

socially acceptable behavior have changed significantly and continue to evolve, sometimes in ways that are offensive to many in our society.

But this legislation simply goes too far, imposing massive financial penalties and potentially license revocation for actions and words that are far too broad and ill-defined. Far too much authority is placed in the hands of the FCC—which is not a court, which is not elected by anyone—to determine what Americans can voluntarily listen to or watch. The courts have established clear parameters for unacceptable speech; this legislation goes much further, imposing massive penalties and punishment that could—and presumably would—vastly exceed the constraints imposed by the courts.

Coming at a time when so many of our fundamental freedoms are under regular assault by those willing to sanction a lessening of personal liberty, this legislation is particularly disturbing. Many of those who long have described themselves as “conservatives” and “upholders of the Constitution” now sanction all manner of intrusiveness into the private and personal lives of Americans: whom the live with, whom they associate with, what they listen to, to whom they send emails. This is a period of serious overreaching into the personal and private lives of Americans. We as Members of Congress need to be more vigilant than this legislation suggests we are being.

I appreciate that some of the proponents of this legislation are genuinely offended by what they hear on the radio or see on television. That is why there is an “on/off” button and a channel selector on every TV and radio manufacturered. People should use them. Parents should use them. But Congress should not be recklessly imposing penalties of this scope on entertainers whom millions of our fellow citizens choose to patronize by listening to their programs.

HONORING BRUNO DAUBE

HON. HENRY J. HYDE

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 16, 2004

Mr. HYDE. Mr. Speaker, they say the sinew of our representative democracy is its citizens. When a citizen rises above tremendous challenges and goes on to live an exemplary life of charity to others, our country is strengthened. The Sixth Congressional District of Illinois, which I represent, has such a citizen, and his name is Mr. Bruno D. Daube.

Orphaned at the age of 13, Bruno Daube found himself homeless and a ward of the State. In those days, the state did not have any facilities for homeless juveniles, which is why Mr. Daube was relegated to living at a juvenile detention prison for 3 years. Through no fault of his own, he was subjected to treatment like any common criminal offender.

Yet despite this adversity, Mr. Daube managed to summon up the courage to become a model citizen for others to emulate. His commitment to country during the Korean War prompted him to join the Air Force at the young age of 17. During his service, he bettered himself by taking classes at the University of Arizona, and following his honorable

discharge from the Air Force, he used the GI Bill to complete his education in business and commercial law.

Mr. Daube's personal experience with homelessness led him to Chicago's Night Ministry organization. Inspired to help others, he took courses in counseling and theology at MacCormac College. For years, he walked the city streets, helping the homeless find shelter, food and jobs.

In 1998, he was recognized as the longest serving volunteer of the Night Ministry, and he continues to work there today. When his health no longer permitted him to walk the streets and climb steps, he turned his attention to troubled teens from broken families, persons who were forgotten in nursing homes and others struggling with the issues of alcohol and drug abuse. Recently, he was recognized for giving over 20 years of service and more than 20,000 hours of caring to the homeless, the poor and the forgotten.

In sum, Mr. Daube deserves national recognition for his significant contribution to humanity and his promotion of Christian morals. Despite tremendous obstacles and personal hardship, Mr. Daube has personified the honorable characteristics of courage, tenacity and perseverance.

Therefore, I rise today to commend Mr. Daube for his decades of selfless service to an untold number of individuals. As he prepares to celebrate his 72 birthday on April 12, let it forever be memorialized in the CONGRESSIONAL RECORD that Mr. Bruno D. Daube is indeed an extraordinary individual and a heroic citizen of the greatest country in the world, the United States of America.

CENTRAL NEW JERSEY RECOGNIZES AND CELEBRATES THE CAREER OF SHUJI MARUYAMA SENSEI

HON. RUSH D. HOLT

OF NEW JERSEY

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 16, 2004

Mr. HOLT. Mr. Speaker, I rise today to recognize the distinguished Shuji Maruyama Sensei and honor his contributions to the martial arts in the United States and throughout the world as well as the contributions to his many students in New Jersey, the United States and the world.

Mr. Maruyama is the founder of Kokikai Aikido International, based on Aikido, a Japanese martial art developed in the 20th century by Morihei Ueshiba. Aikido combined elements from other martial disciplines to develop an effective defense against multiple attackers. Shuji Maruyama further developed this art and founded his own school, Kokikai Aikido. Used only defensively, this art is characterized by startling grace and power. This martial art presumes it is necessary to be centered, relaxed, to have correct posture and a positive mind. These principals are not only helpful in defending oneself, but are effective tools for enhancing productivity and enjoyment of life.

The dual emphasis of this martial art on self-defense and peaceful resolution of conflict has enriched the lives of many of his students in the United States and abroad. Maruyama Sensei has played a key role in introducing

this martial art to the United States and supporting its growth and vibrancy. He is a teacher of exceptional skill.

Now in his 60s, Maruyama Sensei is acknowledged as one of the world's greatest living martial artists, a model of grace and power, and an extraordinary teacher. He constantly challenges himself calling his students to do the same and encouraging them to continue to grow and improve.

As an individual who has touched the lives of countless individuals, nationally and internationally, Shuji Maruyama Sensei has enhanced the health and well being of each. He has earned our heartfelt appreciation for his efforts. I ask my colleagues to join me in giving him this recognition.

A TRIBUTE TO HELEN KENNEDY, 29TH CONGRESSIONAL DISTRICT WOMAN OF THE YEAR—2004

HON. ADAM B. SCHIFF

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 16, 2004

Mr. SCHIFF. Mr. Speaker, I rise today to honor Women's History Month. During the month of March, we pay special tribute to the accomplishments made by our Nation's most distinguished women. It is my great privilege to recognize outstanding women who are making a difference in my district.

I stand today to recognize an extraordinary woman of California's 29th Congressional District, Mrs. Helen Kennedy of San Gabriel. Mrs. Kennedy has been pivotal in the social and cultural vitality of our community and I wish to salute her efforts today.

Helen and her husband, George Kennedy, first moved to San Gabriel in 1942, where they raised their 2 children, Brian and Drake. Helen and George worked together in their family business, Kennedy Outdoor Advertising, and became actively involved in the community of San Gabriel. Mr. and Mrs. Kennedy volunteered for the Boy Scouts of America, Little League, and were instrumental in the development of Vincent Lugo Park. Helen was the first PTA President of San Gabriel High School while George fund-raised for the purchase of lights for the high school's new football field. Mr. and Mrs. Kennedy enjoyed 55 years of marriage until his death in 1988.

Helen Kennedy, often referred to as “San Gabriel's Sweetheart,” has an impressive and varied list of city, county and state accomplishments. Appointed to the San Gabriel City Council in 1963, she won election in 1964 and served on the council for 17 years, serving 2 terms as mayor. She was a cofounder of the California Elected Women's Association for Education and Research, along with U.S. Senator DIANNE FEINSTEIN.

The founder of the Friends of the Library, and Checkmates for Cancer at the San Gabriel Valley Medical Center, she also volunteered for years at La Casa de San Gabriel Community Center. Helen currently serves on the boards of the San Gabriel Valley Medical Center Foundation and the San Gabriel Chamber of Commerce, Women's Division.

An avid supporter of the arts, Helen spearheaded the successful fund-raising campaign to restore the original doors of the San Gabriel Civic Auditorium, and obtained the theater

organ for the auditorium. She was on the board of directors of the Music Theater of Southern California and served for 30 years on the Music and Performing Arts Commission of Los Angeles County.

I ask all Members to join me today in honoring an extraordinary woman of California's 29th Congressional District, Helen Kennedy. The entire community joins me in thanking Helen Kennedy for her continued efforts to make the 29th Congressional District a better place in which to live.

CONCERNS REGARDING THE SHUT-DOWN OF UKRAINE'S RADIO KONTYNT

HON. CURT WELDON

OF PENNSYLVANIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 16, 2004

Mr. WELDON of Pennsylvania. Mr. Speaker, I was dismayed to learn that on March 3, 2004, Ukrainian police shutdown Kontyent, a private radio station, in Kyiv, Ukraine. Four days before the Ukrainian authorities confiscated Kontyent's radio transmitter, the station began broadcasting Ukrainian-language programs by Radio Liberty. Radio Free Europe/Radio Liberty has played a significant role in Ukraine by providing several hours of Ukrainian-language programming to an average of six million regular listeners. RFE/RL offers comprehensive coverage of the internal political, economic and social situation in Ukraine. Such important information is not readily available to Ukrainians from their own domestic media.

Mr. Borys Kholod, the head of Ukraine's National Council for Radio and Television, claimed that the closure of Radio Kontyent was not politically motivated. Instead, Mr. Kholod maintains that Radio Kontyent had its license revoked due to Radio Kontyent's financial problems. However, Radio Kontyent has been in court for the past 3 years over the license dispute. It is my understanding that under Ukrainian law, action cannot be taken against the station until the court procedures have been completed.

Later this year, Ukraine will elect a new president. Many Ukrainians are concerned that without access to an independent media outlet, the current campaign will not be portrayed in a balanced and objective manner. I believe that Voice of America and Radio Free Europe/Radio Liberty is essential in this cause and I expressed that in my recent meeting with Ukraine's First Deputy Minister for Foreign Affairs, Volodymyr Yel'chenko. He assured me that a resolution is forthcoming and they are currently looking for a radio station to transmit Radio Liberty in the interim. I expect to receive an update on this matter from the Ministry in the near future.

TRIBUTE TO JUANITA YOUNG DEVAUGHNA, 29TH CONGRESSIONAL DISTRICT WOMAN OF THE YEAR—2004

HON. ADAM B. SCHIFF

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 16, 2004

Mr. SCHIFF. Mr. Speaker, I rise today to honor Women's History Month. During the month of March, we pay special tribute to the accomplishments made by our Nation's most distinguished women. It is my great privilege to recognize outstanding women who are making a difference in my district.

I stand today, to recognize an extraordinary woman of California's 29th Congressional District, Mrs. Juanita Young DeVaughn. Mrs. DeVaughn's passion for community volunteerism, especially on behalf of children and education, has made Altadena and surrounding areas a better place in which to live.

Born in 1925 and raised in Boligee, Alabama, Juanita attended Alabama A&M University where she earned her BS in Home Economics. Juanita completed her higher education in 1977, obtaining her MA from Azusa Pacific University in Azusa, CA. Juanita married Paul DeVaughn in 1950. They have 2 children, Paula and Robert, and 2 grandchildren. The DeVaughns moved to Altadena, CA in the 1960s.

A lifelong educator, Mrs. DeVaughn has taught for 47 years. Her teaching experience began at the Industrial School for Girls in Alabama. She also worked as a Dietician at Talladega College, as a Nutritionist for the Headstart program in Birmingham, a teacher at Eliot Middle School in Altadena, and concluded her illustrious career in 1993 as an instructor in Home Economics, Geography, English, and Social Studies at John Muir High School in Pasadena.

A natural leader, Juanita has been extensively involved in many community organizations. She spearheaded the Campus Beautification project for John Muir High School, served on the boards of the Alkebulan Cultural Center, and the Altadena Christian Children's Center. An active Altadena NAACP board member, Juanita revitalized and chaired the Altadena NAACP's ACT-SO Program; an undertaking she continues to this day. She is a long-time member of Altadena Baptist Church, where she is a Deaconess, choir member, and volunteers for various projects. In addition, she raises funds for NAACP youth projects, the Pasadena chapter of the Alabama A&M University Alumni Association, and the Alberta Vaughn Scholarship Foundation.

Juanita has received numerous awards, including the Pasadena-Foothill Valley's YWCA Second Century Award, the Roy Campanella Humanitarian Award, Phi Delta Kappa's Woman of Year Award, an International Optimist Award, and the Pasadena Human Relations Commission's Harry Sheldon Award.

I ask all Members to join me today in honoring an extraordinary woman of California's 29th Congressional District, Juanita Young DeVaughn. The entire community joins me in thanking Juanita DeVaughn for her continued efforts to make the 29th Congressional District a better place in which to live.

AMERICA'S GROWING OBESITY EPIDEMIC

HON. ROSA L. DeLAURO

OF CONNECTICUT

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 16, 2004

Ms. DELAURO. Mr. Speaker, public health officials have been sounding an alarm in recent years about America's growing obesity epidemic. By 2000, almost two-thirds of adults were overweight or obese, and the Centers for Disease Control and Prevention (CDC) estimate that 40 percent of adults will be obese by 2010, if trends go unchanged. In the past 20 years, the percentage of children who are overweight has doubled from 7 to 15 percent, while the percentage of adolescents who are overweight has almost tripled.

Recent studies have found that more than 34 percent of adults are overweight, about 31 percent are obese, and both children and adults are consuming significantly more calories today than they did just 30 years ago.

The personal costs of this epidemic include shorter lifespan due to increases in heart disease, high blood pressure, stroke, some types of cancer and diabetes. The costs to society are immense and growing; CDC estimates that obesity-related medical costs reached a record total of \$75 billion in 2003, \$39 billion of which is borne by taxpayers via Medicare and Medicaid.

Among the best tools yet developed to fight obesity is the Expanded Food and Nutrition Education Program (or EFNEP), which is operated by the USDA's Cooperative State Research, Education, and Extension Service (or CSREES). Now celebrating its 35th year of service, EFNEP operates in nearly 800 counties in all 50 states and the U.S. territories. EFNEP's mission is to help low-income families and youth improve their diet quality and stretch their food dollar, skills which directly affect obesity. By making positive changes in individual and family behavior regarding healthy food choices, physical activity, and stretching the family food dollar, EFNEP participants can combat obesity and improve their health.

Studies show that people who are most "food insecure"—meaning those who are vulnerable to running out of food or missing meals because they cannot afford the cost—are disproportionately obese and overweight. EFNEP targets these very audiences: low-income youth and low-income families with young children. Through a series of lessons and activities, taught in peer-to-peer fashion by paraprofessionals and volunteers who come from the same populations the program is trying to reach, EFNEP relies on a tried-and-true learning process that brings about dramatic results.

Changes in diets to include more fruits and vegetables and dairy foods have been shown to lower the incidence of obesity and the risk of many chronic diseases. EFNEP has demonstrated remarkable success in increasing the consumption of these key foods. According to evaluation data, after participating in EFNEP, the adults consume 1.7 more servings of fruits and vegetables and a one-half additional serving of dairy foods, compared to their intake levels when they started EFNEP; 93 percent of the adult participants make a positive improvement in at least one food group.