

policy that housing throughout our country be made available to all citizens on the basis of equality and fairness. The Act outlaws any discrimination in the sale, rental, or financing of housing because of race, color, religion, sex, or national origin.

The Fair Housing Act reflects Americans' willingness and determination to make sure that housing is available to all without discrimination. In the 2 decades since its passage, judicial and administrative enforcement and public and private efforts to induce voluntary compliance with the law have helped countless people obtain the housing they desire. America truly has succeeded in moving closer to the ideal of a society open to all.

Every American is entitled to freedom from discrimination in housing; the 20th anniversary of the Act is an appropriate time for all of us to reaffirm our dedication as a Nation to the principles of equal opportunity on which the Fair Housing Act is grounded.

The Congress, by Public Law 100-248, has designated April 1988 as "Fair Housing Month" and authorized and requested the President to issue a proclamation in observance of this event.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim April 1988 as Fair Housing Month.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-ninth day of March, in the year of our Lord nineteen hundred and eighty-eight, and of the Independence of the United States of America the two hundred and twelfth.

RONALD REAGAN

Proclamation 5784 of March 30, 1988

Actors' Fund of America Appreciation Month, 1988

*By the President of the United States of America
A Proclamation*

For more than a century, the members and friends of the Actors' Fund of America have served the entertainment world by helping show people to aid their own in time of need. This long tradition of concern and compassion for fellow workers truly touches the lives of thousands for the better, exemplifies and perpetuates America's volunteer spirit, and is worthy of every recognition.

The Actors' Fund assists, in addition to actors, true entertainment professionals who work in any capacity in ballet, circus, the legitimate stage, motion pictures, opera, radio, television, and variety. Its many services and benefits are designed to accommodate the unique needs of those in show business. In wartime and in peacetime, the members of the Actors' Fund have sought to foster the well-being of their fellow entertainers and of all their fellow countrymen. Their active and effective service remains a tribute to them and a blessing for countless people.

The Congress, by Public Law 100-195, has designated the month of April 1988 as "Actors Fund of America Appreciation Month" and au-

thorized and requested the President to issue a proclamation in observance of this event.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim April 1988 as Actors' Fund of America Appreciation Month. I call upon all Americans to observe this month with appropriate ceremonies and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this thirtieth day of March, in the year of our Lord nineteen hundred and eighty-eight, and of the Independence of the United States of America the two hundred and twelfth.

RONALD REAGAN

Proclamation 5785 of March 30, 1988

National Know Your Cholesterol Month, 1988

By the President of the United States of America

A Proclamation

Coronary heart disease is the leading cause of death in the United States—each year responsible for more than 1.5 million heart attacks, 500,000 of them immediately fatal. High blood cholesterol is one of the three controllable risk factors for coronary heart disease, along with high blood pressure and cigarette smoking.

More than a quarter of adult Americans have blood cholesterol levels that put them at a significantly increased risk of coronary heart disease. Most Americans are aware of their blood pressure levels, but less than half have had their cholesterol checked and less than 10 percent know their blood cholesterol level. Extensive studies have shown that elevated levels of blood cholesterol lead to early development of hardening of the arteries and coronary heart disease, and that the higher the cholesterol, the higher the risk. Now there is firm evidence that lowering high blood cholesterol reduces that risk.

The National Cholesterol Education Program, a joint program by the Federal government, medical groups, voluntary health organizations, industry, and State and local health agencies, has undertaken a campaign to educate professional, patient, and public audiences about the importance of lowering a high blood cholesterol level. The program urges all Americans to learn about the relationship among blood cholesterol, diet, and heart disease; to have their cholesterol level checked; and to know what their number means. The program's long-term goal is to reduce the death and disability from coronary heart disease that is attributable to elevated levels of blood cholesterol.

Each American should know his or her cholesterol level and should take measures to reduce too-high levels. The test is simple and quick; a sample of blood is obtained and the total blood cholesterol level is measured. A high level can be reduced, with diet as the primary approach and drug therapy if needed.

To make all Americans aware of the importance of monitoring their cholesterol, the Congress, by Senate Joint Resolution 244, has designat-