepared to serve in a variety of roles, including advocacy and systems change. The UAP must encourage graduates to work in situations where they will pro-

- mote the independence, productivity, integration and inclusion of individuals with developmental disabilities and their families.
- (f) The UAP must influence University curricula to prepare personnel who, in their future career in a broad range of social and community roles, will contribute to the accommodation and inclusion of individuals with developmental disabilities, as mandated in the Americans with Disabilities Act.
- (g) The UAP core curriculum must incorporate cultural diversity and demonstrate cultural competence. Trainees must be prepared to address the needs of individuals with developmental disabilities and their families in a culturally competent manner.
- (h) The UAP core curriculum must prepare trainees to be active participants in research and dissemination efforts. In addition, the curriculum must prepare trainees to be consumers of research as it informs practice and policy.

§ 1388.6 Program criteria—services and supports.

- (a) Introduction to services and supports: The UAP engages in a variety of system interventions and may also engage in a variety of individual interventions to promote independence, productivity, integration and inclusion of individuals with developmental disabilities and their families.
- (b) UAP community training and technical assistance activities must:
- (1) Use capacity building strategies to strengthen the capability of communities, systems and service providers;
- (2) Plan collaboratively, including the participation of individuals with developmental disabilities and their families;
- (3) Target to a wide range of audiences, including individuals with disabilities, family members, service and support personnel, and community members:
- (4) Plan and be structured in a manner that facilitates the participation of targeted audiences; and
- (5) Address the unique needs of individuals with developmental disabilities and their families from diverse cultural and ethnic groups who reside within the geographic locale.

§ 1388.7

- (c) Direct Services. These requirements apply only where direct services are offered.
- (1) A UAP must integrate direct services and projects into community settings. These services may be provided in a service delivery site or training setting within the community including the university. Direct service projects may involve interdisciplinary student trainees, professionals from various disciplines, service providers, families and/or administrators. Direct services must be extended, as appropriate, to include adult and elderly individuals with developmental disabilities. The UAP must maintain cooperative relationships with other community service providers, including specialized state and local provider agen-
- (2) Services and projects provided in community-integrated settings are to:
- (i) Be scheduled at times and in places that are consistent with routine activities within the local community; and
- (ii) Interact with and involve community members, agencies, and organizations.
- (3) The bases for the services or project development must be:
- (i) A local or universal need that reflects critical problems in the field of developmental disabilities; or
- (ii) An emerging, critical problem that reflects current trends or anticipated developments in the field of developmental disabilities.
- (4) State-of-the-art and innovative practices include:
- (i) Services and project concepts and practices that facilitate and demonstrate independence for the individual, community integration, productivity, and human rights;
- (ii) Practices that are economical, accepted by various disciplines, and highly beneficial to individuals with developmental disabilities, and that are integrated within services and projects;
- (iii) Innovative cost-effective concepts and practices that are evaluated according to accepted practices of scientific evaluation:
- (iv) Research methods that are used to test hypotheses, validate procedures, and field test projects; and

(v) Direct service and project practices and models that are evaluated, packaged for replication and disseminated through the information dissemination component.

§ 1388.7 Program criteria—dissemination.

- (a) Introduction to dissemination: The UAP disseminates information and research findings, including the empirical validation of activities related to training, best practices, services and supports, and contributes to the development of new knowledge. Dissemination activities promote the independence, productivity, integration and inclusion of individuals with developmental disabilities and their families.
- (b) The UAP must be a resource for information for individuals with developmental disabilities and their families, community members, State agencies and other provider and advocacy organizations, produce a variety of products to promote public awareness and visibility of the UAP, and facilitate replication of best practices.
- (c) Specific target audiences must be identified for dissemination activities and include individuals with developmental disabilities, family members, service providers, administrators, policy makers, university faculty, researchers, and the general public.
- (d) UAP dissemination activities must be responsive to community requests for information and must utilize a variety of networks, including State Developmental Disabilities Councils, Protection and Advocacy agencies, other University Affiliated Programs, and State service systems to disseminate information to target audiences.
- (e) The process of developing and evaluating materials must utilize the input of individuals with developmental disabilities and their families.
- (f) The values of the UAP must be reflected in the language and images used in UAP products.
- (g) Dissemination products must reflect the cultural diversity of the community.
- (h) Materials disseminated by the UAP must be available in formats accessible to individuals with a wide range of disabilities, and appropriate target audiences.