

generation students, adult learners, and veterans. From providing transition services for homeless youth, to promoting single parents' education programs and mental health services for veterans, there are no bounds to the McClure family's encouragement of life-long success.

Institutions such as the Vermont State Colleges, the American Red Cross of Vermont, the Vermont Department of Libraries, the Vermont Vet to Vet Program, and hundreds more have expanded innovative learning programs as a result of the foundation. From cancer patients to legislators, the foundation has touched countless lives, while inspiring those to follow their dreams.

The foundation has also been instrumental in supporting historical preservation projects at the Leahy Center for Lake Champlain and the Lake Champlain Maritime Museum. The McClures' vision to inspire a lifelong cultural and historical education for all Vermonters, meanwhile maintaining a commitment to environmental sustainability, has enhanced multiple facets of our State's diverse landscape for generations to come.

As someone who has met many leaders and legends within public service, I am continually humbled by the McClure family's boundless charity and true dedication to supporting the common good.

Marcelle and I are proud to call Lois our dear friend, and we were blessed and honored to know Mac. We are forever proud of the McClures' undying commitment to Vermonters, and we are thrilled to congratulate the foundation on 20 wonderful years of extraordinary and selfless service.

NATIONAL MENTAL HEALTH AWARENESS MONTH

Mr. CARDIN. Mr. President, I ask my colleagues to join me in recognizing May as National Mental Health Awareness Month. Sadly, mental health is a subject that often does not receive the attention it deserves in our society, despite the fact that mental illness touches the lives of tens of millions of Americans each year. Nearly 50 percent of American adults will develop at least one mental illness in their lifetimes, and in a given year, one in four American adults, more than 60 million people, experiences some form of mental illness. Of that number, approximately 5.8 percent suffer from a serious mental disorder like schizophrenia, bipolar disorder, or major depression.

Mental illness can have a devastating impact on an individual's overall health and quality of life. Those suffering from serious mental illnesses are not only at increased risk for chronic medical conditions, but they also die, on average, 25 years earlier than other Americans, due in large part to treatable medical conditions. Adults with severe mental disorders are also much more likely to be impoverished, further

limiting their access to health care services needed to help manage their illnesses. A 2012 study published in the *Journal of Mental Health Policy and Economics* found that the presence of a household member with a severe mental illness was shown to increase the likelihood of poverty in a home by more than three times.

Mental illness also has a significant impact on our country's economy. According to the CDC, the economic cost of mental illness in the United States was a staggering \$300 billion in 2002.

The good news is that high-quality, evidence-based treatment for mental illnesses can be very effective. However, fewer than half of those in need receive any mental health care in the United States. This is simply unacceptable. Stigma, cost, and other barriers, such as limited capacity in some areas to serve all those in need, prevent many individuals from receiving necessary mental health care. It is imperative that we act to improve access to high-quality, evidence-based mental health care services in our country.

Several weeks ago, I had the opportunity to attend the ribbon-cutting ceremony for the Mosaic Integrated Healthcare Center, a state-of-the-art facility in Baltimore that will provide essential mental health services, substance abuse treatment, and primary care services to the community. Mosaic Community Services is the largest community-based behavioral health service provider in Maryland, serving thousands of children, adolescents, and adults annually. The new Integrated Healthcare Center will allow full implementation of Mosaic's integrated care model, which addresses patients' physical and behavioral health needs in a comprehensive, coordinated, and cost-saving manner. A pilot program based on this model, supported by a 2010 grant from Maryland's Community Health Resources Commission, resulted in an impressive 78 percent reduction in emergency room visits and urgent inpatient care. Mosaic's innovative system is a perfect example of the ways in which integrated care can improve quality of care, result in better health outcomes, and help generate long-term cost savings.

I am also excited to be working on an initiative to improve access to, and quality of, mental health care in our country by facilitating the integration of mental health care services into the primary care setting through the collaborative care model, developed by the late Dr. Wayne Katon, at the AIMS Center at the University of Washington.

In the collaborative care model, primary care providers treat patients with common mental health disorders, such as depression or anxiety, with help from a care manager and a psychiatrist who acts a consultant, reviewing patients' progress, making treatment recommendations and sharing his or her expertise with the primary care provider and care manager.

The collaborative care model not only improves patient care experiences and outcomes, it has also been shown to reduce overall health care costs. One large trial, which focused on depression care in primary care clinics in five States, found substantial reductions in overall health costs, with an overall rate of return on investment of \$6 in health care costs saved for each \$1 spent on depression care.

Mental illness affects the lives of so many Americans. This May, in honor of National Mental Health Awareness Month, let us commit to working together to improve mental health care in our country by building on the success of integrated care models like the collaborative care model and the innovative system at Mosaic's Integrated Health Center.

TRIBUTE TO LARRY ARFT

Ms. BALDWIN. Mr. President, I wish to recognize and salute Larry Arft, the city manager for Beloit, WI, on the occasion of his retirement. It has been my pleasure to work closely with Larry since he started in this role in 2003. Throughout that time, he has been a tireless and effective leader of the community. He has been a model public servant, and his talent and passion will be missed by all who have worked with him.

A Missouri native, Larry served in the U.S. Army in Vietnam. Following his military service, he graduated magna cum laude from the University of Missouri—St. Louis. It was there that his interest in local government was sparked by an internship with a St. Louis-area municipality. Since then, Larry has served with distinction in multiple communities in three States for more than 40 years.

As Beloit city manager, Larry Arft has been the driving force behind extensive economic development. During his tenure, Beloit has experienced strong and sustained revitalization of its downtown, in the Gateway Business Park, and along its riverfront. He has always been an enthusiastic partner with the business community, and Larry proved that Beloit was—and continues to be—a good place to do business. He also engaged other government leaders in the area, around the State, and in the Federal Government. He set an example of how things should be done and how people could come together to address challenges.

I had the privilege of working closely with him in efforts to secure Federal funding for the construction and improvement of local roads and bridges, allowing for safer and more rapid transport and economic development. In addition, I had the pleasure of working with him as he led efforts to create good jobs and attract visitors to the area through the development of a Beloit casino.

Larry's work extended well beyond the city limits. He actively engaged other communities in the region and