

NOW, THEREFORE, I, GEORGE BUSH, President of the United States of America and Honorary Chairman of the American National Red Cross, by virtue of the authority vested in me by the Constitution and laws of the United States, do hereby proclaim the month of March 1989 as American Red Cross Month. I urge all Americans to continue their generous support and ready assistance to the work of the American Red Cross and its nearly 3,000 Chapters and stations on military installations.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-eighth day of February, in the year of our Lord nineteen hundred and eighty-nine, and of the Independence of the United States of America the two hundred and thirteenth.

GEORGE BUSH

Proclamation 5939 of March 1, 1989

Save Your Vision Week, 1989

*By the President of the United States of America
A Proclamation*

Vision is a precious gift—one we too often take for granted until it is impaired or lost entirely. For thousands of Americans, this is a needless loss because sight-saving treatments are now available for many disorders that once caused blindness. Generally, the earlier a disease is detected, the better the chance of interrupting its destructive process. Therefore, if we take some simple precautions, most of us can expect to enjoy good vision all of our lives.

A periodic examination by an eye-care professional is the best way to detect an eye problem before it impairs or destroys vision. This is especially important for young children; diabetics, who are at increased risk for several eye diseases; and older Americans, who are at higher risk for glaucoma, aging-related retinal degeneration, and cataracts.

Because visual problems in young children are often difficult to detect, a professional eye examination is vital. An untreated eye problem in a child may needlessly interfere with learning or play or lead to permanent visual loss. At a minimum, children should have their vision checked by their pediatrician, family physician, or an eye specialist at or before age four.

For the more than 11 million Americans who have diabetes, regular eye checkups are especially important for preventing loss of vision. For years, diabetic retinopathy has been the leading cause of new cases of blindness among middle-aged Americans. Now, however, improved treatments for this disease can save many thousands from blindness—if treatment is begun early.

Because many aging-related eye diseases begin in the middle years, periodic eye examinations are important for everyone older than 40. For example, glaucoma can begin unnoticed in middle age and gradually progress to blindness. A simple, painless test to measure pressure within the eye is used to screen for possible glaucoma. If the disease is

suspected, other tests are used to confirm the diagnosis. Detected early, glaucoma usually can be controlled by medications before serious damage is done to the optic nerve.

Early detection of aging-related retinal disease is also important. Thanks to research supported by the Federal Government's National Eye Institute, laser treatment has been shown to be effective in preserving the reading vision of those with an advanced form of this disease.

The old adage about "an ounce of prevention" is certainly true for eye injuries. Of the estimated 1.6 million eye injuries that occur each year, 90 percent are preventable—by learning and following simple rules of eye safety in the workplace, athletic arena, home, or garden, we can prevent serious visual loss due to accident. For example, safety glasses worn while working with chemicals, or protective headgear while playing a contact sport, can mean the difference between a lifetime of good vision and permanently limited or lost eyesight.

To remind all Americans of the importance of proper eye care, the Congress, by joint resolution approved December 30, 1963 (77 Stat. 629, 36 U.S.C. 169a), has requested the President to proclaim the first week in March of each year as "Save Your Vision Week."

NOW, THEREFORE, I, GEORGE BUSH, President of the United States of America, do hereby designate the week of March 5 through March 11, 1989, as "Save Your Vision Week." I urge all Americans to participate in this observance by making eye care and eye safety an important part of their lives. I also invite eye-care professionals, the media, and all public and private organizations committed to public health to join in activities that will make Americans more aware of the steps they can take to protect their vision.

IN WITNESS WHEREOF, I have hereunto set my hand this first day of March, in the year of our Lord nineteen hundred and eighty-nine, and of the Independence of the United States of America the two hundred and thirteenth.

GEORGE BUSH

Proclamation 5940 of March 2, 1989

National Poison Prevention Week, 1989

*By the President of the United States of America
A Proclamation*

Since the first National Poison Prevention Week, in 1962, thousands of American children under age five have been saved from accidental poisonings, thanks to the combined efforts of consumers, health professionals, government, and industry. Each year, the distribution of printed materials, activities at State and local levels, and media broadcasting all remind consumers to use child-resistant packaging and to store medicines and household chemicals out of the reach of young children.

Data compiled annually by the U.S. Consumer Product Safety Commission show that the number of child poisonings has decreased by more