EXTENSIONS OF REMARKS

Lynn McDougal came from modest beginnings in Atwood, Kansas. His father was a bowling alley owner and his mother a teacher. After attending the University of Kansas on a Naval Scholarship, McDougal spent three years of active duty, followed by 14 years in the Naval Reserve, attaining the rank of Lt. Commander. At his father's suggestion, he enrolled in law school at the University of Colorado, graduating in 1959. A few years later, he moved west and settled in El Cajon.

Lynn is a member of the State Bar of California, the Colorado Bar Association and the San Diego County Bar Association. He is admitted to practice before the U.S. Supreme Court. He is the Founder and Past President of the San Diego and Imperial County Attorney's Association. He has served as Second Vice President, First Vice President and the President of the City Attorney's Department of the League of California Cities. He is Past President and a member of the Foothills Bar Association.

Lynn has had a distinguished career in the area of law, but perhaps more importantly, he has dedicated his life in service to others in various other ways as well. This was recognized when he received the El Cajon Chamber of Commerce Citizen of the Year Award in 1974. Lynn has been a member of the Board of Directors of the Boys and Girls Club of El Cajon and served as a member of the Board of the Boys and Girls Club Foundation. He exemplified the Rotary motto of "Service Above Self," as the President of the Rotary Club of El Cajon and being a charter member of both the El Cajon Historical Society and the El Cajon Sister City Association. The latter organization works to improve relations between the people and City of El Cajon and several foreign cities.

Through his endeavors, Lynn has had the support of his lovely wife Anne. He has a son, Tim, and a daughter, Kyle, and has five wonderful grandchildren. It is people like Lynn McDougal, with his commitment to his nation, his family and his community, that makes the United States the great country that it is. I congratulate him and honor him on his retirement as the City Attorney of El Cajon.

PERSONAL EXPLANATION

HON. LUIS V. GUTIERREZ
OF ILLINOIS
IN THE HOUSE OF REPRESENTATIVES
Tuesday, June 20, 2000

Mr. GUTIERREZ. Mr. Speaker, last week I was unavoidably absent from this chamber when the following roll call votes were taken, roll call vote 256 and roll call vote 291. I want the record to show that had I been present in this chamber I would have voted "yea" on roll call vote 256 and "no" on roll call vote 291.

RECOGNIZING RECIPIENTS OF THE JEFFERSON COUNTY AFRICAN-AMERICAN HERITAGE AWARDS

HON. JOHN SHIMKUS
OF ILLINOIS
IN THE HOUSE OF REPRESENTATIVES
Tuesday, June 20, 2000

Mr. SHIMKUS. Mr. Speaker, I rise before you today to recognize five residents of Jefferson County, Illinois who have been named the recipients of the Jefferson County African-American Heritage Awards. The winners are John Kendrick, Rev. James Gordon, Mary Ellen Frutransky, Tena Mitchell, and Camille Jonas.

These individuals were all selected for their community activism. Their commitment to their community and desire to make a difference make them the very deserving honorees. It takes people like them to make our communities the best possible. I want to thank them for their dedication to changing, leading, and guiding our community into the future. We are truly indebted to them.