and the committed equivalent dose to any organ or tissue other than the skin or the lens of the eye of 50 rems (0.5 Sv);  
(3) An equivalent dose to the lens of the eye of 15 rems (0.15 Sv); and  
(4) The sum of the equivalent dose to the skin or to any extremity for external exposures and the committed equivalent dose to the skin or to any extremity of 50 rems (0.5 Sv).  
(b) All occupational doses received during the current year, except doses resulting from planned special exposures conducted in compliance with § 835.204 and emergency exposures authorized in accordance with § 835.1302, shall be included when demonstrating compliance with §§ 835.202(a) and 835.207.  
(c) Doses from background, therapeutic and diagnostic medical radiation, and participation as a subject in medical research programs shall not be included in dose records or in the assessment of compliance with the occupational dose limits.

§ 835.203 Combining internal and external equivalent doses.  
(a) The total effective dose during a year shall be determined by summing the effective dose from external exposures and the committed effective dose from intakes during the year.  
(b) Determinations of the effective dose shall be made using the radiation and tissue weighting factor values provided in § 835.2.

§ 835.204 Planned special exposures.  
(a) A planned special exposure may be authorized for a radiological worker to receive doses in addition to and accounted for separately from the doses received under the limits specified in § 835.202(a), provided that each of the following conditions is satisfied:  
(1) The planned special exposure is considered only in an exceptional situation when alternatives that might prevent a radiological worker from exceeding the limits in § 835.202(a) are unavailable or impractical;  
(2) The contractor management (and employer, if the employer is not the contractor) specifically requests the planned special exposure, in writing; and  
(3) Joint written approval is received from the appropriate DOE Headquarters program office and the Secretarial Officer responsible for environment, safety and health matters.  
(b) Prior to requesting an individual to participate in an authorized planned special exposure, the individual’s dose from all previous planned special exposures and all doses in excess of the occupational dose limits shall be determined.  
(c) An individual shall not receive a planned special exposure that, in addition to the doses determined in § 835.204(b), would result in a dose exceeding the following:  
(1) In a year, the numerical values of the dose limits established at § 835.202(a); and  
(2) Over the individual’s lifetime, five times the numerical values of the dose limits established at § 835.202(a).  
(d) Prior to a planned special exposure, written consent shall be obtained from each individual involved. Each such written consent shall include:  
(1) The purpose of the planned operations and procedures to be used;  
(2) The estimated doses and associated potential risks and specific radiological conditions and other hazards which might be involved in performing the task; and  
(3) Instructions on the measures to be taken to keep the dose ALARA considering other risks that may be present.  
(e) Records of the conduct of a planned special exposure shall be maintained and a written report submitted within 30 days after the planned special exposure to the approving organizations identified in § 835.204(a)(3).  
(f) The dose from planned special exposures is not to be considered in controlling future occupational dose of the individual under § 835.202(a), but is to be included in records and reports required under this part.