- (C) Integration by calculation of the area under the individual peak for each exercise. This includes computerized integration.
- (10) Interpretation of test results. The fit factor established by the quantitative fit testing must be the lowest of the three fit factor values calculated from the three required fit tests.
- (11) The test subject must not be permitted to wear a half mask or a full facepiece respirator unless a minimum fit factor equivalent to at least ten times the hazardous exposure level is obtained.
- (12) Filters used for quantitative fit testing must be replaced at least weekly, whenever increased breathing resistance is encountered, or whenever the test agent has altered the integrity of the filter media. When used, organic vapor cartridges and canisters must be replaced daily or whenever there is an indication of a breakthrough by a test agent.

### APPENDIX F TO SUBPART C OF PART 197—SAMPLE WORKER CERTIFI-CATION FORM

#### BENZENE WORKER'S CERTIFICATION

- I, \_\_\_\_(Name of worker), certify in accordance with 46 CFR 197.530—
- (1) That I have had, within the previous twelve months, at least one medical examination in compliance with 46 CFR 197.560 or 29 CFR 1910.1028:
- (2) That the physician conducting the latest medical examination in compliance with paragraph (1) of this certification did not recommend that I be excluded from areas where personal exposure may exceed the action level as defined in 46 CFR 197.505;
- (3) That all respirators and personal protective clothing and equipment that I will use while on the vessel meet the requirements of 46 CFR 197.550(b) and 197.555(c) or of 29 CFR 1910.1028; and
- (4) That all respirators that I will use while on the vessel have been fitted and fit tested in accordance with 46 CFR 197.550 (c) and (d) or with 29 CFR 1910.1028.

(signature of worker)

(printed name of worker)

(date signed by worker)

### APPENDIX A TO PART 197—AIR NO-DECOMPRESSION LIMITS

The following table gives the depth versus bottom time limits for single, no-decompression, air dives made within any 12-hour period. The limit is the maximum bottom time in minutes that a diver can spend at that depth without requiring decompression beyond that provided by a normal ascent rate of 60 fsw per minute. (Although bottom time is concluded when ascent begins, a slower ascent rate would increase the bottom time thereby requiring decompression.) amount of nitrogen remains in the tissues of a diver after any air dive, regardless of whether the dive was a decompression or nodecompression dive. Whenever another dive is made within a 12-hour period, the nitrogen remaining in the blood and body tissues of the diver must be considered when calculating his decompression.

## AIR NO-DECOMPRESSION LIMITS

Depth (feet):  No-decomprision limits (nutes)	
35	310
40	200
50	100
60	60
70	50
80	40
90	30
100	25
110	20
120	15
130	10
(Source: LLS Navy Diving Manual 1 September 1973.)	

# PART 198 [RESERVED]