

within Medicare, thereby improving the quality of care provided to Medicare beneficiaries and achieving savings for the program overall.

Earlier this year, I introduced H.R. 1544, the "Patient Empowerment Act of 1999." The "Patient Empowerment Act" was the first step toward eliminating the wide variation in treatment patterns across the U.S., as identified by Dr. John Wennberg in the Dartmouth Atlas. The "Clinical Practice Patterns Act" builds on this theme by developing evidence-based clinical guidelines to assist providers in treating various illness.

Mr. Speaker, there are literally millions of doctors, nurses, and health administrators working in thousands of different hospitals, all trained at different schools in different communities, who provide care to the 39 million elderly, disabled, and ESRD patients covered by Medicare. With all of these elements interacting together, it's no wonder that we have such wide variation in treatment patterns across the United States.

Medicare is a combination of both art and science. For most treatments, there are no empirical data on clinical effectiveness that suggest one method is better than another. In these cases, providers use their "best guess" to make treatment decisions—relying on their individual knowledge, preferences, and the resources available to them. This "art" of medicine exacerbates the variation in treatment patterns, and Medicare expenditures, across the U.S.

Yet, as Wennberg notes, there is virtually no difference in health outcomes between low and high spending areas. If less expensive treatments are available, why aren't we prescribing them more readily? By collecting and distributing data on clinical effectiveness, and encouraging providers to use treatment guidelines, we may be able to minimize practice variation. We simultaneously may be able to achieve substantial savings for Medicare.

Following is a portion of an interview from the May/June 1999 issue of Health Affairs by Princeton professor Uwe Reinhardt with HHS Secretary Donna Shalala discussing how Medicare's financial problems would be greatly reduced if the variation in clinical practices were minimized:

REINHARDT. "Count on me to be a real thorn in the side of the status quo, then, because I believe that if everyone in America could consume medical care while spending at rates similar to those of Minnesota, Oregon, and Wisconsin, providing health care to the aging baby-boom generation would be a piece of cake, wouldn't it?"

SHALALA. "Absolutely, and the doctors would feel as though the system were fairer. But once the infrastructure is built and physicians get comfortable with consuming a certain level of resources, it's very difficult to work your way out unless you buy yourself out, as we have attempted to do with the downsizing of medical residency positions through HCFA's New York demonstration."

Clinical practice guidelines are being used more and more throughout the private sector to improve the quality of health care as well as to increase the efficiency of the health industry. This practice does not in any way diminish the art of medicine, it only improves the science behind treatment decisions.

Medicare is a natural candidate for clinical practice guidelines. With an outstanding database of information on beneficiaries across the country, and the resources of the NIH and

AHCPR at hand, Medicare could effectively implement a program to improve clinical effectiveness and achieve savings through efficiency.

IN SPECIAL RECOGNITION OF  
WILLIAM S. HEFRON ON HIS APPOINTMENT TO ATTEND THE  
UNITED STATES MILITARY  
ACADEMY

**HON. PAUL E. GILLMOR**

OF OHIO

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, June 8, 1999*

Mr. GILLMOR: Mr. Speaker, I rise today to pay special tribute to an outstanding young man from Ohio's Fifth Congressional District. I am happy to announce that William S. Heffron, of Amherst, Ohio, has been offered an appointment to attend the United States Military Academy at West Point, New York.

Mr. Speaker, Bill as accepted his offer of appointment and will be attending West Point this fall with the incoming cadet class of 2003. Attending one of our nation's military academies is an invaluable experience that offers a world-class education and demands the very best that these young men and women have to offer. Truly, it is one of the most challenging and rewarding undertakings of their lives.

While attending Lorain Catholic High School, Bill has attained a grade point average of 4.062 on a 4.3 scale, which places him third in his class of sixty-six students. Bill's scholastic honors include the Lorain Catholic Honor Roll and National Honor Society. Bill is also taking several AP classes to further his outstanding academic achievements.

Outside of the classroom, Bill has distinguished himself as an outstanding student-athlete. On the fields of competition, Bill is a Varsity letter winner in cross country, track, football, and basketball. During his Junior season, Bill was captain of the cross country team, Most Valuable Runner, and a school record holder. In track, Bill won the 800 meters at the District Track & Field Meet, and placed fifth in Regional competition. And currently, Bill is the Secretary of the Senior Class.

Mr. Speaker, at this point, I would ask my colleagues to stand and join me in paying special tribute to William S. Heffron. Our service academies offer the finest education and military training available anywhere in the world. I am sure that Bill will do very well during his career at West Point, and I wish him the very best in all of his future endeavors.

IN HONOR OF THE LATE KEITH  
CLARK

**HON. SCOTT MCINNIS**

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, June 8, 1999*

Mr. MCINNIS. Mr. Speaker, it is with a heavy heart that I would like to take this moment to honor the remarkable life and exceptional achievements of a great Coloradan and American, Keith Clark. In doing so, I wish to pay tribute to Keith for all of his many years of service and sacrifice on behalf of this nation. At the same time, I would also like to

offer my deepest sympathies to the family and friends of Keith as they grieve at his passing. Like those who knew him well, the entire Grand Junction community will miss both Keith and his tireless service on their behalf.

For 29 years in Grand Junction, Colorado's School District 51, Keith was a pillar of education who served with great distinction, both as a teacher and as an advocate for improving our schools. Keith was, for nearly three decades, a powerful voice of leadership and vision for education in the Grand Valley. It is clear, Mr. Speaker, that his leadership in education will continue to benefit students in our school system for many years to come. I know that this is a legacy that Mr. Clark would take great pride in.

In addition to his service as an educator, Keith also served his country with great valor as a B-52 pilot during World War II. Mr. Clark flew and fought bravely over the skies of North Africa and Italy in defense of the nation he loved deeply.

At one might surmise from his sustained service and selfless sacrifice, Keith was also a fierce patriot and proud American. He believed deeply in our constitutional form of government and in the bedrock principles—like freedom, liberty, and individual self-determination—upon which this great republic stands.

It is with this, Mr. Speaker, that I say thank you to Mr. Keith Clark for his decades of service, both in defense of our country as an airman and in defense of our future as an educator. He was truly a great American.

At the same time, I would also like to offer my heart-felt condolences to Keith's family: his wife of 52 years Anita, his children Katie and Cal, and his three granddaughters Amber, Lily and Hillary. I hope that these family members, like everyone who has had the good-fortune of knowing Keith, will take solace in the undisputable fact that they are a better person for having known him.

SALUTING THE SERVICE OF JOAN  
KELLY

**HON. JAMES E. ROGAN**

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, June 8, 1999*

Mr. ROGAN. Mr. Speaker, none of us here today would have found success without the help and guidance of a teacher. As students, we were all influenced by those who commit their lives to the service of others. Too often, this service goes unnoticed. Today, I would like to salute the service of a teacher who has dedicated over a decade of her career to the students in my district.

Joan Kelly has taught in La Crescenta, California for 11 years. However, her work as a teacher began long before her move to my district. Throughout her life, Joan has committed herself to serving the needs of students and the needs of the community.

Joan is a native of Brooklyn, New York. A graduate of Fordham University, she taught elementary school and worked extensively in the New York area. Her work with students and parents led her to develop a counseling program in Yonkers, New York. This program is a shining example of her relentless pursuit of innovative and creative ways to reach students.