It is appropriate that all Americans recognize the outstanding achievements of women and celebrate their continuing contributions to our Nation and its heritage.

The Congress, by H.J. Res. 422, has designated the week beginning March 4, 1984, as "Women's History Week" and has requested the President to issue a proclamation in observance of that week.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim the week beginning March 4, 1984, as Women's History Week. I encourage all individuals, governmental agencies, and private institutions and associations throughout the country to observe this occasion by participating in appropriate ceremonies and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this 2nd day of March, in the year of our Lord nineteen hundred and eighty-four, and of the Independence of the United States of America the two hundred and eighth.

RONALD REAGAN

Proclamation 5156 of March 5, 1984

National Beta Club Week, 1984

By the President of the United States of America
A Proclamation

On a cold January day 50 years ago in Landrum, South Carolina, 15 quiet citizens led by John West Harris founded the Beta Club and dedicated themselves to the promotion of leadership, honesty, achievement, and community service among high school students throughout the United States. The motto that was adopted by that infant club was: "Let us lead by serving others."

The six words in that motto tell a proud story. The Beta Club grew from "three handfuls" of citizens to a current membership of 200,000 high school students, alumni numbering over 1.5 million, and 4,500 chapters in 36 states.

From its small beginnings, the Beta Club sought to recognize high school students who displayed leadership abilities, personal integrity, academic achievement and a demonstrated willingness to serve one's fellow citizens.

The original Beta Club members were opportunity innovators. They literally had the brashness to create and run the risk of failure. They had the toughness to experiment and were honest enough to learn from experience. Above all, they were willing to be judged on what they contributed to the well being of others.

The best growth generators are those persons who have the inner moral fiber to accept new ideas, concepts, machines and technology. The Beta Club founders had the ability to convince others that productive change was necessary in revitalizing high school youth to widen their spiritual and intellectual horizons. In recognizing the outstanding achievements of the Beta Club, we pay homage to a vital part of our Nation's heritage.

In recognition of the accomplishments of the Beta Club for its significant accomplishments toward the development of the youth of our Nation, the Congress, by Senate Joint Resolution 184, has designated the week beginning March 4, 1984 as "National Beta Club Week."

RONALD REAGAN
NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim the week beginning March 4, 1984, as National Beta Club Week, and call upon the people of the United States to observe the week with appropriate programs, ceremonies, and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this fifth day of March, in the year of our Lord nineteen hundred and eighty-four, and of the Independence of the United States of America the two hundred and eighth.

RONALD REAGAN

Proclamation 5157 of March 6, 1984

Frozen Food Day, 1984

By the President of the United States of America

A Proclamation

The United States is blessed with an impressive array of agricultural products that make our food production and distribution system the envy of the world. One significant aspect of that system is the frozen food industry, which in March 1984 celebrates its fifty-fourth year of service to the people of America and the world.

Throughout history, one of the primary goals of human effort has been the production of food. The farm-to-city migration created a great demand for food supplies in dense population centers in which such supplies could not be grown. The frozen food industry has made great strides in recent decades to respond to consumer needs.

The international frozen food industry started in the United States. Frozen vegetables, fruit, meat, and fish were first packaged and offered to consumers in 1930, contributing greatly to the convenience of life and freeing consumers permanently from the cycle of limited seasonal availability of many foods.

Between 1935 and 1940, frozen foods became available to the public on a large scale. During World War II, ration point values posted in stores and carried in newspapers focused public attention on frozen food. Frozen food became a part of the space age when Apollo XII astronauts took frozen meals on board. Seventy-two frozen food items were stored on the Skylab for a five-hundred-day supply of meals for the crew.

The American frozen food industry, in close cooperation with producers, has continued research and development for the purpose of seeking better ways to bring the nutrition, quality, and taste of American agricultural products to consumers.

In recognition of the significant contribution which the frozen food industry has made to the nutritional well-being of the American people, the Congress, by Senate Joint Resolution 193, has designated March 6, 1984, as "Frozen Food Day" and authorized and requested the President to issue a proclamation upon this occasion.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim March 6, 1984, as Frozen Food Day, and I call upon the American people to observe such day with appropriate ceremonies and activities.