clean freshwater ponds on many American farms, where they are surface-fed soybean meal, corn, fish meal, vitamins, and minerals. Farm-raised catfish not only furnish American consumers with a tasty delicacy but also provide a nutritious, low-calorie source of protein that is also low in cholesterol.

In recognition of the value of farm-raised catfish, the Congress, by House Joint Resolution 178, has designated June 25, 1987, as "National Catfish Day" and authorized and requested the President to issue a proclamation in its observance.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim June 25, 1987, as National Catfish Day. I call upon the people of the United States to observe this day with appropriate ceremonies and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-fifth day of June, in the year of our Lord nineteen hundred and eighty-seven, and of the Independence of the United States of America the two hundred and eleventh.

RONALD REAGAN

Proclamation 5673 of June 26, 1987

National Outward Bound Week, 1987

By the President of the United States of America
A Proclamation

A quarter-century ago, in Colorado, Outward Bound began to provide rigorous outdoor recreational programs to young people to improve their self-confidence, sense of social responsibility, physical fitness, and outdoor skills. Since then, across our land, more than 150,000 people of all backgrounds, ages, and abilities have tackled the challenges offered by Outward Bound, and many similar experience-based programs have come into being.

Every American can rightly celebrate the anniversary of this remarkable nonprofit organization, because it fosters love for the wilderness and strengthens our Nation by stressing the perseverance, teamwork, leadership, and goal-setting we all need to overcome obstacles and adversity and to discover our potential for achievement.

In recognition of Outward Bound's significant role in recreation, conservation, and youth development, the Congress, by House Joint Resolution 284, has designated the week beginning June 21, 1987, as "National Outward Bound Week" and authorized and requested the President to issue a proclamation in its observance.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim the week beginning June 21, 1987, as National Outward Bound Week. I call upon the people of the United States to observe this week with appropriate ceremonies and activities.
IN WITNESS WHEREOF, I have hereunto set my hand this twenty-sixth day of June, in the year of our Lord nineteen hundred and eighty-seven, and of the Independence of the United States of America the two hundred and eleventh.

RONALD REAGAN

Proclamation 5674 of July 1, 1987

United States-Canada Days of Peace and Friendship, 1987

By the President of the United States of America

A Proclamation

Canada is the closest friend and ally of the United States. Our countries share not only the world's longest undefended border but also common ideals such as freedom, democracy, human rights, justice, and an ardent desire for a peaceful world.

Other factors bind our countries together as well. The United States and Canada fought side by side against tyranny in two world wars and in other conflicts. Both of our countries have welcomed immigrants from around the globe, and our cultures have been similarly strengthened and enriched thereby. Many cultural and economic exchanges between the United States and Canada have also fostered our special relationship.

Because Canada celebrates Canada Day on July 1, and the United States celebrates Independence Day on July 4, the two intervening days are a truly appropriate time to commemorate the friendship between our countries.

The Congress of the United States, by Public Law 99-438, has designated July 2 and 3, 1987, as "United States-Canada Days of Peace and Friendship" and authorized and requested the President to issue a proclamation in observance of this event.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim July 2 and 3, 1987, as United States-Canada Days of Peace and Friendship. I call upon the people of the United States to observe these days with appropriate ceremonies and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this first day of July, in the year of our Lord nineteen hundred and eighty-seven, and of the Independence of the United States of America the two hundred and eleventh.

RONALD REAGAN