Resolved by the House of Representatives (the Senate concurring),
That it is the sense of the Congress that jazz is hereby designated as
a rare and valuable national American treasure to which we should
devote our attention, support and resources to make certain it is
preserved, understood, and promulgated.

Agreed to December 4, 1987.

SCHOOL CHILDREN—PHYSICAL
EDUCATION PROGRAMS

Whereas physical education is essential to the development of grow­
ing children;
Whereas physical education helps improve the overall health of
children by improving their cardiovascular endurance, muscular
strength and power, and flexibility, and by enhancing weight
regulation, bone development, posture, skillful moving, active
lifestyle habits, and constructive use of leisure time;
Whereas physical education increases children's mental alertness,
an academic performance, readiness to learn, and enthusiasm for
learning;
Whereas physical education helps improve the self-esteem, inter­
personal relationships, responsible behavior, and independence of
children;
Whereas children who participate in high quality daily physical
education programs tend to be more healthy and physically fit;
Whereas physically fit adults have significantly reduced risk factors
for heart attacks and strokes;
Whereas the Surgeon General, in Objectives for the Nation, rec­
ommends increasing the number of school mandated physical
education programs that focus on health-related physical fitness;
Whereas the Secretary of Education in First Lessons—A Report on
Elementary Education in America, recognized that elementary
schools have a special mandate to provide elementary school
children with the knowledge, habits, and attitudes that will equip
the children for a fit and healthy life; and
Whereas a high quality daily physical education program for all
children in kindergarten through grade 12 is an essential part of a
comprehensive education: Now, therefore, be it

Resolved by the House of Representatives (the Senate concurring),
That the Congress encourages State and local governments and local
educational agencies to provide high quality daily physical edu­
cation programs for all children in kindergarten through grade 12.

Agreed to December 12, 1987.

DECLARATION OF INDEPENDENCE, UNITED
STATES CONSTITUTION, AND FEDERALIST
PAPERS—SECONDARY SCHOOL REQUIREMENTS

Whereas the adoption of the Declaration of Independence in 1776
and the signing of the United States Constitution in 1787 were
principal events in the history of the Union;