

obstacles through trial and error. Whether earning their next merit badge or learning how to properly interact with the environment, Boy Scouts are able to translate what they have learned through the program into their families, churches, and communities.

Let me also take a moment to commend the almost 500,000 adult volunteers, including 24,000 Minnesotans, who serve as leaders for the Boy Scouts. Both men and women serve the Boy Scouts in various capacities ranging from unit leaders to merit badge counselors. The Boy Scouts of America would certainly not be possible if it were not for the efforts of these stalwart volunteers.

Although times have changed, fads come and go, the Boy Scouts continue to be an effective tool in training our nation's youth. Through the Scouts' core values of helping other people at all times and keeping themselves physically strong, mentally awake, and morally straight, scouts impact our communities in many ways. Students who have been through the Boy Scout program and have adopted these values as their own are needed now more than ever before.

Over the years, the Boy Scouts have produced many of the country's most respected civic, professional, and community leaders. Right here in the Senate, 66 of my fellow colleagues have served as a scout, a leader, or in some cases, both. With all that the Boy Scouts have done for our country, I hope its next 90 years will be as productive as these first 90 have been.

On this 90th anniversary of the founding of the Boy Scouts of America, I wish my very best to the Boy Scouts, not only in Minnesota, but to Scouts across our great Nation.●

AMERICAN HEART MONTH

● Mr. GRAMS. Mr. President, I rise today to recognize February as American Heart Month. As its sponsoring organization, the American Heart Association (AHA) plays a major role in advocacy at both the national and local levels through activities to increase public awareness of health concerns. Their messages this month is "Be an American Heartsaver! Know the warning signs of heart attack. Call 9-1-1. Give CPR."

These three simple steps are aimed at reducing the number of lives lost every day—nearly 700—because the victims were unable to reach a hospital in time. The harsh fact is that cardiovascular diseases are the number one killer of men and women. In 1997, 34 percent of deaths from cardiovascular disease occurred prematurely, before the victims reached age 75. In total, more than 953,000 deaths were due to cardiovascular disease in 1997; 47 percent of those victims were women and 53 percent men.

During American Heart Month, thousands of AHA volunteers across the country canvass neighborhoods to raise funds and provide educational information about cardiovascular diseases and stroke. This is where the AHA makes its mark through its steadfast pursuit to reduce disability and death from cardiovascular diseases and stroke. By educating the American public about the early warning signs of heart attacks and stroke, the members and volunteers of the AHA know that individuals will be better prepared to save themselves—and others around them.

The AHA has produced educational kits for Americans of all ages. Accordingly to the AHA, helping children understand the early warning signs of heart problems can have a tremendous impact when their family is concerned. Cardiopulmonary resuscitation classes provide Americans, regardless of their age, with the tools to assist in cardiac emergencies.

With the many advances medical science has experienced, the list of measures we can take in prevention of cardiovascular disease continues to grow. Controlling high blood pressure and cholesterol, becoming active through regular exercise, and stopping smoking are some of the easiest steps to reducing the risk of cardiovascular disease.

The AHA has emphasized these measures in the hopes of reducing cardiovascular disease, stroke, and the risk of these diseases by 25 percent over the next eight years. In addition, the AHA runs an Active Partnership program for cardiac patients to help them take responsibility for reducing their cardiovascular risks in the future.

My state of Minnesota has long been on the frontline of health care and a Centers for Disease Control and Prevention study released last week indicated Minnesota as having the lowest occurrence of cardiovascular disease among women nationwide. We must continue to reduce the occurrence of cardiovascular disease in Minnesota, but the study suggests we are already heading in the right direction.

As American Heart Month comes to a close, I commend the American Heart Association and its army of volunteers for putting their hearts to work to see that the hearts of others continue to beat a little bit longer and a little bit stronger. They join a long list of health care-related organizations, professionals, and industries making Minnesota a healthier place to live.●

NATIONAL ENGINEERS WEEK

● Mr. GRAMS. Mr. President, I rise today to pay tribute to those men and women who have made the world we live in a better place through advances in engineering. Since 1951, the week that includes George Washington's birthday has been dedicated as Na-

tional Engineers Week (EWeek) to increase public awareness and appreciation of the engineering profession and technology. Our first president began his career with agricultural, military, and land surveying skills leading to his later recognition as the nation's "first engineer."

Last year's EWeek summit on "The Business of Diversity" gathered more than 100 business, government, and engineering leaders in Washington to find ways to increase the number of women and minorities in today's engineering workforce. This year, February 20-26 will be filed with activities designed by engineers for future engineers. Through national and local activities, students, women, and minorities are the focus of a campaign designed to interest them in a future in engineering.

"Discover E" is a program in which engineers visit K-12 classrooms to answer questions and interact with students in designing and building small projects. The Future City Competition is for seventh and eighth grade students, and the National Engineering Design Challenge is a high school program involving teams of students, teachers, and engineer mentors. All of these activities are geared toward introducing students in an interactive, hands-on way to engineering basics and open their eyes to the engineering inventions that are part of their daily lives.

Hundreds of 3M engineers in Minneapolis/St. Paul and throughout the country will visit local schools. In Minneapolis, 3M is organizing a reception involving some of the minority engineering student groups at the University of Minnesota and other local colleges. There, 3M engineers will talk about career planning and other experiences. Also in Minneapolis, The Works, a museum for the entire family, makes learning about technology interesting, understandable, and fun. The Works was created in 1995 with many hands-on, minds-on exhibits about technology centered on kids ages 5-15.

Schools have traditionally focused their teachings on the body of scientific knowledge, oftentimes neglecting the process of discovery that engineers use to help create new advances for our modern world. With the support of sponsors like 3M and NASA, programs during EWeek integrate this process of discovery and the use of technology into mathematics, science, language arts, and other topics. I am a strong supporter of exposing our children to the world around them and hope this awareness will get them involved and spark their interest in the future of engineering.

EWeek also recognizes the countless engineers who have influenced nearly every aspect of our lives as a result of their dedicated work and the numerous technological advances they inspired. These contributions were honored at a luncheon in Washington on February 22