Participation in sports contributes to the emotional, physical, and intellectual development of women of all ages. Through individual and team activities, young girls develop self-discipline, initiative, respect for fair play and cooperation, and communication and leadership skills that will help them succeed throughout their lives. Early positive experiences strongly influence wholesome lifelong habits of physical fitness, and thus have a direct bearing on the health and well-being of this Nation.

Great strides have been made in women's athletics along with the realization that women are entitled to equal opportunity on and off the playing field. In 1972 only a handful of college athletic scholarships were made available for women; today they number some 10,000. In the past decade the number of women involved in college athletics has grown from 32,000 to 150,000. This same period saw a 110 percent increase in female participation in public high school sports programs. In 1984, the women on our Olympic team brought home 44 percent of the gold medals available to them, making America's female athletes a significant force on the international sports scene.

The number of women participating in sports continues to grow, and we will continue to assure that more opportunities are created. From coach to administrator, women play an important role in the development of athletic programs for people of all ages.

In recognition of the contributions women's sports have made to this country, and of the need to further advance women's sports, the Congress, by Public Law 99-540, has designated February 4, 1987, as "National Women in Sports Day" and authorized and requested the President to issue a proclamation in observance of this event.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim February 4, 1987, as National Women in Sports Day.

IN WITNESS WHEREOF, I have hereunto set my hand this third day of February, in the year of our Lord nineteen hundred and eighty-seven, and of the Independence of the United States of America the two hundred and eleventh.

RONALD REAGAN

Proclamation 5607 of February 9, 1987

Congratulating Stars and Stripes on Its Victory in the America's Cup

By the President of the United States of America
A Proclamation

All Americans congratulate Dennis Conner and the crew of Stars and Stripes for their splendid victory in the America's Cup.

The Stars and Stripes team, representing the San Diego Yacht Club, traveled to the west coast of Australia to compete with the best yachts and
best yachtsmen in the world. In a lengthy series of exhausting and exciting races, it successfully defeated eleven challengers for the right to face New Zealand in the finals of the challenger's division. Although the Kiwi had compiled a most impressive record in earlier races, Stars and Stripes defeated the New Zealand boat 4 to 1 to earn the right to sail for the Cup against the Australian defender.

In the final series, Stars and Stripes defeated Kookaburra III 4 to 0 to capture the America's Cup and bring the trophy back to the United States. Throughout the competition, the Australian team and the Australian people demonstrated to the world their sportsmanship and their unsurpassed hospitality.

The skill and determination of the Stars and Stripes team captured the imagination of the American people. They demonstrated the traits that have long characterized this country at its best—optimism, dedication, teamwork, and an eagerness to master the most advanced technology and put it to good use.

In honor of the Stars and Stripes' victory in the America's Cup, the Congress, by House Joint Resolution 131, has authorized and requested the President to issue a proclamation expressing to Dennis Conner and the crew the thanks and admiration of our Nation.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim to Dennis Conner and the crew of Stars and Stripes the heartfelt congratulations and appreciation of our Nation for a job well done and for filling our sails with confidence and pride.

IN WITNESS WHEREOF, I have hereunto set my hand this ninth day of February, in the year of our Lord nineteen hundred and eighty-seven, and of the Independence of the United States of America the two hundred and eleventh.

RONALD REAGAN

Proclamation 5608 of February 12, 1987

National Year of Thanksgiving, 1987

By the President of the United States of America
A Proclamation

We, as a people, have been truly blessed, and for these blessings we should be everlastingly grateful to the God to Whose providence this Nation was committed from its very inception. President Washington issued a Thanksgiving Proclamation in 1789 "to recommend to the people of the United States a day of public thanksgiving and prayer to be observed by acknowledging with grateful heart the many signal favors of Almighty God, especially by affording them an opportunity peaceably to establish a form of government for their safety and happiness."

To remind us of our own rich heritage and the blessings of life in America, 1987 has been designated the National Year of Thanksgiving. It is no coinci-