

Proclamation 8395 of July 6, 2009**National Summer Learning Day, 2009**

By the President of the United States of America

A Proclamation

Like an athlete out of practice, a child who takes long breaks from learning can face academic setbacks. This problem is especially prominent during the summer, when students may lose more than two months of progress. Children must remain engaged to maintain and build upon their current academic achievement.

Learning loss can be especially pronounced among low-income children. Recent research suggests that unequal access to summer learning opportunities helps explain the achievement gap between low-income and affluent students. This gap ultimately means that low-income students may be less likely to graduate from high school or enroll in college.

High-quality summer learning programs help children catch up, keep up, and work ahead. These activities provide students with hours of focused time for hands-on learning and creative projects. Participation can result in gains in writing, reading, and math skills. Through the arts, sports, and other extracurricular activities, summer learning opportunities also promote innovation and physical fitness. These health benefits are especially important because childhood obesity is at an all-time high and children typically gain weight two to three times faster during the summer.

Sustained public service can also dramatically impact summer learning loss. Students can challenge themselves and others through mentoring, environmental projects, and other meaningful volunteer work. Youth and their communities both benefit from these activities. Local opportunities for service can be found at: Serve.gov.

Families and community members play the most important role in the lives of their children. Demands at work and home mean that many parents have less time to spend with their children, but this time, care, and instruction is critical to children's academic success. Especially during the summer, parents should try to find time to read interactively with children. When possible, families should visit public libraries, tour museums and science centers, and explore the great outdoors. Parents can also encourage youth to keep a journal and to practice math skills through cooking and games.

Even though summer has arrived, student learning needs do not take a vacation. On Summer Learning Day, we highlight the need for more young people to be challenged during their time off from school. We also express support for local programs, communities, and families that help children grow through learning initiatives. Working together, we can help students remain engaged and return to school with lithe and limber minds.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and laws of the United States, do hereby proclaim July 9, 2009, as National Summer Learning Day. I call upon all Americans to

support students as they participate in summer learning. I encourage students, parents, educators, and the non-profit community to engage in summer learning activities so that youth return to school poised for academic advancement.

IN WITNESS WHEREOF, I have hereunto set my hand this sixth day of July, in the year of our Lord two thousand nine, and of the Independence of the United States of America the two hundred and thirty-fourth.

BARACK OBAMA

Proclamation 8396 of July 17, 2009

Captive Nations Week, 2009

*By the President of the United States of America
A Proclamation*

Fifty years ago, President Eisenhower issued a call of solidarity to peoples across the world living under communist rule. This first Captive Nations Week Proclamation expressed concern that too many people lacked fundamental freedoms, and it affirmed that the people of the United States stood alongside those who yearned to be free. Since this declaration, more nations have chosen the path of self-determination and respect for basic human rights. Brave American men and women have contributed to this story, making great sacrifices while serving in our Armed Forces or working in Government, private industry, and other organizations.

The Cold War is now consigned to the history books, but the ideals that President Eisenhower proclaimed remain vibrant and inspiring today. Just as in years past, people still hope to have the freedom and opportunity to pursue their dreams. People, young and old, still yearn to speak their minds. Citizens still believe governments have an obligation to be honest and transparent, uphold the rule of law, and allow civic participation.

We regard these universal principles as guiding values, and we stand in solidarity with those who aspire to live by them—not only because it is right, but also because our Nation's fate is connected to that of other nations. In an interdependent world, instability, disease, and hardship abroad affect us here at home. Governments that are responsive to the concerns of their citizens can better tackle these challenges and contribute to a more secure, healthy, and prosperous world.

Nations must advance these values through example. At home and abroad, the United States strives to honor the principles enshrined in our Nation's founding documents.

The challenges of a new century require us to summon the full range of human talents to move all nations forward. The United States stands with all governments and peoples committed to unlocking the potential of their people, and to peace, the rule of law, and respect for all citizens.