

Texas Medical Branch in Galveston. Dr. Carter is Director of the Regional Breast Center of North Colorado and Medical Director of the Rocky Mountain Cancer Rehabilitation Institute.

Jan Martin has worked with the University of Northern Colorado School of Nursing for over 14 years. She received a BS in nursing from Northwestern Louisiana University; an MS in nursing and GNP from the University of Colorado Health Sciences Center; and a PhD in Higher Education Administration from the University of Denver.

Alison S. Merrill teaches nursing at the University of Northern Colorado and is a Clinical Nurse Specialist in Oncology. She received a BS in Nursing from the University of Rhode Island and an MS in Nursing from the University of Michigan.

Meredith Mayer is a nurse practitioner and faculty member at the North Colorado Family Medicine Residency Training program in Greeley, CO. She received a BS in psychology at the University of Colorado in Boulder and an MS in Nursing at Pace University in Briarcliff Manor, NY.

Judy Stauter Huse is a Health Education and Nutrition Consultant, specializing in wellness and eating disorders. She received her BS and MS from Iowa State University and has taught nutrition at the North Colorado Medical center and the University of Northern Colorado.

Maria deMontigny Korb is on faculty at the University of Northern Colorado Department of Nursing. She studied for a Master's Degree and PhD in Transcultural Nursing at the University of Utah and has worked and taught in the clinical area of psychiatric nursing.

WOMEN'S HEALTH GETS MORE ATTENTION—  
ASSISTANT SURGEON GENERAL SPEAKS ON  
ADVANCES

(By Adam Silverman)

Although mammograms are responsible for saving the lives of thousands of women every year, the technology is 40 years old and still misses crucial early warning signs of breast cancer.

That was the challenge facing Susan Blumenthal, assistant surgeon general of the United States. Rather than waiting for new technology to be developed, she called the CIA. Together with NASA and the CIA, Blumenthal used spy-satellite technology to improve the success of mammograms.

"Some of the same imaging technology used to find tanks camouflaged behind trees can now be used to find cancer cells," she said. Blumenthal was in Greeley on Thursday to deliver the keynote address at a conference about women's health.

The conference, held at the University of Northern Colorado, featured a variety of panelists who discussed everything from anorexia to breast cancer to political action.

Blumenthal delivered a "report card" on women's health in the country today: The biggest problem facing women isn't any one disease, but instead is a lack of focus on women's health.

"We must address these issues if we want to safeguard women's health," she said.

The problem stems from the fact that women's health issues also are political issues, said Raissa Geary, a member of the U.S. Senate's Health, Education, Labor and Pensions Committee.

"This is more politically charged than almost anything we do," she said. "We're treated as a political issue when it comes to health care. We have wonderful, pure approaches to women's health care policy, but it's not in a vacuum."

Although women's health is not being discussed as often as most women would like, awareness of health problems facing women has increased in the past century, Blumenthal said.

For many years, serious health problems such as heart disease and lung cancer were thought only to occur in men. But through increasing research in women's health issues, Blumenthal said, concerns such as these are being discussed.

Also, it's important to include women and minorities in all research projects relating to health issues that affect women as well as men, Blumenthal said. Programs that don't include women will lose their federal funding.

Marianne Dinges attended the conference Thursday and said the experience was valuable. She said she was impressed with the quality of the speakers and the topics they were scheduled to discuss.

"It appeared we were going to see a full gamut of issues and their political relevance," she said. "A lot of us are involved in women's issues and hear a lot about this, but we all got new information."

The conference was sponsored by UNC and U.S. Sen. Ben Nighthorse Campbell, R-Colo. Campbell said his staff pitched the idea to UNC after receiving many calls from women about health issues.

"It came from the community activists who wanted me to do it," he said.

The issues addressed at the conference need to be at the forefront of public debate, Campbell said.

He said he will take the information back to Washington, D.C., and enter it into the Congressional Record. He also wants to start a series of forums like the one Thursday to further address the issues.

"We just touched the surface of women's health," he said. "The time to endure is passed. It's time to fight back."

HEALTHY LIVING

Susan Blumenthal, assistant U.S. surgeon general, gave these tips for healthy lives:

Find a doctor who respects you.

Know your family health history; many diseases are genetic and run in families.

If you smoke, stop. If you don't, never do. It's the No. 1 preventable cause of health problems among women.

Exercise or do some other sort of physical activity at least 30 minutes every day. This could be as simple as riding a bike or walking up stairs rather than using the elevator.

Eat smart.

Get annual physical exams, and make sure to include routine women's health tests such as pap smears.

Know your health care plan and make sure to read the fine print.

Mr. CAMPBELL. Mr. President, information we received at the forum will be helpful in my work on the Appropriations Committee as we consider funding priorities in the women's health area.

I thank the Chair and yield the floor.

MESSAGES FROM THE PRESIDENT

Messages from the President of the United States were communicated to the Senate by Mr. Williams, one of his secretaries.

EXECUTIVE MESSAGES REFERRED

As in executive session the Presiding Officer laid before the Senate messages

from the President of the United States submitting sundry nominations which were referred to the Committee on Banking, Housing, and Urban Affairs.

(The nominations received today are printed at the end of the Senate proceedings.)

MESSAGES FROM THE HOUSE

At 4:00 p.m., a message from the House of Representatives, delivered by one of its reading clerks, announced that the House has passed the following bills, in which it requests the concurrence of the Senate:

H.R. 1259. An act to amend the Congressional Budget Act of 1974 to protect Social Security surpluses through strengthened budgetary enforcement mechanisms.

H.R. 1915. An act to provide grants to the States to improve the reporting of unidentified and missing persons.

The message also announced that the House agrees to the amendment of the Senate to the bill (H.R. 435) to make miscellaneous and technical changes to various trade laws, and for other purposes.

The message further announced that pursuant to section 334(b)(1) of Public Law 105-220 and the order of the House of Thursday, May 27, 1999, and upon the recommendation of the Minority Leader, the Speaker appoints the following member on the part of the House to the Twenty-First Century Workforce Commission: Mr. David L. Stewart of St. Louis, Missouri.

The message also announced that pursuant to the provisions of 22 U.S.C. 276d, the Speaker appoints the following Members of the House to the Canada-United States Interparliamentary Group, in addition to Mr. HOUGHTON of New York, Chairman, appointed on February 11, 1999: Mr. GILMAN of New York, Vice Chairman, Mr. OBERSTAR of Minnesota, Mr. SHAW of Florida, Mr. LIPINSKI of Illinois, Ms. SLAUGHTER of New York, Mr. UPTON of Michigan, Mr. STEARNS of Florida, Mr. PETERSON of Minnesota, Ms. DANNER of Missouri, Mr. MANZULLO of Illinois, and Mr. ENGLISH of Pennsylvania.

MEASURE REFERRED

The following bill was read the first and second times by unanimous consent and referred as indicated:

H.R. 1915. An act to provide grants to the States to improve the reporting of unidentified and missing persons; to the Committee on the Judiciary.

EXECUTIVE AND OTHER  
COMMUNICATIONS

The following communications were laid before the Senate, together with accompanying papers, reports, and documents, which were referred as indicated: