

climbing courses, the opportunities for enrichment abound for the boys and young adults of Colorado's 4th Congressional District, and indeed, nationwide.

I am so very proud of all the Longs Peak Council Boy Scouts of America has done for our communities. I ask my fellow congressmen to join me in publicly honoring the Boy Scouts of America and their tireless dedication to serving others. May God bless the Boy Scouts of America for decades to come.

HONORING HELEN G. JACOB NATIONAL "FOUR CHAPLAIN" AWARD RECIPIENT

HON. JACK QUINN

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Tuesday, February 3, 2004

Mr. QUINN. Mr. Speaker, I am honored to rise today to officially recognize and pay tribute to my dear friend and close advisor, Helen G. Jacob.

A buck sergeant during World War II in both the U.S. and European theater, Helen has been a shining example of advocacy and commitment to America's veterans, both in western New York and throughout the Nation. When I was elected to Congress and received my assignment on the House Committee on Veterans' Affairs, I turned to local veterans leaders and organizations for advice and counsel. One of my first calls was to Helen Jacob. She has served as an integral part of my Veterans' Advisory Committee since its inception and is a wealth of knowledge on a host of veterans issues.

Her many awards, honors and citations are too numerous to mention, but if you will permit me, I would like to highlight just a few. In 1996, the Buffalo VA medical center opened its Women's Ambulatory Care unit, a new unit in the hospital to address the growing needs of our female veterans. Helen was instrumental in this project. When we dedicated that wing, we recognized those tremendous efforts and named it accordingly. I would invite every Member to visit the Helen G. Jacob Women's Wellness Center in Buffalo, New York. She has won the Legionnaire of New York State Award, the Found Woman Award, the Golden Rule Award, the Prime Time Award and the Susan B. Anthony Award. Simply put, Helen Jacob could not be more deserving of the high distinction of this national award.

Helen's community service is not limited to veterans. She serves on countless boards and organizations that help people in my district every day. Her lifetime efforts to strengthen her country and community have set an example we all should follow.

Mr. Speaker, I am proud to count Helen Jacob among my friends, and am pleased and honored to bring to the attention of this honorable body her outstanding service and this well-deserved award.

HONORING LOVELAND'S VALENTINE REMAILING PROGRAM

HON. MARILYN N. MUSGRAVE

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, February 3, 2004

Mrs. MUSGRAVE. Mr. Speaker, I rise today to honor the Loveland, Colorado Valentine Card Remailing Program for their outstanding and creative service to Loveland and to the rest of the Nation.

The Loveland Valentine Card Remailing Program began in 1946. Postmaster Elmer Ivers, Chamber of Commerce president Ted W. Thompson and his wife Mabel were the original founders of this unique tradition. What began as a stamp club project has since grown into the largest remailing program in the United States of America.

In 1947, 40 cards were sent through the Loveland, Colorado Post Office and post-marked with a unique Valentine inked stamp. Now every year nearly 300,000 valentines are sent through the Loveland, Colorado Post Office. Behind the scenes there are about 50 senior citizen volunteers that hand stamp a message of love on the envelopes that are received.

This year's message of love, called a "cachet," was submitted by Diana Reed and reads "Sweet Promises on Arrows Ride from Loveland's Heart to the Whole World Wide." Stephanie Moss submitted the Cachet design. The Cachet design is Dan Cupid holding a heart shaped world in one hand, with doves and mountains framing the verse.

Loveland's official Valentine Card design was submitted by Brenda Crow and pictures two white doves sitting in a bed of lavender flowers below three red hearts framed in flowers. On the inside of the card a Valentine verse reads "Loveland, Colorado, the Sweetheart City has a Valentine Poem for the Witty. Candy is Sweet, Lemons are Sour, I'll be loving you through the Midnight Hour." And was submitted by third grader Shelsey Sybrandts who is the youngest author of the Valentine Verse in the 57-year history of the Loveland, Colorado Valentine Remailing Program.

The modest city of Loveland has created quite a name for itself and is globally known as the "Sweetheart City." Valentines are sent through Loveland from all fifty States as well as 120 countries. The Loveland, Colorado Valentine Remailing Program has been featured globally on PBS, the London Broadcasting Company, radio casts in Australia, and is mentioned in many more newspapers and magazines.

A special Valentine representative is also chosen by a committee to win a \$1,000 scholarship and to represent Loveland in various meetings with the Governor of Colorado and will often make speeches in front of the State House of Representatives and the State Senate. In the past, Miss Loveland Valentine has been the only person to be allowed to make a presentation in front of Colorado's State Legislature.

I am so very proud of the humble town of Loveland, where my office headquarters are, and the Loveland Valentines Remailing Program. I ask my colleagues to join me in a unanimous tribute to all of the senior citizen volunteers, the authors of this year's Valentine card: Shelsey Sybrandts, Brenda Crow, Steph-

anie Moss, and Diana Reed, and to congratulate Sara Craig for being this year's Miss Loveland Valentine. May this noble tradition lift up our hearts and spread love and compassion around the world for years to come.

HONORING THE "GO RED FOR WOMEN" CAMPAIGN

HON. GEORGE RADANOVICH

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, February 3, 2004

Mr. RADANOVICH. Mr. Speaker, I rise today to honor the "Go Red for Women" national campaign sponsored by the American Heart Association. This initiative is brought forth to raise awareness in women about heart disease.

Friday, February 6th is National "Wear Red Day," a day when people nationwide are encouraged to take women's health to heart by wearing red to show their support and raise awareness with the public that heart disease is the #1 killer of women in the United States. By showing off a favorite red dress, shirt, or tie, Americans will unite in the national movement to give women a personal and urgent wake-up call about their risk of heart disease.

In Fresno County, more than 763 women die each year of cardiovascular disease. Fresno's luncheon event on Thursday will serve as a kick-off for the national event. Dr. Catherine Winchester is the only woman cardiologist in central California, and she will serve as the keynote speaker and several women heart survivors will also share their personal stories. The "Go Red for Women" luncheon is a wonderful way of reminding the public that February 6th is national "Wear Red Day."

The American Heart Association is committed to the support of ongoing medical research to advance knowledge in the areas of prevention and treatment of heart disease and stroke. It launched its new initiative, "Go Red for Women," to empower women to live longer and stronger lives and to help reduce their risk factors for heart disease. This has served as a call-to-action endeavor to educate women on how to recognize the symptoms of a heart attack and how to better their health.

Mr. Speaker, I commend the Fresno County American Heart Association for hosting a "Go Red for Women" event that will help to educate and empower the women in its community. I urge my colleagues to join me in praising the American Heart Association for its service to our Nation.

TRIBUTE TO LAURA PEARSON, RIVERSIDE CITY COUNCIL

HON. KEN CALVERT

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, February 3, 2004

Mr. CALVERT. Mr. Speaker, I rise today to honor and pay tribute to an individual whose dedication and contributions to the community of Riverside, California are exceptional. Riverside has been fortunate to have dynamic and dedicated community leaders who willingly and unselfishly give their time and talent and make their communities a better place to live