A recent National Institute of Mental Health research study found that one-fifth of adult Americans—over 24 million people—suffered a diagnosable mental disorder in the previous six months. In addition, an estimated 12 million children in this country have a mental disorder. Many will never reach full potential because their illnesses will go unrecognized and untreated.

The cost of mental illnesses to this Nation is in excess of $50 billion annually in health care and lost productivity. The cost in human suffering is beyond reckoning; however, the promise of relief is becoming a reality for many.

Research during recent decades has led to new and more effective drug, behavioral, and psychosocial treatments. For many, the pain of depression can be eased, suicide prevented, hallucinations and delusions assuaged, and crippling anxieties eliminated. Many children vulnerable to serious developmental and psychological problems can be protected by early diagnosis and intervention.

In recognition of the unparalleled growth in scientific knowledge about mental illnesses and the need to increase awareness of such knowledge, the Congress, by Senate Joint Resolution 322, has designated the week beginning October 7, 1984 as "Mental Illness Awareness Week" and authorized and requested the President to issue a proclamation in observance of this week.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim the week beginning October 7, 1984, as Mental Illness Awareness Week. I call upon all health providers, educators, the media, public and private organizations, and the people of the United States to observe this week by participating in appropriate ceremonies and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this ninth day of October, in the year of our Lord nineteen hundred and eighty-four, and of the Independence of the United States of America the two hundred and ninth.

RONALD REAGAN

Proclamation 5255 of October 11, 1984

Smokey Bear Week, 1984

By the President of the United States of America
A Proclamation

Our forests and grasslands constitute a major renewable natural resource of the Nation. As such, they must be carefully nurtured and protected if we are to pass on their precious legacy of use and enjoyment to future generations of Americans.

The importance of forests and grasslands to the stability of our environment in terms of air quality, water, wildlife, range, timber, and recreation is beyond calculation. Furthermore, the list of products from these lands that enhance our lives is extensive.
We are especially fortunate that as usage of our forests and rangelands has doubled over the past four decades, the number of acres damaged by wildfires has been reduced by half. This important development is due to increased public awareness of the dangers of fire, prompted in great measure by the untiring fire prevention efforts of Smokey Bear and his ever-present reminder, "Only you can prevent forest fires."

This year marks the fortieth anniversary of the introduction of Smokey Bear into the Cooperative Fire Protection Campaign conducted by the United States Department of Agriculture Forest Service, the Advertising Council, and the National Association of State Foresters. On this occasion, it is appropriate to acknowledge the success of this unique public service campaign to promote public concern for prevention of forest fires and wise stewardship of our forests.

The Congress, by Senate Joint Resolution 273, has designated the week of October 7, 1984, through October 13, 1984, as "Smokey Bear Week" and has authorized and requested the President to issue an appropriate proclamation.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim October 7, 1984, through October 13, 1984, as Smokey Bear Week, and I call upon all Americans to celebrate this week with appropriate ceremonies.

IN WITNESS WHEREOF, I have hereunto set my hand this 11th day of October, in the year of our Lord nineteen hundred and eighty-four, and of the Independence of the United States of America the two hundred and ninth.

RONALD REAGAN

Proclamation 5256 of October 11, 1984

General Pulaski Memorial Day, 1984

By the President of the United States of America
A Proclamation

General Casimir Pulaski fell at the Battle of Savannah 205 years ago, but his memory is still fresh among all those who prize freedom and value independence. General Pulaski was a patriot for two countries. The United States and Poland share the noble legacy of a hero who gave his life so that the torch of freedom would never be extinguished. In his native Poland, he struggled to oppose foreign occupation; in his adopted land, America, he fought to the death for the independence of the thirteen colonies.

In honoring General Pulaski, we also honor the generations of Polish Americans who, inspired by Pulaski's shining example and his spirit of self-sacrifice, have made great cultural, economic, and political contributions to American life. Without their achievements, the United States would be a very different and a far poorer country.

Polish Americans join with all of their fellow citizens in noting that the struggle for freedom and human rights continues. It is important to take this occasion to recommit ourselves to the support of the cause of genuine national reconciliation for Poland.