the prisoners in the world and young Black men at eight-times the population rate of the Black men of South Africa at the height of Apartheid. They happen among immigrant populations of every nation. They occur among the farmers of Viquees and fishers of the Marshal Islands whose livelihoods and health have been damaged by years of bomb testing and with school-aged children in broken neighborhoods; with Afghan nationals in the cells of Guantanamo; and in secret prisons in Eastern Europe and Saudi Arabia. We are a nation whose governments and institutions fail to protect their citizens or actively harm them, the earthquake happens. And when those who suffer are forgotten, the devastation is terrible.

Consider the political activists who were imprisoned in the late 1960s and 1970s. Richard Williams was one of them. Following 9/11, he was placed in isolation for 15 months without cause. He was given poor medical care, which often occurs in prison. He passed this month, at the age of 58, and we remember him. Remember Marilyn Buck, Leonard Peltier, Oscar Lopez and others who have languished in prison. Remember Assata Shakur, who has a price on her head. In June, ten environmental and animal protection activists from the San Francisco Bay area went down to a grand jury after police raids failed to produce evidence of criminal wrongdoing. Since the Patriot Act passed, our government has acquired vastly broadened authority to monitor, arrest and detain citizens. We have learned that freedoms not protected will erode.

Recently, I traveled to the Gulf Coast after the hurricanes, carrying supplies and assessing what we could do to help. I met a little boy, about 10 or 11, collecting toys for his younger brother and sister. When his turn came, he gave away appropriate toys in the can for him. He turned away, dejected. Then I remembered that my 5-year-old niece had given me her most precious rubber frog and told me to give it to somebody special. I pulled the frog out of my pocket and gave it to the boy. His face lit up and he ran off with it, laughing and teasing his little brother. In that moment, the disaster was forgotten and he was just a boy again.

The prisons of the U.S. hold fathers and mothers whose children, more likely than not, were left in an earthquake of poverty and chaos. You probably know some of them, because the invisible flood of incarceration is enormous, but you may not know the secret flood that because discrimination is a powerful force in their lives. Remember them. What could you do for the children? What could you do for someone who is ill? How much could be done by remembrance and a well-placed word for political prisoners and indigenous peoples of contaminated lands. Remember those who suffer from the secret floods of our world today, and consider that is in your hand. What will you do with what you have?

CONGRATULATING BREEANNA AND SADIE LANCASTER

HON. MICHAEL C. BURGESS
OF TEXAS
IN THE HOUSE OF REPRESENTATIVES
Thursday, February 16, 2006

Mr. BURGESS. Mr. Speaker, I rise today to congratulate sisters Breeanna and Sadie Lancaster for their outstanding performance in the Pony of the Americas Horse Show. Breeanna and Sadie both placed in the top 10 of the recent show and received awards at the State Chapter Banquet on January 15, 2006. Breeanna placed first overall in the 9-to-12 years-old category. She scored first place in showmanship, reining, western riding, trail, bareback equitation, and horsemanship and jumping competitions; second place in western and junior English pleasure, and third place in junior western pleasure, junior trial and open and Indian costume competitions. Sadie placed second overall in the 9-to-12 years-old category. She placed first in times and senior English pleasure competitions; second place in reining.

At the banquet, Breeanna was named “Top Rider” for the Texas POA Club for 2005 and Sadie was the third overall in the State chapter. Breeanna was also given the Lance P. Scott Award for the most overall points in a year. She was also awarded the Diane Goodman Tennant Showmanship Traveling Award given annually to the point exhibitor who accumulated the most showmanship points in their age group for that year.

These young ladies exemplify hard work and a commitment to excellence. Both ladies have overcome obstacles to persevere and to have winning seasons. I extend my sincere congratulations to Ms. Breeanna and Ms. Sadie Lancaster for their extreme dedication and assistance to the extra curricular activities. These young ladies serve as an inspiration for all.

PERSONAL EXPLANATION
HON. ELTON GALLEGGY
OF CALIFORNIA
IN THE HOUSE OF REPRESENTATIVES
Thursday, February 16, 2006

Mr. GALLEGGY. Mr. Speaker, on Wednesday, February 9, 2006, I was unable to be present to vote on the motion to suspend the rules and pass H. Res. 670 and H. Res. 671 and H. Res. 672. I am present to vote on the motion to suspend the rules and agree to H. Res. 670, congratulating conferees on H.R. 4297.

I extend my sincere congratulations to Ms. Breeanna and Ms. Sadie Lancaster for their extreme dedication and assistance to the extra curricular activities. These young ladies serve as an inspiration for all.

TRIBUTE TO BONNIE TERRY
HON. CHARLES A. GONZALEZ
OF TEXAS
IN THE HOUSE OF REPRESENTATIVES
Thursday, February 16, 2006

Mr. GONZALEZ. Mr. Speaker, I rise today to honor a dear friend who left us far too soon. Bonnie made a point of attending the coalition’s meeting with Senator HILLARY CLINTON. Like many in our city, Bonnie hailed from elsewhere, but there should be no doubt that she made San Antonio her home. Born in Germany, Bonnie was the child of a military family that eventually settled in San Antonio. She graduated from Jefferson High School, San Antonio College, and the University of Texas at San Antonio. However, even while working on her bachelor’s degree, it was apparent to many that Bonnie would match her education to her faith in making her life’s work. People will always seek a higher purpose in life. Bonnie found hers in serving others and in doing so making their lives better.

If Bonnie’s determination was the vessel for her actions, faith was her North Star. Steeped in the United Methodist Church, Bonnie sought to implement the teachings of the Lord. She served as an urban missionary at Travis Park United Methodist Church where she energized a food bank and outreach program, which the Reverend Bert Clayton—a long-time friend, said this was one of her greatest feats. Her next project focused on the downtown’s homeless community. The Reverend John Flowers, pastor at Travis Park, said Bonnie helped envision a day center for homeless or transitional people that opened in 2004. My prayers and thoughts go out to her sisters, brothers, nieces and nephews. I hope it comforts them in their time of grief that Bonnie was a beloved figure in San Antonio. We will miss her.

TRIBUTE TO MRS. SALLY FOX
HON. MARILYN N. MUSGRAVE
OF COLORADO
IN THE HOUSE OF REPRESENTATIVES
Thursday, February 16, 2006

Mrs. MUSGRAVE. Mr. Speaker, I rise today to pay tribute to the public service and remarkable community involvement of Mrs. Sally Fox. Mrs. Fox’s lifework was her devotion to children. Mrs. Fox devoted much of her life to public schools in Colorado. In addition to other volunteer efforts, Mrs. Fox served as president of
the Burlington Elementary School PTA in Longmont.

Mrs. Fox also dedicated much of her life as a local grassroots activist. She served as secretary for House District 52, as well as secretary for Colorado Representative Ron Straehle. Mrs. Fox also served as a Precinct Committee person since 1979 and has been a delegate to Fourth Congressional District and State assemblies.

In addition to her grassroots involvement and volunteerism, Mrs. Fox currently manages the Oak Ridge Federal Government Office Building in Fort Collins. She has also worked as mail manager at The Square and as manager of maintenance at the Market Place, both in Fort Collins.

Beyond her community involvement, it is her love and devotion to her family that is most impressive. April 2006 will mark Sally’s 43rd wedding anniversary to her husband, Charles. She is the proud mother of a son and daughter, and a grandmother of three. Mrs. Fox has a special appreciation for family heirlooms. She is especially proud of an African violet given to her by her mother. It has bloomed continuously since her mother’s death in 1991.

Mr. Speaker, the grassroots involvement and love of family by women like Mrs. Sally Fox is what makes our country great. I urge my colleagues to join me in recognizing Mrs. Fox and her tremendous contributions to her community.

CONGRATULATIONS TO PAUL R. BEANE

HON. RANDY NEUGEBAUER
OF TEXAS

IN THE HOUSE OF REPRESENTATIVES
Thursday, February 16, 2006

Mr. NEUGEBAUER. Mr. Speaker, on February 17, 2006, a legend in Lubbock radio will celebrate 50 years in the broadcasting business. Mr. Paul R. Beane currently serves as general manager and morning radio program host at KRBL, 105.7 FM.

Mr. Beane’s long career began in 1956 at KGVL in Greenville, TX, and he has worked in all aspects of radio since that time. Over the years, he has worked at 18 radio and television stations in Texas and Louisiana, spending the majority of time in and around my hometown of Lubbock. He is a familiar face and voice to the people of west Texas and we appreciate his efforts to bring us news, information and entertainment.

Many Lubbock residents have fond memories of Paul’s broadcasts. I particularly remember his “News Flash” announcements before giving the news update.

In this day and age of weblogs, podcasts and e-mail updates, it is refreshing to turn on the radio, hear Paul’s voice and get the news from a genuine reporter and trusted member of the community.

Mr. Speaker, I would like to congratulate Paul Beane on his 50th anniversary in broadcasting.

CONGRATULATING FARMVILLE CENTRAL HIGH SCHOOL’S 2005 VARSITY BASEBALL TEAM

HON. WALTER B. JONES
OF NORTH CAROLINA

IN THE HOUSE OF REPRESENTATIVES
Thursday, February 16, 2006

Mr. JONES of North Carolina. Mr. Speaker, though it is now 2006, I want to take the opportunity to recognize, on two separate occasions, two great success stories from my district last year.

One great success story from eastern North Carolina in 2005 is an outstanding athletic achievement from my hometown of Farmville. Though Farmville Central High School’s 2005 boy’s varsity baseball team began their season with a rocky start, the Jaguars were able to turn their season around and capture the school’s very first State baseball championship.

I am very proud of my hometown team’s record and their historic victory in the North Carolina High School Athletic Association State I-A championship in June of 2005. I wish to congratulate all of the team’s coaches and players: Head Coach John Galeazzi; Assistant Coaches Ed Hines and Brian Perry; Statistician Joe Allen; Athletic Director Dixon Sauls; Players: Justin Bagley, Chad Bagley, Brad Bagley, Bill Fisher, Cameron Moore, Robbie Jones, Spencer Albritton, Jonathan Landen, Brandon Cox, Landon Walker, Tommy Cobb, Chris Tomin, Jordan Corbett, Will Rhem, Mike Daile, Warren Rhem, and Craig Taylor.

Mr. Speaker, I, like many of my colleagues in Congress, have had the fortunate opportunity of playing on a high school State championship team. More than 40 years later, I can still vividly recall in my mind the wonderful memory of the night my high school basketball team at Hargrave Military Academy won the Military League Championship.

I close by once again congratulating the coach and players of the 2005 Farmville Central High School varsity baseball team for their hard work, and for their success in achieving an athletic victory which they will remember with pride for years to come.

COMMEMORATING NATIONAL HEART MONTH

HON. JUANITA MILLENDER-MCDONALD
OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES
Thursday, February 16, 2006

Ms. MILLENDER-MCDONALD. Mr. Speaker, heart disease and stroke, the largest threats to women’s lives are largely preventable. Prevention is easy: eating a healthy diet, exercising frequently, refrain from smoking, and maintaining weight. Cholesterol and blood pressure are all ways that women can protect themselves against heart disease and stroke which kill 1 in 2.4 women annually.

But most women in the United States do not know that they are at a higher risk for deadly heart attacks, hypertension, and strokes than they are for any other disease.

According to an American Heart Association survey, only 57 percent of American women know that heart disease is the leading killer of women. The women who have yet to learn of these deadly diseases are the women who are at the greatest risk.

Only 38 percent of African-American women and 42 percent of Latina women know about the dangers posed by heart disease and stroke.

All women need this knowledge. They need to know that they are at risk and they need to know there is a causal connection between the lifestyle choices they make and their personal risk for death by heart disease and stroke.

That is why I am here to announce my firm commitment to National Heart Month and that is why I co-sponsor forward thinking legislation like the HEART for Women Act that will contribute to heightened awareness.

Efforts like National Heart Month, the American Heart Association’s “Go Red for Women” initiative, and the National Institutes of Health’s “The Heart Truth” awareness campaign all contribute to a greater awareness among women about the dangers posed by heart disease and stroke.

The more women know about how their everyday choices affect their long-term health, the better those choices will be. This information is a part of a national movement that will save women’s lives.

We must do our part to ensure that every woman in our communities, especially the ones who are at the greatest risk, is touched by these campaigns. We encourage all women to visit their doctors and talk about the many positive steps they can take towards heart disease prevention.

Knowledge is power and we need to ensure that outreach efforts are made to African-American and Latina communities so that they can share in this power.

National Heart Month is timely, it is necessary, and the information it seeks to impart is a matter of life and death.

HONORING ROBIN BOHANNAN AND HER LEADERSHIP AT BOULDER COUNTY AIDS PROJECT

HON. MARK UDALL
OF COLORADO

IN THE HOUSE OF REPRESENTATIVES
Thursday, February 16, 2006

Mr. UDALL of Colorado. Mr. Speaker, I rise today to recognize and honor Ms. Robin Bohannan, the outgoing executive director of the Boulder County AIDS Project. Ms. Bohannan’s career at BCAP is a remarkable example of compassion, public service, and personal dedication.

Ms. Bohannan began her career at the Boulder County AIDS Project in an important and appreciated voluntary role. Still a small organization at this time, BCAP built its foundation on the strength of volunteers just like her. As she spent more time volunteering, Ms. Bohannan became an indispensable part of BCAP and was able to take a full-time paid position as a case manager in 1991.

In the early 1980s and even into the 1990s HIV/AIDS was not only a burgeoning health crisis, it was a defining issue of social consciousness. Women were阵 subject to violence, discrimination, severe social stigma, and public ignorance merged with a terrible and often baffling array of medical challenges to create terrible