

IN WITNESS WHEREOF, I have hereunto set my hand this third day of October, in the year of our Lord two thousand fourteen, and of the Independence of the United States of America the two hundred and thirty-ninth.

BARACK OBAMA

Proclamation 9186 of October 3, 2014

Child Health Day, 2014

*By the President of the United States of America
A Proclamation*

All children deserve equal opportunities to realize their potential and reach their dreams. Securing this promise for our daughters and sons begins with ensuring their health and well-being. As we pause on Child Health Day to reflect on this profound obligation, let us recommit to fostering a society where there are no limits to what our Nation's young people can achieve.

The Affordable Care Act supports children's health not only by expanding access to quality, affordable health insurance for millions of Americans, but also by guaranteeing that most health plans cover recommended preventive services for children without copays, including immunizations and developmental screenings. Millions of children are already benefiting from this care, and even more will be protected in the years to come. As kids grow, the Affordable Care Act continues to support their health by prohibiting insurance companies from denying coverage to children with pre-existing conditions and allowing young adults to stay on a parent's health insurance plan until age 26. This builds on the successes of Medicaid and the Children's Health Insurance Program, which have significantly reduced the percentage of uninsured children.

When more than one-third of American children and adolescents are overweight or obese, expanding access to nutritious foods and opportunities for physical activity is an urgent health issue. Working with both the public and private sectors, First Lady Michelle Obama's *Let's Move!* initiative is making it easier for parents and children to make healthy choices that put kids on the path to a bright future during their earliest months and years.

As a Nation, we have an obligation to invest in the health of future generations by protecting our planet and our environment. In the past 30 years, asthma rates have doubled, and as air pollution gets worse, more kids will suffer. Clean air and water are essential to the well-being of our children and grandchildren, and we must work today to secure their tomorrow. My Administration has taken action and will continue to pursue policies that reduce harmful air pollution, improve water quality, and protect communities from toxic chemical exposures.

When young Americans have the opportunity to live healthy and safe lives, they are free to pursue their full measure of happiness. Today, we continue our work to support our children's health and build a Nation where all our daughters and sons can thrive.

Proc. 9187

Title 3—The President

The Congress, by a joint resolution approved May 18, 1928, as amended (36 U.S.C. 105), has called for the designation of the first Monday in October as Child Health Day and has requested that the President issue a proclamation in observance of this day.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, do hereby proclaim Monday, October 6, 2014, as Child Health Day. I call upon families, educators, child health professionals, faith-based and community organizations, and all levels of government to help ensure America's children are healthy.

IN WITNESS WHEREOF, I have hereunto set my hand this third day of October, in the year of our Lord two thousand fourteen, and of the Independence of the United States of America the two hundred and thirty-ninth.

BARACK OBAMA

Proclamation 9187 of October 3, 2014

German-American Day, 2014

*By the President of the United States of America
A Proclamation*

America is and always has been a Nation of immigrants, and from our earliest days, German Americans have contributed to our national identity. Germans were among the first settlers in the original 13 Colonies, bringing their talents and ideas across the ocean to a new and unfamiliar world. And today, with their descendants and all who followed in their path, we continue to perfect our Union together. On German-American Day, we recognize their distinctive identity and the ways they enrich our country.

German Americans helped build our Nation, and every day they contribute to its growth. As they teach in our schools, farm in our heartland, and serve in our Armed Forces, their German roots offer a sense of their place in the American story. From a land of poets and thinkers, they brought passion for music, science, and art, fortifying our culture and broadening our understanding of the world. Our greatest cities and our biggest advances reflect their daring spirit and diverse contributions.

As we consider our German-American history, we are also reminded that the United States and Germany are vital partners. With the 25th anniversary of the fall of the Berlin Wall approaching, our security and prosperity remain interwoven, and our friendship continues as we work together in pursuit of a more peaceful, stable world. On this occasion, may citizens from both sides of the Atlantic draw strength from the legacy of our Nation's earliest immigrants who boldly pushed forward in unforgiving times. May our shared past continue to inspire us as we face new challenges in our own time.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and